






## KHUSHBOO WELFARE SOCIETY

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Conceive & Designed by Modus



Concern, Care,  
Compassion

*Annual Report*  
2017-2018



## *Annual Report* 2017-2018

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**However difficult life may seem,  
there is always something  
you can do, and succeed at.**

*Stephen Hawking*



# President's Message



Year 2017-18 saw many new things happening at Khushboo.

So as to improve the quality of our work, we changed the structure of our services. All the activities and interventions are now categorized under two specific programs viz

- Life Skills Development
- Therapeutic Services

This approach led to some new thinking and actions.

Under our Therapeutic services, we set up an Audiometry room for identifying children with hearing difficulties.

A special muscle regenerating equipment "Full Body Vibrator" was imported and installed to facilitate muscle repair of children with Cerebral Palsy. Yoga, Dance, and Music activities were further structured with the help of experts and underwent substantial changes.

The therapeutic team got strengthened with the joining of an Audiologist, Senior Physiotherapist and a Psychologist. To our Life Skills Development program, a new sports activity aimed at "Learning while Playing" was added, with the help of a specialist.

Our existing staff, were exposed to new techniques and skills through participation in external training programs. This helped them to improve their capacities.

The number of children under our care increased substantially to 105 which gave the Executive Committee immense joy and satisfaction. The happiness on the face of our children reinforces the belief that we are on the right path.

All this has been possible through the support of our donors, staff and other associates/ well-wishers.

However, this is an ongoing journey with no destination, only milestones. The next one we have set for ourselves is to establish a residential facility for these special children, where they can live with dignity and comfort, even in the absence of their immediate families.

The Executive Committee put in special efforts this year on this project. As this report goes to print, I am happy to share that we have completed the process of purchase of 3 acres of land in Tauru town, 40 kms from Gurgaon.

I hope we will continue to get the support of our donors, for we can do only what they enable us to do!

With thanks and best wishes,

Rakesh Jinsi



# About us

## Who we are

Khushboo Welfare Society (Khushboo) was established on 13 November 1995 as a non profit organization under the Societies Act, 1860 to provide holistic care and multifarious services to people with mental and multiple disabilities.

## Vision

To have a society where the physically and mentally challenged lead a life of care, dignity and respect.

## What we do

We work with special children, adolescents and grownups with special conditions such as:

- Cerebral palsy
- Down syndrome
- Autism
- Mental Retardation
- Slow Learners

## Mission

Help the physically and mentally challenged to become self reliant, realise their full potential and enhance their capabilities to the maximum possible.

Our work focuses on;

- Provide relief to the families of these children by taking care of the children during part of the day
- Provide continuum of care to these children on a long term basis.
- Help the children to become more self reliant through Life Skills building & Therapeutic programs.

## Where we work

- We run a day care center at Gurgaon, providing a range of services.
- We also run a Community based (Outreach) program for special children about 10 kms from our Center.

It is thus a multi-sector, multi-dimensional approach for people with disabilities, with joint participation of village community, the family members and Khushboo.

## Our methodology

Each person approaching Khushboo for care is assessed extensively by our Diagnostics and Prescriptive team comprising of Khushboo staff and specialists from renowned hospitals such as Fortis, Max, and Medanta.

Based on this assessment, therapeutic/development needs are identified and an Individual Development Plan (IDP) is created.

Based on the development plan, the child is made a part of one of the following streams:

- OPD
- Regular enrolment

The child is also assigned to a group based on her/his age and ability.

The center delivers its services through two programs comprising of various activities and the schedule is based on the child's individual development plan.

The programs and the respective activities are as under;

### Life Skills Development

- Personal care and Hygiene
- Education
- Computers
- Activities of Daily Living(ADL)
- Home management & Housekeeping
- Tailoring
- Cooking & Catering
- Gardening
- Arts & Crafts
- Personal safety & Security

### Therapeutic Services

- Physiotherapy
- Occupational Therapy
- Speech Therapy
- Pottery
- Psychiatry & Counselling
- Sensory Integration
- Yoga
- Performing & Expressive arts (Dance & Music)
- Sports
- Organic colours from flowers



# Executive Committee

Khushboo is governed by an Executive Committee which focuses on good governance and mentors the management team to ensure high standards of service to the beneficiaries. Committee meets at least four times a year to discuss a pre-circulated agenda. The decisions of the meeting are recorded and confirmed in the subsequent meeting.

**Mr. Rakesh Jinsi** (President) is one of the founding members of Khushboo. An Engineering Graduate, he has over four decades of diverse experience in the Corporate, Not For Profit and Education Sector. His past roles include

- Country Head, New Holland Fiat Tractors
- Secretary General SOS Children's Villages
- President School Of Inspired Leadership
- Member National Human Rights Commission

His current professional engagements include Change management facilitator, Independent Director of few companies and Coach/ Mentor for Senior Executive.



**Mrs. Renu Maheshwari** (Vice President) is an active Social Worker, having worked in areas of Social Development and livelihood creation for Families of workmen. She was the founder of a Welfare Organisation "Prerna" at Hoshiarpur (Punjab), that worked with housewives in the rural area, supporting trades such as needle work, etc.



**Mr. Narendra Gera** (General Secretary) is a Mechanical Engineer running his own manufacturing enterprise. He is an active Social Worker. He is also on the Board of DAV Senior Secondary School, Khandsa Road, Gurgaon. He is one of the founder member of Khushboo and also parent of a special child.

**Mr. Pankaj Jain** (Treasurer), an entrepreneur in the Publishing Business, is a social worker and deeply concerned about the under privileged. He is also one of the founder member of Khushboo.



**Mrs. Reeta Rastogi** (Member), a Post Graduate in Education, is a teacher by profession and deeply engaged with development of children.



**Mrs. Usha Malik** (Member), a post Graduate in Education, is a grass root Social Worker and has been associated with Khushboo for many years.



**Mrs. Manisha Jain** (Member), a Post Graduate in Management from MDI, Gurgaon and a working professional. She is actively involved with working for the underprivileged.



**Mr. Rajiv Gupta** (Member), is an Engineer having spent many years with M/S Maruti Suzuki. He is passionate about helping children with Disabilities and is a parent of a special child.



## A blossom to cherish -A Child's journey through Khushboo

### The Birth

On November 29, 1997 in a home at village Sarai, bulbs shone late into the night. A new member was about to join the family. Nine months of waiting had come down to this gripping moment. At 2.30 am a little boy was born. The family exulted at the normal delivery. But, soon the cries of joy dimmed. Little Vipin was born blue. He did not utter a single cry. His silence was due to a respiratory failure. During the stressful birthing process, little Vipin's brain and tissues did not receive enough oxygen supply. When he should have been lustily crying out loud, making faces, and moving his arms and legs, within a minute of his arrival into this world, little Vipin remained silent. The situation, if not correctly managed, medically, a baby can suffer brain damage leading to cerebral palsy or even death. Worried his family took him to a nearby hospital. At 11 am, nine hours later, little Vipin called out.







### Budding worries

Soon enough, at home, his family noticed that little Vipin had problems while moving. He could not sit on his own nor could he walk. He began controlling his neck and sitting on his own at the age of 5-6 years, when most are able to do so within their first year of birth. Little Vipin was diagnosed with cerebral palsy and mental retardation. Understandably, Vipin's parents Mukesh and Baby were devastated. Though his family including his elder brother and younger sister took care of Vipin's special needs, it was still taxing for his mother. A new pant-shirt he had put on got dirtied in few minutes, as Vipin crawled on all his fours to get her attention; he could not call out to her. Vipin was now eight years old, but he needed to be hand-fed, taken to toilet and put to bed. All he could say was 'mama', 'papa', 'didi.' As a growing boy it wasn't easy to lift him anymore. More so Vipin's tantrums grew on being shut inside the house. His parents worried over his safety did not let him go out. The situation was not easy for anybody in the house. Even the extended family members, such as Vipin's Tauji, fretted. Questions arose in their minds: what will happen when he grows, what will he do, how will he live, who will take care of him? So many anxieties troubled them night and day.

### Khushboo in their lives

But at the right time, the right help arrives. In 2008, Vipin was eleven, when an acquaintance of his father suggested he take Vipin to Khushboo, a school that could help them. Mukesh carried his boy in his arms and walked into Khushboo the very next day. To be out of home and into in this new place, filled with people and laughter delighted Vipin. While his father explained Vipin's background and their problems to the counsellor, Vipin eagerly looked around and gestured his joy to his father. After a considerable time of enquiry, explanations, and evaluation, Vipin's father admitted his child at Khushboo. His father then felt, "We got some relief, and it is time-pass for him."

Now, a new Khushboo entered into their lives. A whole team at Khushboo including special educators, speech therapists, occupational therapists, physiotherapists, psychologists, doctors, along with dance, games, yoga, computer teachers got together to frame a progression plan for Vipin and set a goal for him: to be independent in life. Vipin now had his task laid out in front of him. The first step involved getting to know alphabets and numbers. Not a rote learner, Vipin found it easy when his teachers brought ideas to life. A big Interactive screen grabbed his attention when he saw groups of birds flying or a single bird tweeting, he understood the meaning of one to many. Cartoons and colourful pictorial apps added joy to his learning. Vipin had a sharp mathematical mind and it has been further honed by doing calculations on school iPads and tablet. However Life Skills and mobility worried his parents.

### At Crossroads

Vipin was delighted when he got a rollator from Khushboo, a four legged walker with wheels. He could now be mobile. But, unexpectedly Vipin stopped coming to school. Worried, the staff visited his house to know what had happened, why wasn't Vipin coming to school? There they saw the rollator pushed back high on the shelf in one of the rooms, and Vipin looking moody. The very mobility that thrilled Vipin worried his parents to death. So, no more rollator. "If something happens to him, then what will we do," was his mother's reply. The visiting staff said, "Now he is small, at this age it is okay for you to button his shirt and do other things for him, abhi baccha hai. But he will soon grow and very things that you now do will cause you frustration. Bees saal ka ho gaya hai, kab karega apne shirt ka button band, will then be your angst.

At that juncture of crossroads in Vipin's life; his Tauji came to his aid. Realising how much Vipin missed his school and friends he got Vipin admitted again, and volunteered to drop and pick him up at the school bus-stop. His Tauji and Khushboo worked on Vipin's parents' mind-set patiently and consistently. The result: Vipin returned with even more enthusiasm. He determinedly followed the instructions given by his physiotherapist."





## Nurturing the bud

It was now time for Vipin to graduate to learning the skills of daily living and basic money management. A separate room near the second floor classroom has a neatly laid out table, an iron board and cabinet full of clean bedcovers, and a bed kept at one side of the room. A kitchen section houses the sink, cutlery and two gas stoves for the students to make tea, Maggi, shell and cut vegetables. After eating lunch and helping other finish theirs, Vipin and his friends make it a priority to clean up the tables. And to attend the call of nature, Vipin either gestures or at times goes to the toilet unassisted. One occupational activity that Vipin loved and still does is to pull off the marigolds from garlands that arrive in heaps from temples. He keenly sifts out yellow from orange marigolds. His friends cut off the petals with scissors and the piles of petals are left to dry. The dried flowers are sent off to a local NGO to make gulal. Later, the gulal that is packed by students and sold on festivals adds its own khushboo and colour to the school festivities.

His age 16 report card read, "He is now able to go up and down the ramp, and climb in and out of the bus on his own." United and determined efforts from Vipin, his family and Khushboo has transformed a reserved child into an exuberant mover! Vipin now zips around in electric wheel chair procured by Khushboo for children's benefit. He zooms in the wheel chair confidently carrying the attendance register from one class to another. The teachers mark the attendance, and Vipin returns the register back to school office after completing his tour of classes. He so loves the wheel chair, that his father noticing Khushboo's action and his joy at the mobility it offered, bought him a battery operated wheel-chair! At home too, Vipin zips off in the evenings to the local market to have his favourite cream roll or burger. Vipin learnt at school how to manage money. His mother smilingly says, "I give Rs. 50 to buy snacks. If he spends Rs. 30, the remaining Rs. 20 he keeps in his wheelchair pocket, and does not give me back. So that he can buy some more rolls the next day with his extra pocket money!"

## The Blossoming Promise

Vipin's smartness is ably assisted with the advanced technology that Khushboo keeps ushering in, it has helped him keep up with changing technology. He has fed the numbers of family and friends into his mobile along with their photos. And with a press of button, he happily calls them. Now aged 19, Vipin is one of the blossoming stars of his centre. His tech savviness is to be seen to be believed. The bright, airy and white washed walls of the computer class reflect the light bouncing off the happy and confident students. Through the large, square glass windows on classroom doors one can see how Vipin is interacting with his peers and teacher, and working on his desktop without disturbing them or his classmates. This is one of the features of Khushboo that parents love; transparency.

In his computer class, Vipin uses Corel Draw on his desktop to make professional logos and advertisements. He along with five other friends compete with each other to finish a given task. It's a race against time, and this approach of treating them as any normal individual, has enabled Vipin and his friends to win awards. One such computer competition was organised by an NGO, Very Special Arts India. For the competition Vipin had carried his special keyboard and mouse bought by Khushboo's staff from Ash Field Academy, UK where they had gone for training; to keep up with the latest technology and knowledge advancements in the field of special education. At that computer competition the organisers hailed not only Vipin's abilities but also of Khushboo's assistive aids. They suggested to other schools to follow Khushboo in spreading the fragrance of care, concern, compassion. Ask Khushboo and they say: "We started in 1955, in a rented room with just ten children. Today we have our own campus area with a range of infrastructure facilities for more than hundred students and their families. In our journey, we have achieved many milestones. Khushboo is showing a light on the possibilities that those with challenges can achieve."

The same sentiment is expressed by Vipin's father, who now encourages him most: "Vipin loves his school so much that he gets upset during long holidays. He loves going to Khushboo. I am happy he is studying at Khushboo. Vipin has not only become a computer whiz, but is more social and we can understand his



needs better." An apple of his parents eye, adored by his siblings and watched over by his huge dog Chulbul, Vipin has dreams of opening a Mother Dairy shop. With his skills in computers and money management, his parents are comforted about his future.

Vijay Rana, business partner of Vipin's father defines it succinctly, "There is a big change in Vipin. Around 8-10 years back before joining Khushboo, he was nervous, agitated and simply did not move about, but after joining Khushboo, he has improved tremendously, be it his social skills, computer awareness, motor abilities and living life in general. There is 90% improvement. Yeh bojh nahin hain, kuch bhi kar sakta hain. He is not a burden, he can do anything."

*The little boy baby who did not cry at birth, joined school as a reserved child; ten years later - now as young man with his promising abilities is making others sing praises of him and his Khushboo.*

**As Khushboo says: We shall overcome...**



# Infrastructure and Facilities

Khushboo operates from a self owned campus of 0.4 acres, land for which was allotted by Haryana Govt. The campus houses a 17,424 sq ft of built up area which ensures easy accessibility to our children and conforms to the needs of the special children. The building specifications include:

- Large airy and natural light lit rooms
- Wheel-chair friendly ramps.
- Automatic sliding doors
- Wide staircases with easy to hold side-railings.
- Big, steel, water dispensers on each floor.
- Disabled friendly toilets near classrooms.
- Open area for sports and recreation activities.

At Khushboo, we are constantly trying to improve our services; be it in form of new amenities, modern machines, latest technology, innovative teaching aids etc. The aim is to make learning easy and fun.

