

Ashraya Site Visit September 2025

Date: September 20, 2025

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On Saturday, September 20, 2025, my father, MG Philipos, and I had the privilege of visiting **Ashraya**, a non-profit organization dedicated to supporting neurodivergent girls. We were welcomed by the facility's lead, Ms. Dolly, whose deep commitment to the children was evident from the moment we met.

Although most of the students had returned home for the weekend, we met a few of the remaining girls and their teachers in the main hall. The atmosphere was incredibly warm; the girls greeted us with radiant smiles, and their joy was infectious. Notably, one of the teachers we spoke with was an alumna of the program—a powerful testament to the long-term impact of Ashraya's work.

Following these introductions, Ms. Dolly gave us a comprehensive tour of the site. As we walked through the dining area, dormitories, kitchen, and the serene meditation room where the girls practice yoga, I was struck by how impeccably clean and well-organized every space was.

During our tour, Ms. Dolly spoke candidly about the socio-economic and cultural challenges these children face. She emphasized the critical importance of early intervention and the persistent social stigma surrounding neurodivergence. Often, parents try to navigate traditional school curriculums for as long as possible, only realizing later that their child needs a specialized environment. By that point, the window for the most effective early intervention has often closed.

I left deeply impressed by the vital work being done at Ashraya. In Ms. Dolly, I saw a capable, compassionate leader who cares profoundly for the well-being of every child under her care. I look forward to visiting Ashraya again on my future trips to India.

Attaching pictures from our trip



Ms Dolly, My father and I



Meditation Room

Other pictures:





