

## Sandhya Sanwardhan Sanstha

A Research Institute For The Development  
And Rehabilitation Of Mentally Handicapped  
Regt.Office:Sawarkar Nagar Bus stop,Khamala Rd.Nagpur-440015

1. **Name of the Organisation:** Sandhya Sanwardhan Sanstha
  2. **Need and Objective of the Organisation :** The prevalence rate of mental disability is between 2.5 to 3.5 percent of general population. It is estimated that there are about 25 to 30 million mentally challenged persons in India. There are about 1500 special schools through out the country. Thus there is acute shortage of service providers. The main objective of Sandhya Sanwardhan Sanstha is to improve quality of life of all categories of mentally challenged children through special education, training and rehabilitation irrespective of their cast,creed,religion and lifestyle preferences.
  3. **Affiliations :** Nil
  4. **Community development activities :** We under take public awareness programmes on large scale in rural and urban areas as well. We try to make them aware about the causes for mental disability, its prevention and management.
  5. **Brief description of previous projects :** Sandhya Sanwardhan Sanstha was brought in to existence in 1993 as purely charitable, non-profitting, apolitical and non-aided organisation. It started with 2 mentally challenged children and one special educator and currently there are 80 children as days scholar and staff strength of 29. Since its inception this organisation totally depended on general public for funding. The initial monthly expense was Rs.5000/- which is now more then Rs.85000/-.
  6. **Other pertinent Information;** The work was started in a rented premises initially in the locality called as Madhav Nagar in west Nagpur along with administrative work at the same place. The registered address is as mentioned above. We are registered with Social Welfare department, and donations to us are exempt under 80G of IT Act. We work as per the mandatory rules of Rehabilitation Council Of India. We are also registered under FCRA of government of India and thus are permitted to receive donations in foreign currency.
- Part 2 ---
7. **List and locations of schools operated.:** We have only one special school which is now located at P-14,MIDC,Butibori, 25 km. from Nagpur on NH no 7.Administrative office is at 43-A, Madhav Nagar, Nagpur.
  8. **Existing drinking water,electricity and health. :** We have good source of drinking water provided by MIDC,there is power supply also and medical aid is available only next door.
  9. **Details of the children enrolled.:** We give admission from 4 years to 40 years of age to all categories of mentally challenged i.e. border line, mild, moderate, severe and profound cases. From 4 to 18 years of age they are for special education and above that they are given Vocational Training and then put into rehabilitation projects.

10. **Average distance the children travel to attend the school.:** The distance is 25 km. from Naper city and about 25km. in the radius of the location in rural part. Hence we have two chartered buses which collects them from almost their doorstep.
11. **Details of the Community.:** The prevalence of mental disability is in all socio-economic sections of the society irrespective of cast creed, religion or economic status of the family. But for the sake of statistics about 45 percent are from poor class.
12. **Details of the support from the government.:** We take no financial support from government.
13. **Details of the staff employed.:**
- |                            |     |                               |
|----------------------------|-----|-------------------------------|
| a. Present co-ordinator    | 1 - | MSW                           |
| b. Special educator        | 5 - | DSE[ dipl. in mental retard.] |
| c. Vocational Trainer      | 1 - | DVT[ dipl. In V.T.]           |
| d. Cl.psychologist         | 1 - | M.A.                          |
| e. Physiotherapist         | 1 - | BPT                           |
| f. Assistant Teachers      | 8 - | of different qualifications   |
| g. Public Relation Officer | 1 - | B.Sc. with experience         |
| h. Office staff            | 4 - |                               |
| i. Helpers                 | 7 - |                               |
14. **Existing infrastructure facilities.** We have 5000 sq.ft. building on the plot of one acre. There is a kitchen and dinning hall. There are toilets but they are not sufficient in no. A special toilet block is to be constructed urgently.
15. **Expansion plan for the future.:** We need to go for the second phase of building construction.
- 7000 sq.ft. in second phase. -----Rs.37 lacs.
  - It will have therapy rooms, additional class rooms, administrative section, medical emergency room, music room, yoga room , staff
  - Quarters etc. We have to make play field and develop garden as well.
16. **No of other schools in the area.:** There is no special school in the radius of 30 km. There are offcours other ten schools in Nagpur city.
17. **Differences in the programmes provided by us and other schools.:** Ours is the only organisation which tries to answer the multi-dimensional problem of mental disability with multy faceted approach. We along with special education provide adjunct services of physiotherapy, Occupational therapy, speech therapy, music therapy, Cl. Psychology. We do parent training, parent counseling and sibling training programmes regularly and do not charge any fees for it. We provide rehabilitation services also. We have a Parent Relief Center , a original concept. This center is meant to provide relief to parents by providing intermittent short duration hostel facility for their mentally challenged ward.