Our facilities are detailed as follows:



## Physiotherapy and Gymnasium:

This section comprises of:

- Muscle stimulator
- Microsoft Xbox
- Kinect game console
- Trampoline
- Therapeutic exercise balls
- Balancing boards
- Dumbbells
- Weight cuffs
- Parallel bars
- Walkers
- Rollators
- Motorised and manual wheel chairs
- Full-body vibrator: Our most recent acquisition from Netherlands.
- Bench press for weights
- Tilt table
- Standing frame



## Occupational Therapy (OT) with multi sensory integration room

This facility comprises of the following:

- Sensory integration room
- Leg Boards
- Dart Boards
- Balance Boards
- Hip Rotator
- Tread Mill
- Texture Mats



## Computer Laboratory

This facility is housed in a bright room and is equipped with

- Six computers
- Special Mouse and key boards to meet the needs of the children.





## Audiometry Laboratory:

This state of the art facility is housed in sound proof room having the following:

- IHS ABR System (BERA)
- Audiometer
- Oto Acoustic Emissions
- Tympanometer
- Video Otoscope
- Portable Audiometer
- Speech training Software- Dr. Speech



## Special Teaching Aids

### Communication and Assistive Technology (CAT) Unit:

- First of its kind in India has been set up in collaboration with Ash Field Academy, UK. This is an impactful intervention to provide transformative and learning experience to children suffering from learning disorders, cognitive dissonance and communication motor impairments and comprises of:
  - Interactive White Boards
  - Special software for teaching



## Transportation facilities:

A fleet of 5 self-owned vehicles pick up the children from their homes and drops them back after the center closes for the day. All our drivers and attendants have been made aware of the home routes of each child. To ensure safety compliance all our vehicles are equipped with:

- Safety belts
- CCTV
- GPS tracker
- AC
- Side handles/ Boarding handles
- An attendant in the bus throughout the journey
- Licensed and skilled drivers



# Our Programmes:

We deliver our services through two distinct programmes;

## Life Skills Development (LSD)

Activities which come normally to human beings pose huge challenges for special children. These include the following;

- Performing activities of daily living
- Cognitive skills
- Mobility
- Body awareness
- Communicating & following instructions

We work with children in the following areas to teach them skills which enable them to handle personal needs on their own.

- Activities of Daily Living(ADL)
- Interpersonal Skills
- Personal Safety and Security
- Home management & Housekeeping
- Cooking & Catering
- Education ( 3 R's)
- Computers
- Gardening
- Art & Craft





## Activities of Daily Living (ADL)

Children are taught to do the following routine activities on their own.

- Eating
- Bathing
- Dressing
- Toileting
- Personal care and hygiene
- Getting in and out of bed or chair easily (transferring)
- Controlling bladder and bowel movements (maintaining continence)
- Opening clothes Buttons
- Filling water can
- Washing clothes
- Identifying toilets of their gender
- Managing time etc



## Home Management and Housekeeping

This skill is important in everyone's life, more so for special children. Performing household tasks builds their abilities to work on their own and also be of help to their families. A big factor in building interpersonal relationships too, children gain self-worth and respect from their families. Amongst other skills, our children learn:

- Cleaning
- Dusting
- Table laying
- Bed making
- Ironing
- Setting up almirah
- Folding clothes
- Money Management (Familiarization with notes and coins and doing transactions while shopping)



## Cooking and Catering

Children who have a little better ability are taught these skills so that they can be of help to their families.

## Interpersonal Skills

At Khushboo, children develop their social skills to:

- Ask for assistance
- Make new friends
- Communicate clearly to have their needs addressed
- Hold conversations with friends and family
- Give their opinions



## Education

Khushboo ensures that our children learn basic academics to the extent possible. The focus is on the following:

- Reading
- Writing
- Arithmetic



## Personal Safety and Security

A very important life skill, special children are taught safety measures. They learn:

- Kinds of risks they may face
- How to avoid tricky/unsafe situations
- Awareness on personal safety
- Sense of right conduct
- Deterring unwelcomed behaviour
- Difference between good and bad touch
- Safety precautions from fire, or sharp instruments such as knives or scissors



## Computers

Children who have requisite capabilities are taught basic computer skills and are also trained in special applications viz Photoshop and CorelDraw. The intent is to have a meaningful engagement for the children and at the same time impart computer skills.





## Gardening

One school of thought believes that gardening has some therapeutic effect, Khushboo involves children in this activity to have a meaningful engagement which can be continued at home also.



## Art and Craft

Science has proved that creative expression helps in emotional well-being. This skill helps children express their needs while benefitting from the immeasurable joy that art brings. At Khushboo children learn:

- Colouring
- Painting
- Drawing
- Crafting waste material into useful products



## Therapeutic Services

Children under our care have serious medical afflictions. Hence, these services form the core of our work. Following interventions are carried out by us;

- Physiotherapy
- Occupational Therapy with multi sensory integration
- Hearing & Speech Therapy
- Performing & Expressive Arts ( Music & Dance)
- Pottery
- Yoga
- Sports

### Physiotherapy

This intervention aims at:

- Strengthen and recuperate weak muscles through weight bearing exercises
- Enhance leg muscle capacity with standing programs
- Enable mobility with programs such as walking and the wheelchair use
- Identify and meet orthopaedic needs
- Based on the individual development plan a physiotherapy schedule is drawn for the child. The therapists work closely with the children and;
  - Assess the need for aids - such as standers, wheelchairs, or any other orthotic devices.
  - Help the child and family to become familiar with



the required equipment.

- Conduct group sessions with other professionals.
- Advise supplementary home activities to caregivers after training them.
- Hold quarterly meetings with parents
- Assist the child reach his/her developmental milestones that requires gross motor skills, like sitting, crawling, standing, walking, jumping, kicking ball, etc.
- Facilitate to achieve the desired goals through manual therapy, frame standing, standing bars, tilt table, parallel bar training, balance training, muscle stimulator etc.

## Occupational Therapy with multi sensory integration

Developing skills that are a must for daily living is the main objective of this intervention. Designed to improve basic motor functions and reasoning skills, the program helps prevent permanent loss of functions. The intervention uses methods such as multi-sensory stimulation and integration to:

- Help eat properly through oral-motor exercises
- Teach new activities through Imitation Techniques
- Improve tactile sense through Touch therapy sessions
- Tone up Body Balance through exercises like jumping, climbing stairs etc.
- Improve Motor Skills by picking and releasing small objects
- Improve concentration & attention through clear commands
- Cutting of flowers for improving hand- eye coordination



## Hearing & Speech Therapy

This intervention helps in improving speech of the children, and their ability to understand and express, including nonverbal cues. Our therapists work to;

- Test hearing ability of children
- Assess the problems and provide treatment.
- Identify difficulties in articulation, fluency, resonance, or language disorders.
- Demonstrate the right sounding words and practise with children to follow same using computer/ tablet.
- Ensure proper mouth coordination to produce sounds to form words and sentences
- Help with voice volume regulation.
- Address language disorders to help children express their thoughts
- Use of written, pictorial, body and sign forms to help children develop their understanding.
- Practise on computers and iPads with special software applications to develop children's speech.





## Psychiatry and Counselling

At Khushboo, counselling is an important and an integral part of the care process. Good bonding with family plays an important role in a child's rehabilitative progress and this is exactly what this intervention does.

The process of counselling involves:

- Understanding child's uniqueness, identifying their strengths and their struggles
- Developing a partnership between the teachers and the parents to bring desired changes in the child
- Facilitating learning of new skills and trying new behaviours
- Since the parents and the children struggle with challenges in everyday living, acquiring new skills lead to improvement in the quality of the life of children as well as the parents.



## Pottery

This unique therapeutic intervention settles and calms children. It also manages to hold their attention for a longer duration and helps them focus. Pottery enhances a child's sensory development and motor skills. A pottery expert visits Khushboo to guide our children in the art of making diyas, pots, pen holders, and other clay items. Full of creative joy, this intervention boosts our children's confidence levels.