### PART 3

18. **Objective of the project-short term[1—2years] long term[3-5yr]**The objective is to create a infrastructure in terms of physical and man power

support for the life of the mentally challenged children without the possibility of exploitation.

19. **Name, experience and education of project director.:** Dr.R.M.Uttarwar is the chairman and has done PhD in Chemistry. He is the parent of the mentally challenged child and is committed to the cause. He is a serving lecturer in Hislop College,Nagpur.Navin V Deshpande is the secretary and is B.Sc.LL.B. by qualifications. He has his own business of offset printing. The authority of running and taking decisions on day to day basis rest in him. The same team is running this project since its inception i.e. last 10 years. It is the self less commitment of this team that has brought this organisation to this present status.
20. **Details of planned operation of project. :** The project operation is based on sound planning with regard to curriculum of the individual mentally challenged child. This is monitored on weekly, fortnightly, monthly and quarterly basis. The money is spent very judiciously and only on the constitutional objectives of the organisation. The working philosophy is “ SHIVBHAVE JEEVSEVA”.
21. **Brief description of type of education provided.:** It is a individualistic pattern of special education followed and recommended by National Institute of Mentally Handicap, Secunderabad ,AP.Parent involvement in school operation.: Parents of mentally challenged children are involved in curriculum planning essentially to focus the objective. There help is taken in arranging public awareness meetings also.
22. **Source of our motivation .:** It is a humble effort to communicate to the All Mighty GOD through service to the godlike mentally challenged souls. In fact you do not need any special motivation to serve the noble cause of mental disability.
23. **Funds required and duration.:**
- 24.

i. A. Recurrent expenses :[In rupees]

Incremental Salaries to current staff members				
	Staff	No.	Amount	Total
A	Co-ordinator	1	2500	2500
B	special educator	5	2500	12500
C	vocational trainer	1	2500	2500
D	Assistant teacher	8	2000	16000
E	Cl.Psychologist	1	3000	3000
F	Physiotherapist	1	3000	3000
G	Office Staff	3	1500	4500
H	Aaya,peon,Cook	8	1000	8000
			Total	52000
Rs.52000/- x 12 months		Rs.6.24 lacs./ annual		

ii. B. Additional Staff required to improve services to current no of children.

A	Principal [ BMR degree]	1	6000	6000
B	Special educator	2	4500	9000
C	Music Teacher	1	4000	4000
D	Sports Teacher	1	4000	4000
E	Gardener	1	3000	3000
			Total	26000
Rs.26000/- x 12 months			Rs.3.12 lacs./ annually	

**Total in recurrent expense requirement per year - Rs.9.36 lacs.**  
**Duration of support required for-----5 years.**

Infrastructural needs [immediate]

Toilet @ Rs.600/- per sq.ft	500 sq.ft	Rs.3.00 lacs
Caretaker quarters 350 sq.ft. each	2 No	Rs.3.5 lacs
2 <sup>nd</sup> Phase of building Project [ in two years time] Class rooms [existing are temporary] Therapy rooms, administrative block etc. @ 500/-per sq.f	7000 sq.ft	Rs.37.00 lacs
Corpus-A amount is to be kept aside for the unforeseen financial crisis		Rs.50.00 lacs

25. **Funds requested from Asha -----**

**Rs.9.36 lacs. for 5 years.**

26. **Other sources of funds :**

We continue to seek financial support from philanthropic people and organisations in India. For some of the above needs in infrastructure we are talking to HHH,NY.

27. **How we plan to sustain. :**

We have been running this organisation for last ten years with the financial support of philanthropic people. We have small amount donors ranging from Rs.20/-per month to Rs.5000/- per month and the no.of such donors is more then 300 at present. *We try to expand donor base locally*

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