## Yoga

Where conventional treatment methods reach their limits, yoga has shown remarkable results at different levels. Children with Down syndrome and other Development Disability often surprise their families and teachers with quick mastery of basic motor, communication, and cognitive skills through practice of yoga.

Regular yoga leads to a greater concentration, balance, and composure in daily living, and long term gains include relaxation and softening of inner tensions, body-mind equilibrium, and a feeling of energetic buoyancy to carry through even the most difficult days

At Khushboo we ensure children practise yoga asanas (postures), pranayam (breathing exercises) and listen to meditative music – using phonetics for healing. A yoga teacher oversees the session and conducts beneficial asanas for each individual case. After the session, children clean their yoga mats and keep them neatly rolled for the next class. Each day children attend their yoga class for one hour which has been formally included in the curriculum.



## Performing and Expressive Arts

Dance and music is a great way to encourage muscle movements and greater joint mobility. They not only improve muscle tone, spatial awareness, and kinaesthetic sensation, but also stimulate endorphins and facilitate social skills.

These activities are specially tailored to meet individual needs, capabilities, and have the highest level of participation- so much that children eagerly look forward to these sessions.



## Sports

A new sports program aimed at "Learn while playing" was introduced with the help of an expert. The programme enables children to learn things like following instructions, waiting for their turn, develop alternate solutions etc. This has further enhanced the confidence level of the children. Apart from this, children with little more capabilities are provided with special coaching to participate in competitive sports. Some of our children have done us proud by winning prizes at National and International level competitions.





# Operations Overview 2017-2018

## ■ Beneficiaries

The status of beneficiaries is as follows;

Projects	March 31, 2017	March 31, 2018
Regular	89	105
OPD	11	09
CBR	07	07

During this period 37 new children joined and 21 children left the center

The reasons for leaving were:

Shifted from Gurugram:	10
Parents decided to keep at home:	3
Shifted to regular school:	2
Shifted to Muskaan:	2
Health issues:	3
Shifted to Ayurvedic Treatment:	1

## ■ Attendance

During the year as our main focus was on improving the attendance, there has been some improvement in overall attendance.

Year	April	May	June	July	August	September
16-17	83%	80%	Summer Break	61%	73%	67%
17-18	83%	76%	Summer Break	80%	80%	81%

Year	October	November	December	January	February	March
16-17	56%	68%	78%	62%	77%	79%
17-18	77%	75%	76%	61%	74%	74%

However these efforts need to be sustained.

## ■ Therapeutic Services

Activity	Children	No. of Sessions Apr'17 to Mar'18
Physical Therapy	53	2692
Occupational Therapy	43	2185
Speech Therapy	50	890
Audiometry Tests	61	66
ENT Specialist	94	95
IQ Test	10	10
Counseling for Parents	40	93

## ■ Human Resources

The employee strength status is as follows:

March 31, 2017	March 31, 2018
38	43

- Males- 18 ● Females- 25

During the year 2017-18

New employees 8

Employees Left 3

The reasons for leaving were as follows; Marriage- 1, Higher Studies- 1 Others- 1

Our therapeutic team got strengthened with the joining of following specialists:

- Audiologist
- Senior Physiotherapist
- Psychologist

## ■ Professional Enhancement & Training of the staff

While the team was strengthened by joining of new professionals, special focus was given on enhancing the skill levels of the existing staff by exposing them to new techniques and skills through participation in external training programs. This helped them to improve their capacities. Some of the programmes attended by the staff were;

- Our Physiotherapist visited VibroGym in Amsterdam for professional training. The training aimed at exhibiting tools with advanced technology for rehabilitation of children with Cerebral Palsy.

- Workshop on Body Speaks

Twelve Staff members attended a workshop on "The BODY SPEAKS-and learnt to use the body as a medium to further the holistic growth of children with special needs, at "My whole Child"- A Centre for special need kids, Greater Kailash, New Delhi.





## ■ New Initiatives

### Audiometry Laboratory

Our Speech & Hearing intervention faced a continuous challenge of assessing the hearing capabilities of the children. For this we have to get the requisite hearing tests done from private clinics which were very expensive also we were not sure about the accuracy of the results. The solution for this was to have an in-house Audiometry lab for conducting audiometry tests. We were fortunate that Fidelity Services offered to support this project. In January' 2018 we commissioned the state of the art Audiometry Laboratory in a sound proof and air condition room equipped with all the requisite instruments. We are now able to conduct all hearing tests ourselves and identify the speech & hearing needs of the children.



### Full Body Vibrator

In our endeavour to provide contemporary medical interventions we identified in equipment (Full body vibrator) which has proved successful in helping muscle regeneration in Cerebral Palsy patients. M/s Metlife GOSC funded the import of this equipment from Netherland which was. This was installed in January' 2018 and is the only one in the country as of now.



### Trax Cruiser

Our transportation infrastructure got augmented by the addition of a Trax Cruiser vehicle which was generously funded by Fluor Daniel India Private Limited. Children will now be able to travel more comfortably. This van will also be used for organising outings for the children.



## ■ Resource mobilisation and communication

Total funds received during the period April 2017 to March 2018 was Rs 1.97 crs.

While many existing individual and corporate partners continued to repose their faith and extended their support, many new ones came forward to help Khushboo to continue its work of making special children self-reliant.

This year's donor list includes Fidelity, Metlife GOSC, Fluor, ONGC, Avvashya CCI Logistics, PMG Integrated Communications, Give India, CAF India, CAF USA

To give confidence to the donors elaborate fund utilisation reports were sent to all of them pro- actively.

## ■ Social Media

We had also stepped up communication efforts to spread the word wider. Our team tapped new means of communication viz Facebook, LinkedIn, Twitter and Instagram in a much more focused manner. The communications team utilised social media effectively to reach out to prospective donors. A group of Interns and Volunteers further helped in spreading word about Khushboo and its work. Our E- Magazine was given a new look & feel to make it more reader friendly.

# Events

Yes, we strongly believe in living life to the fullest. And, having fun and enjoyment is big chunk of it. This year too, we had loads of lively action. Right from our Fun Day, Annual Picnic, Festivals to Khushboo Carnival - host of celebrations filled our calendar. The exuberance, merriment and delight can only be witnessed when you are a part of it. We present to you the snapshots of our enjoyment to soak in the sunny times.

## Independence Day Celebration

It was celebrated by hoisting the tricolour flag by the children. Children staged a Hindi skit 'Raja aur Runk', danced gleefully on 'Yeh hosla rahe' and sang fervently 'Har karam apna kareng' and raised the spirits of the audience.



Our children hoisted the flag



## Raksha Bandhan Celebration

All children actively participated in Raksha Bandhan festival. Special educators explained the importance of the festival to the children. The girls got Rakhi from their homes and tied on to the wrist of their Khushboo brothers. All the children were excited throughout the celebrations.





## Khushboo Carnival

This was organised in the month of December 2017. Students from mainstream schools were invited to interact with Khushboo children. Students from Amity Public School Sec. 43 Gurgaon gave a musical performance where waste material such as drums, bottles etc were used as musical instruments. Also students from Salwan Public School Sec.15, Gurgaon performed a Dance and Khushboo children also joined them. This was followed by a session of games where Khushboo and other children participated together.



Khushboo carnival, an annual event was celebrated at the centre. Puppet show, Magic show and Tattoo painting were arranged for the children

## Diwali Celebrations

Preparation of Diwali celebrations started well in advance. Children with the help of art teachers made preparations (which also enhanced their motor skills). Children on the auspicious occasion prayed, lit beautiful diyas of hope and enjoyed each other's company with delicious snacks and sweets.



## Annual Family Picnic

Annual Family picnic was organized by Khushboo for all its staff members, children and their families. The venue of the picnic was Damdama Lake and all participated in various games which had been planned for parents and children.

Ms. Gargi, a specialist in working with special children, organized a session on Dance and Movement Therapy for the parents. This intervention helps people to become more resilient when faced with mental or emotional challenges of life. Parents were very happy and gave a lot of positive feedback.

Also a session on Sahaj Yoga was organized for them.



## Children's Day Celebration

It was a much awaited day of celebration. Children planned fun activities along with the teachers. After the activities ended, prizes were given to the children who won various events.



## Christmas Celebrations with Volunteers from Fidelity

There was equal enthusiasm from both Khushboo Children and volunteers from Fidelity

Fidelity team and our students got into the yuletide spirit with singing, dancing and cake-cutting.



## Teacher's day celebration

Our special educators put in a lot of effort with the children throughout the year. Khushboo realising the need to give them a break, took them out for a movie at Inox Dreamz Mall after which they had lunch together. It was a memorable day for all the teachers.



All staff members went for a movie at Inox Dreamz Mall and enjoyed their lunch

## Joining Hands with Metro

We partnered with Delhi Metro to create awareness about the needs of special children as also the facilities available at Khushboo. The awareness program was organized at HUDA City Centre and M.G. Road Metro station. At both the metro stations Banners & Standees giving relevant information were displayed for a period of 10 days.





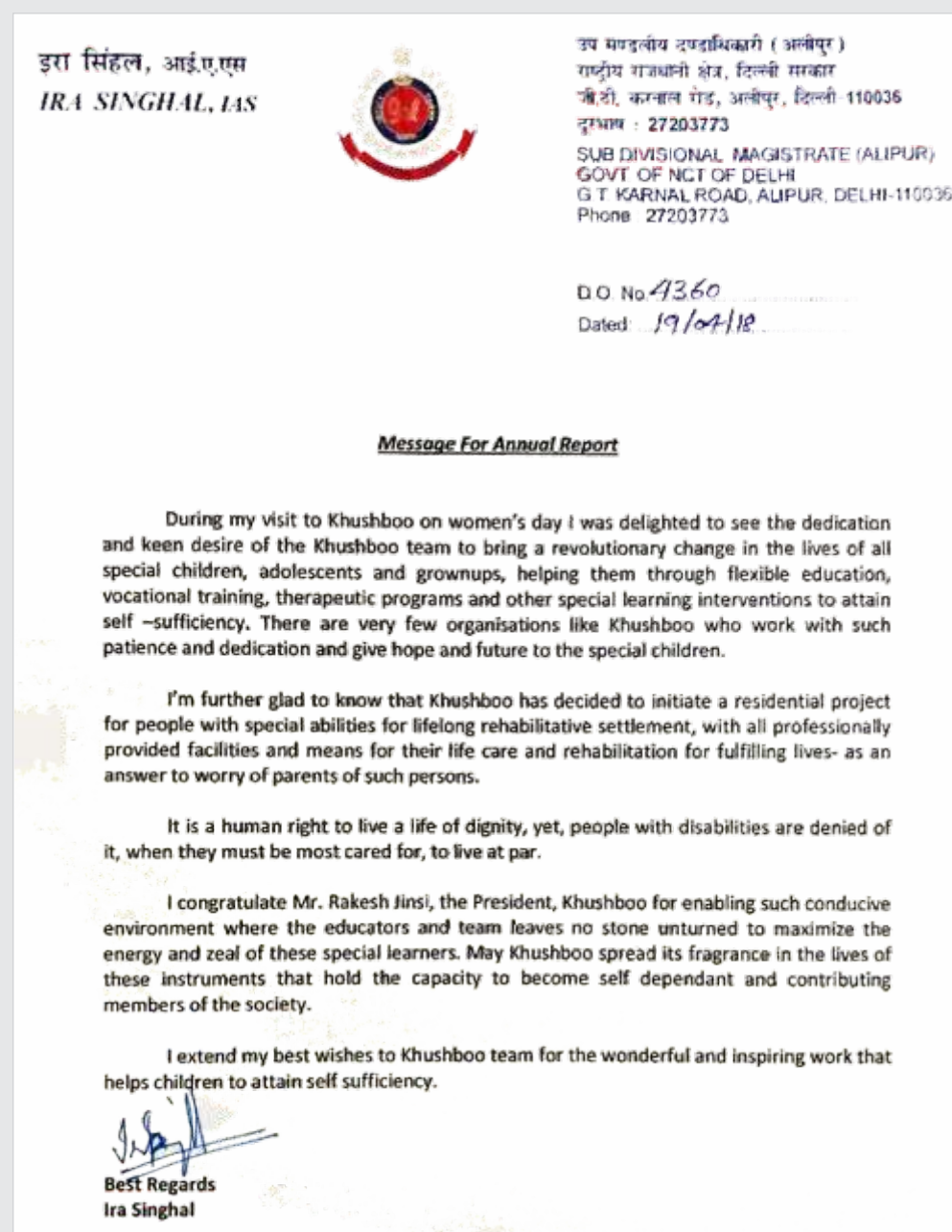
## Women's Day Celebrations

Khushboo celebrated Women's Day in a very special way. Ms. Ira Singhal, the first specially abled woman to top IAS, was the Chief Guest. Her presence doubled the impact of Women's Day celebration as she has not only been an achiever but also is a part of the special community.

Ms. Ira Singhal's words moved everybody present especially when she emphasized that in the world today very few organizations like Khushboo who work with such dedication bringing hope for special children.



Message received from Ms. Ira Singhal.



## Activities

### Parents Meeting

A Parents' Meeting was held in centre. This year the meeting was held in a different way. Parents were made to introduce one another instead of introducing themselves. Thereafter all of them were formed into groups and following topics were given to them for discussion and they were asked to give recommendations.

- Role parents can play in development of the child
- How can we improve the communication between Khushboo and parents
- How do we improve quality of education/training/entertainment in the centre
- Should the timings of the centre be increased.

Many useful suggestions were received which are in the process of being implemented.



### Community-based rehabilitation services at doorsteps for specially abled

Our community – based rehabilitation program specially serves children with multiple disabilities in community who do not have accessibility to the direct services of Khushboo. Our team of special educators visited the home of Subh Sharma at Jharsa who had recently undergone surgery. The educators spent time with him and also trained his parents on how to take care of him after his surgery.



### Night Camp

A Night Camp was organized by Khushboo, in which 10 students and 4 staff members stayed back. Students learnt social skills & daily routine activities. A visit was organized to the Sec 10A market to develop functional skills, money management etc.



### Medical Camp

Khushboo organized various medical camps with empaneled doctors comprising of Pediatricians, Neurologist, Orthopedic and Clinical Psychologist. The Doctors prescribed medicines as per the need of each child.



### Young Athlete Program

10 children accompanied by their parents participated in Young Athlete Program at Scottish High International School, Gurugram, organised by Special Olympic Bharat, Haryana. Parents learnt about various sports activities which are beneficial for building physical growth of children.



### Dental Check Up

A team of doctors consisting of Dr. Shilpa Arora and Dr. Payal Narula from Sudha Rastogi College of Dental Sciences & Research, Faridabad carried out a dental health check up of Autistic Children.



### Handball Preparatory Camp (World Games)

Aditya participated in first preparatory camp (Hand Ball) for World Games 2019 organized by Special Olympic Bharat at Scottish High International School.





# Achievements

## Dance competition by Very Special Art

10 children participated in Dance competition organised by "Very Special Art" at India International Centre-Auditorium, New Delhi. The theme was 'Main Kuch Banoongi'. 18 teams participated and our children got the 1st Prize.



## State level Games & National Level Training & Selection Camp

May 6th 2017: Six children participated in State Level games organised by Special Olympic Bharat at Hissar. Our Netball team secured the Third position.

May 12th to 18th 2017: Two of our children participated in a National Level training camp for Netball & Football, organised by Special Olympic Bharat. Aditya was selected for Netball National Championship team.



## Drawing Competition

28 children participated in a drawing competition organised by Dr. Pooja G Kapoor at Grand Cinema, Raheja Mall. Our children performed very well and won many prizes.

## Computer competition at VSA

Four of our children participated in a computer competition (junior and senior group) organised by "Very Special Art". Our child Soni won the 1st prize.

## National Power Lifting Championship

Priyanka Hasija participated in National Power Lifting Championship organised by Special Olympic Bharat in Kolhapur, Maharashtra. She won 2 Gold Medals.

## Annual Art competition-VSA

7 of our children participated in 23rd Annual Art Competition in March 2017, organised by Very Special Art India. Kunal Chauhan and Priyanka Hasija won the 2nd prize.



## Handball National Championship

Two children participated in Handball National championship training camp organized by Special Olympic Bharat at Rajiv Gandhi Stadium, Rohtak. Aditya was selected and participated in the championship. Haryana Team won the Bronze medal.





## Candle Decoration & Creative Table Setting Competition

4 of our children participated in "Candle Decoration" and "Creative Table Setting Competition" organised by "Very Special Art" Vasant Kunj, New Delhi and won the following prizes;

- 1st Prize in Candle Decoration
- 1st Prize in Table Setting.



## District Level Games

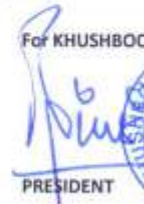

27 of our children participated in District Level Games organised by Special Olympic Bharat, Haryana, held at Tau Devi Lal Stadium, Gurgaon and competed in the following games:

- Bocce
- 50M Run
- 100M Run
- Shot-put
- Soft ball throw

Khushboo won a total of 27 medals which included: 12 Gold medals, 12 Silver medals and 3 Bronze medals.





# Financials

<b>Khushboo Welfare Society</b> <b>Sector - 10 A Gurgaon</b> <b>Balance Sheet as on 31.03.2018</b>				
S. NO.	PARTICULARS	NOTE NO.	AS ON 31.3.2018	AS ON 31.3.2017
<b>I</b>	<b>EQUITY &amp; LIABILITIES</b>			
<b>1</b>	<b>RESERVE &amp; SURPLUS</b>			
	(a) General Reserve	1	4,29,08,132	3,71,34,294
	(b) Income over Expenditure	2	86,55,293	57,73,838
	(c.) Corpus Fund	3	91,80,506	79,80,506
<b>2</b>	<b>Current Liabilities</b>			
	(a) Other Current Liabilities	4	7,52,484	6,65,882
	<b>TOTAL</b>		<b>6,14,96,415</b>	<b>5,15,54,519</b>
<b>II</b>	<b>ASSETS</b>			
<b>1</b>	<b>Non Current Assets</b>			
	(a) Fixed Assets	5	2,94,89,290	2,81,12,581
<b>2</b>	<b>Current Assets</b>			
	(a) Mutual Fund		2,42,00,000	1,39,00,000
	(b) Inventories	6	-	1,77,313
	(c.) Cash and Cash Equivalents	7	58,51,931	56,74,820
	(d) Fixed Deposits	8	16,84,066	31,91,000
	(e.) Short Term Loans and Advances	9	2,71,128	4,98,805
	<b>TOTAL</b>		<b>6,14,96,415</b>	<b>5,15,54,519</b>
Accompanying notes forming parts of the Financial Statements				
<b>AUDITORS REPORT</b> As per our report in Term Of Section 12 A(b) of Income Tax Act, 1961  For N.K.S Chauhan and Associates Chartered Accountants FRN : 013940N  <b>CA NKS CHAUHAN</b> Partner Mem No. 088165 Place: New Delhi Date: 05/06/2018				
			For KHUSHBOO WELFARE SOCIETY  PRESIDENT  TREASURER	



<b>Khushboo Welfare Society</b> <b>Sector - 10 A Gurgaon</b> <b>Statement Of Income &amp; Expenditure for the period 01.04.2017 to 31.03.2018</b>				
S. NO.	Particulars	Note No.	For the year Ended 31/03/2018	For the year Ended 31/03/2017
I	<b>INCOME</b>			
	Donation, Grant, & Membership Fees	10	1,97,16,873.61	1,45,54,761.00
	User Charges		18,13,625.00	14,98,725.00
	Transportation Charges		7,58,900.00	5,83,650.00
	Interest Income	11	2,91,256.00	11,32,664.00
	Other Income	12	1,38,923.61	1,44,245.00
	<b>Total Income (A)</b>		<b>2,27,19,578.22</b>	<b>1,79,14,045.00</b>
II	<b>Expenses</b>			
	Purchased Consumed ( Craft + Medicine)	13	12,35,899.00	8,65,546.00
	Transportation Expenses	14	5,30,501.00	4,37,416.00
	Children Welfare Expenses		40,297.05	32,156.00
	Employees Benefit Expenses	15	66,53,642.18	68,61,727.00
	Depreciation Expenses		34,11,162.19	18,88,959.00
	Financial Costs	16	8,728.37	4,534.00
	Other Expenses	17	21,84,055.16	20,49,869.00
	<b>Total Expenses (B)</b>		<b>1,40,64,284.95</b>	<b>1,21,40,207.00</b>
III	<b>Excess of Income over Expenditure (A-B)</b>		<b>86,55,293.27</b>	<b>57,73,838.00</b>
Accompanying notes forming parts of the Financial Statements <b>AUDITORS REPORT</b> As per our report in Term Of Section 12 A(b) of Income Tax Act, 1961  For N.K.S Chauhan and Associates Chartered Accountants FRN : 013940N  CA NKS CHAUHAN Partner Mem No. 088165 Place: New Delhi Date :05/06/2018   For KHUSHBOO WELFARE SOCIETY  PRESIDENT TREASURER				

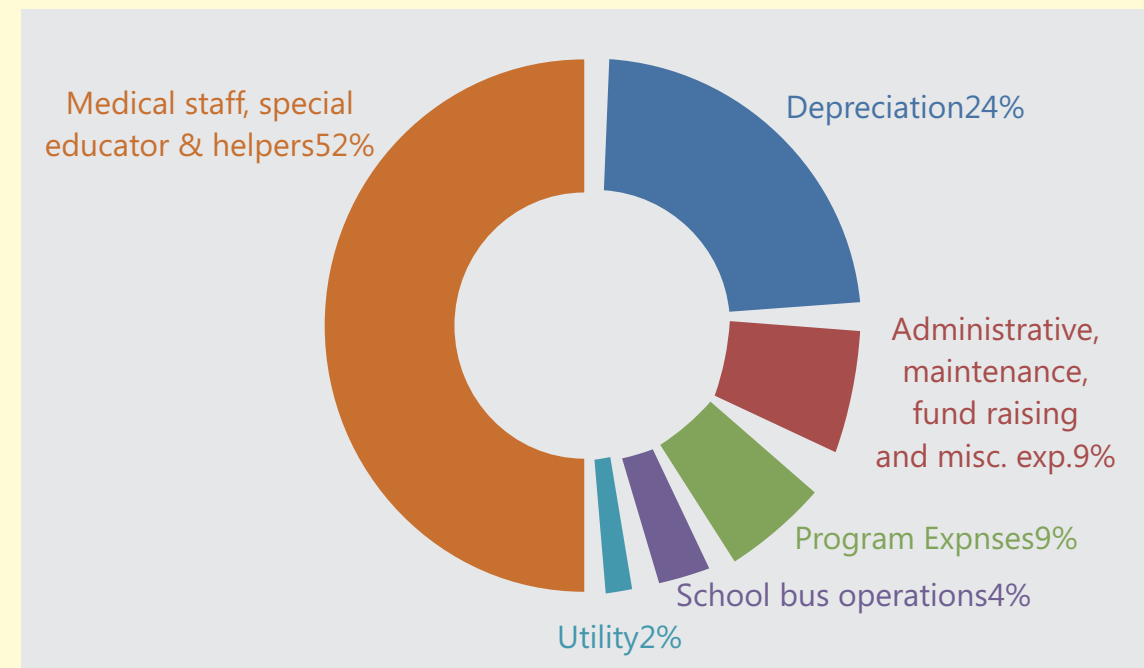
<b>Khushboo Welfare Society</b> <b>Sector - 10 A Gurgaon</b> <b>Receipts &amp; Payments Account for the period 01.04.2017 to 31.03.2018</b>		
Particulars	For the year Ended 31/03/2018	For the year Ended 31/03/2017
<b>Opening Balance:</b>		
Cash in Hand	22,250.00	18,814.00
Cash at Bank		
- Corporation Bank - 966	53,44,339.51	7,38,290.43
- Corporation Bank - 40023	(85,875.16)	15,177.05
- Corporation Bank - 6152	3,485.29	9,76,192.01
-ICICI Bank, Gurgaon	56,865.00	13,03,276.00
-State Bank of India - 7643	18,514.00	13,427.00
-SVC Bank, Bangalore	3,15,241.57	2,33,281.97
-Corporation Bank - FD 966	1,11,000.00	1,43,75,300.00
-SVC Bank, Bangalore - FD	30,80,000.00	84,25,964.00
<b>Receipts</b>		
As per I & E Account	2,26,74,322.22	1,79,14,044.31
Corpus Fund	12,00,000.00	2,55,000.00
Sundry Debtors	-	25,853.00
Sale of Assets	-	27,000.00
Loans & Advances	-	8,46,128.00
Income Tax Refund	2,35,210.00	-
Accrued Interest	-	4,060.47
<b>Total</b>	<b>3,29,75,352.43</b>	<b>4,51,71,808.24</b>
<b>Payments</b>		
Salary	58,78,877.00	61,84,516.00
Audit Fee	29,500.00	32,500.00
Bank Charges	8,728.10	4,534.00
Children Welfare	40,297.05	32,156.00
CBR Expenses	20,900.00	19,912.00
Consultancy Expenses	1,92,750.00	3,34,003.00
Conveyance Expenses	4,13,415.00	3,46,861.00
Electricity & Water Expenses	1,43,366.00	1,37,647.00
Vehicle Insurance	1,15,433.00	70,060.00
Misc. Expenses	1,06,098.00	1,22,688.00
Medical Camp Expenses	2,846.88	2,470.00
Function Expenses	23,210.35	1,34,725.00
Purchases	10,58,586.00	8,39,293.00
Postage	37,055.00	21,011.00
Printing & Stationery	46,280.00	1,05,100.00
Provident Fund Expenses	5,62,537.00	5,50,403.89
Repair & Maintenance Others	3,23,660.00	4,38,046.00
Staff Welfare Expenses	1,76,531.07	1,26,807.00
Stipend	32,800.00	48,800.00
Staff Training	11,600.00	18,720.00
Telephone Expenses	73,903.00	86,488.75
Transportation Expenses	4,92,001.00	4,37,416.00
Web Expenses	11,800.00	29,000.00
Sports Expenses	2,842.00	20,696.00
Travelling Expenses	1,62,246.00	28,691.00
Generator Expenses	10,000.00	7,950.00
House tax	-	23,500.00
Legal Expenses	39,770.00	18,000.00
Fixed Assets	47,87,871.00	1,15,62,573.00
TDS	1,15,557.00	23,557.00
WCT Payable	3,760.00	-
Mutual Fund	1,03,00,000.00	1,39,00,000.00
Prepaid Insurance	-	37,723.00
Expenses Payable	-	1,09,061.11
Sundry Creditors	87,118.00	-
Retention Money	-	4,48,079.00
Picnic Expenses	15,760.00	-
Advertisement Expenses	54,548.00	-
Gardening Expenses	17,452.00	-
Parking Expenses	1,255.00	-
Professional Charges	33,000.00	-
<b>Closing Balance:</b>		
Cash in Hand	28,867.72	22,250.00
Cash at Bank	75,07,129.26	88,43,570.41
<b>Total</b>	<b>3,29,75,352.43</b>	<b>4,51,71,808.24</b>
In the terms of our Audit Report of even date annexed.  For N.K.S Chauhan and Associates Chartered Accountants FRN : 013940N  CA NKS CHAUHAN Partner Mem No. 088165 Place: New Delhi Date :05/06/2018   For KHUSHBOO WELFARE SOCIETY  PRESIDENT TREASURER		



# Governance & Compliance

Distribution of employees according to remuneration levels			
	Name	Designation	Annual Remuneration (in Rs.)
Highest Paid Person in the Organization	Vijay Pal	Director	6,59,880
Lowest paid person in the Organization	Anita	Teaching Assistant	95,160
Gross monthly remuneration plus benefits (Rs.)	Male	Female	Total
<5,000	0	0	0
5,000-10,000	0	8	8
10,000-25,000	8	7	15
>25,000	3	3	6
No. Of Executive Committee (Governing Board) members receiving remuneration			None
Expenditure on Foreign Travel incurred by Executive Committee members, Employees or Volunteers			Rs. 1,50,699
Expenditure on Inland Travel incurred by Executive Committee members, Employees or Volunteers			Rs. 11,547
No. of the executive Committee members related to each other			None

Total Expenditure 2017-18



# Executive Committee (EC) meeting details

S.N.	Name	Age	Sex	Position in Committee	Occupation	Area of Competency	No. of Meeting Attended
1.	Mr. Rakesh Jinsi	63	M	President	Management Consultant/ Coach & Mentor	Strategy Management, Operations & Fundraising	5
2.	Mr. Narender Gera	59	M	General Secretary	Industrialist	Operations	2
3.	Mr. Pankaj Jain	64	M	Treasurer	Businessman	Finance	5
4.	Mrs. Renu Maheshwari	60	F	Vice - President	Social Worker	Training	5
5.	Mrs. Reeta Rastogi	68	F	Joint Secretary	Teacher	Training	3
6.	Mrs. Manisha Jain	45	F	Executive Member	Management Professional	Human Resource	Nil
7.	Mr. Rajiv Gupta	61	M	Executive Member	Management Consultant	Operations	2
8.	Mrs. Usha Malik	63	F	Executive Member	Social Worker	Vocational Skills	5

## Registrations & Accreditations

The Society is registered with/ under and recognized / approved by:

- Registrar of Societies under Societies Act, 1860
- Persons with Disability Act, 1995
- Foreign Contributions Regulation Act (FCRA)
- National Trust Act, 1999
- Registration u/s 12 of IT Act
- Exemption under 80G of IT Act
- Charities Aid Foundation (CAF)
- GiveIndia
- Credibility Alliance



# Voice of Parents



**Mr. Arun Kumar Dhingra**

Father of Jhankar Dhingra

My daughter Jhankar Dhingra, aged 12 years is going to Khushboo Welfare Society (KWS) for the last 8 years. She feels happy and excited while going to school that indicates how much enjoyable the school environment is. Her keenness to attend the school clearly shows the love and affection given to her by her class teachers. Method of teaching used in the school through Music and Dance is greatly appreciated by her and appears effective and interesting. As parents, we find the school premise clean and environment motivating that helps our children grow.

The entire team of teachers looking after, Physiotherapy Staff, the Speech, Therapy Staff, the Official Staff and the Transport Staff put their best of efforts in their respective domains especially by teaching and training the children in special ways. As parents, we enjoy the atmosphere of the school nurtured by the School Management. We are thankful to the School Management for installing new equipment and machines used for therapies, physical exercises and games for the children. In particular, efforts and hard work put in by the teaching and other staff members have been substantially contributing to the running and smooth functioning of KWS. They have been a major source of inspiration and always been trying to motivate children so as to make the children independent in their own way.

We wish the KWS and its teachers and other staff a resounding success in each of their endeavours.



**Mrs. Santosh Gupta**

Mother of Sumit Gupta

My son Sumit Gupta has been going to KWS since last 22 years. He has been always keen and interested for attending the school and also learned to become more independent of himself and in learning new skills, like operating computer/gadgets, participating in games, maintaining proper self-routine and self-grooming and also has Reduced the fear of speaking in public, and he seems to be always active and enthusiastic in doing each and every work.

From all these activities and improvements of my child, I can see that how much efforts the entire team of KWS has put in, in growth and development of my child, and today making him so eligible and worth for helping/ supporting his father in his Business.

# Donor Testimonials



**Avvashya CCI Logistics Private Limited**

**Mr. Naresh Sharma**

(Managing Director)

Avvashya CCI

"We are deeply appreciative of the contribution made by Khushboo. Our business would like to make a positive impact and difference in the world around us. We do it in several ways; one of the ways is through Khushboo.

We are very honoured to be associated with an organisation like Khushboo and deeply appreciate their selfless service and dedication to the cause.

My best wishes to Team Khushboo & all the best in their endeavours.



**Fidelity International, India**

**Babu Thiagarajan**

Country General Manager and Head of Technology

At Fidelity International, we seek to support charitable causes with the aim of improving the lives of others and building better futures for those in our immediate communities. Khushboo's commitment to provide education and vocational training to children with special needs so they can lead a life of dignity is the very commitment to society that we look to uphold. Through Project Srijan, Fidelity International is proud to be associated with Khushboo, and together, we are providing many children a chance to a better future.



**MetLife**

Metlife Inc.

"We at MetLife GSS have been working towards the inclusion of specially abled for the last 3 years. To continue our support for the cause, we have partnered with Khushboo in the year 2017 and it is heartening to see that Khushboo team and faculty members are working tirelessly with children of different age groups training them on basic life skills. One of the observation related to the training of the kids was lack of basic physical movement especially with kids having multiple disabilities. So this year we provided KWS with Vibrogym equipment (Imported from Europe) which will help children to learn basic physical movements under supervision of trained physiotherapist and other specialists.

We wish the team good luck for doing such a great service to our society. "



# A Word from Volunteers

## School of Inspired Leadership (SOIL)

School of Inspired Leadership (SOIL), a Business school based in Gurgaon which runs a full-time Post Graduate Management Program, chose Khushboo for its internship program for their students as a part of their curriculum. The students spent a day every week at the center and worked on specific projects assigned to them. They have the following experience to share:



### Praveen Chinnam

As rightly quoted by Mother Teresa " Give your hands to serve and heart to love ". I had experienced the same at Khushboo India. It is very close to my heart and every time when I step into the school, it used to be a great feeling. When I see the pure love from kids, it used to be a great push to work more for them. It's for the first time that I have been with an NGO and it's been a wonderful experience I should say. The cause that Khushboo India is working for has made me associate with it. The work which they do is priceless, they go as far as they can to see the smiles on children faces and for the happiness of their parents. The staff over here are very co-operative and dedicated. They provide every facility that a special child needs under one roof. I'm glad that I'm part of this great cause and organization. It has given me an opportunity to implement what I have learned in my MBA through real-time projects, it has been only a year, for now, I would love to be associated with them for more long time. Lastly, the main takeaways from Khushboo India are Dedication, Selfless love, Work for a cause.



### Asif

The first thing comes into my mind when I think off Khusboo is "Life of Dignity for all". I've done a good amount of volunteering in the last one year and Khusboo is the organization that it most warmed my heart to be part of. They do so many different things with passion, love, dedication and you can see that they really do care and that they really are making a difference in the community! You will be warmly welcomed and feel like the part of the Khushboo family from the beginning. One thing which I learned while working with Khushboo is to give back selfless and carry your passion for the cause you believe in.

Thank you for providing this wonderful opportunity to be part of Khushboo in building a community which has a deep love, respect and care for the children's with special needs.

# A Word from Staff

## Journey with Khushboo



### Vijay Pal

I still remember the day I was recruited as the first Special Educator at Khushboo. I was put in-charge of five children with mild intellectual disability. That day I was a bit nervous, a bit happy and a bit fearful... Where would this way take me? I had some... well just a bit more... feeling of job insecurity regarding my choice of work place. Had I done the right thing by joining Khushboo?

It was in July 1996 when I had joined Khushboo. There were just 10 children and we worked from a rented place. So, you can you imagine the seesawing of thoughts. I wished to work for cause I believed in, yet I also had to keep in mind the necessities of life. Also, then not many organisations were working on disability issues. There was lack of awareness and very few organisations were working professionally. Not many knew, and much less bothered. In fact, Khushboo was the only organisation then working with special children in a professional manner. Anyways, I had taken the plunge with Khushboo. Now we had to swim to survive.

But, I took faith in one thing – Khushboo's founder was also a trained Special Educator and devoted to the cause. Because of that dedication, Khushboo received support from many well-wishers' and funding agencies. One among the many we received was Khushboo's first vehicle, a Maruti Omni to be used as an ambulance, donated by Hotline Group of New Delhi in 1996.

The same year, Khushboo moved from our rented space at Anand Welfare Centre to three-bedroom independent house in Sector 15 Part-II. A year later, we took one more house in Friends Colony, Gurgaon, as more children were admitted. We had also submitted our first proposal for Government Grant-In Aid in 1996, which was eventually granted in 1997. We were working tirelessly and results were proving our belief right.

When in 2002 Khushboo got its own land from the government of Haryana, it was a sweet moment of satisfaction. And, when we constructed our modern campus facility it was time to celebrate and rejoice. Khushboo and I had come a long way - From a rented space to self-owned concrete building; from feelings of fear and insecurity to feelings of confidence and stability.

As Khushboo evolved, I and others associated with Khushboo evolved too. Its magically positive and energetic atmosphere boosted our personal and professional lives. It motivated me further to learn more and put in my best efforts. Khushboo's rapid growth, glory and success was mine too. I got the chance to attend many short-term trainings in India and abroad to enhance my professional growth - a great learning and joyful experience. When I had joined I had never imagined that a day would come when I would tour overseas!

During the 22 years of my journey with Khushboo, we have achieved many milestones and help spread its fragrance wide. Many believe that children with mental and multiple disabilities cannot function in society and are unable to meet the physical or emotional demands of normal life. But, Khushboo is destroying the false impressions that so many have. Khushboo is empowering parents and children by providing quality services. Our children are registering their identity in sports nationally and internationally. When I see their smiles and that of their parents radiating with joy, it gives me a sense of peace in the realisation of having taken the right decision, way back in 1996.

With that insight behind me, I now call out to others to extend support to children with challenges and walk with them towards equality, so that they too have a chance to live life with dignity. Khushboo is showing a light on the possibilities that those with challenges can achieve.

Khushboo and I... We have walked the path together and continue to do so.



# Donation Options

## Activity sponsorship

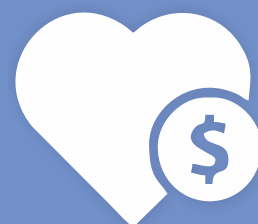
- Sponsorship of all activities @ 49,300/- INR per day
- Sponsorship of Life Skills Development @ 26,400/- INR per day
- Sponsorship of Therapeutic Services @ 15,300/- INR per day
- Sponsorship of Transportation Service @ 7,500/- INR per day

## Child sponsorship

- Full sponsorship of a Child: 1,15,000/- INR per annum
- Sponsor a child's Educational Expenses: 27,500/- INR per annum
- Sponsor a Child's Physiotherapy Sessions: 17,500/- INR Per annum
- Sponsor a Child's Occupational Therapy Sessions: 17,500/- INR per annum
- Sponsor a Child's Psychotherapy Session: 17,500/- INR per annum
- Sponsor a Child's Yoga, Dance and Music Sessions: 17,500/- INR per annum
- Sponsor a Child's Transportation: 17,500/-INR per annum

## General Donation

- Make a donation of any amount



# Major Donors of 2017-18

