



Shristi Special Academy®

Regd. Off : MIG-71, V Main,
I Cross, KHB Colony, II Stage,
Basaveshwaranagar,
Bangalore - 560 079, Karnataka, India
Phone : 080-23204875
E-mail : info@shristi-special-academy.org

Campus : Sy.20, Jattipalya,
Channenahalli, 20th Km,
Off. Magadi Road,
Bangalore South Taluk - 562 130
Phone : 28430524
Website : www.shristi-special-academy.org

25 January 2007

To,
The Secretary
Asha for Education – Austin Chapter
5200 N. Lamar Blvd,
H202, Austin,
TX 78751.

Proposed Plan and Budget for Vocational Training facility for Mentally Challenged and Developmentally Disabled Individuals (2006 June-2007 May)

Location of the project: **Sy. 20, Jattipalya,**
Channenahalli, 20th Km,
Off Magadi Road,
Bangalore South Taluk 562130
Telephone No: 080-28430524

Name of Organization: Shristi Special Academy

Introduction: Shristi Special Academy is a Registered Charitable Society dedicated to providing services to the mentally challenged and autistic individuals. Its main objectives are to foster independence in them and acceptance in the community. At present, the Academy operates three units for Vocational Habilitation namely Prevocational Training Centre, Vocational Training facility and Sheltered Workshop. These three units have been operating since 1996.

The need to develop a programme best suitable for persons with mentally retarded is a long awaited one. Statistics roughly calculated report that there are over 70 lakhs adults in a population of 170 lakhs of persons with Intellectual Challenges in our country. It is approximated that 3000 adults are currently receiving training at 16 vocational rehabilitation centres and 200 NGO's in India. These individuals do not pass through the process of trainee to an employee, hence remain as trainees, so the expected transformation in their quality of life has not taken place yet.

In the year 1996 Shristi after considerable preparatory work setup a realistic model on a small scale. The curriculum was designed with the objective, the ultimate aim of habilitation services to the persons with Intellectual Challenges being employability and Independent living in the community at large.



Shristi Special Academy

Dhruthi the vocational habilitation centre of Shristi special Academy

Habilitation work at the centre with the intellectually challenged is a systematic training that would enable a person to fit into an appropriate job slot in their life. The success of the individual lies in individual's support at home, work and community. Families can play an important part to support individuals to achieve their goals and dreams.

At Dhruthi we provide vocational training for individuals with Intellectual Challenges with associative disorders of age above 16 years before which they go through pre-vocational training.

At pre-vocational unit individuals between 14 yrs to 16 yrs are given systematic and technically designed curriculum by which an individual acquires such skills and behaviors, which are necessary for a particular vocation.

We emphasize on pre-work training like knowledge and use of work tools. Work discipline basic work skill training in activity situation, orientation of workshop culture.

At vocational training, work readiness for placement as a worker. Independent living in the community. The sheltered workshop which is a production unit for self-sufficient of project and employment experience of individuals.

Sheltered workshop is the manufacturing unit where the individuals on completion of their training are placed in on the job and earn a stipend according to each one's capabilities.

At present training is provided in Screen Printing, Bookbinding-Hard & Spiral, Tailoring, Weaving, Preparation of Cleaning Materials (Phenyl & Soap oil), Stationary & Paper Products, Candle & Camphor Making, Envelope making, Areca Plate making.

Other than this, we train them in work place behaviors and life survival skills.

Apart from the skill training individuals are encouraged to participate in music, dance and sports activities.

In the coming academic year 2006-07, we have planned to expand the unit by increasing the number of beneficiaries from 32 to 80, introducing training in service oriented jobs and expanding training in production oriented trade skills. A new Production Unit that we propose is detailed below:



Shristi Special Academy

SETTING UP AN ORTHOPAEDIC CENTRE FOR PHYSICALLY CHALLENGED PERSON TO BRING THEM TO THE MAIN STREAM TO FIGHT FOR THEIR RIGHTS AND SHRISTI'S FUTURE SUSTAINABILITY.

The expansion of Production oriented trade skill involves improving the infrastructure and purchasing raw materials and ongoing support.

Sl No	Particulars	No of Items	Budget
1	Oven (for making moulds of appliances)	1	Rs. 45,000
2	Drilling machine	1	Rs. 7,000
3	Grinding machine	1	Rs. 5,000
4	Blow Lamp	10	Rs. 1500
5	Bench Wise set	6 set	Rs. 12,000
6	Zig Saw(for cutting raw materials)	1	Rs. 13,000
7	Tools & equipments Files – different sizes, Hacksaw Frame, Hammer, Screw driver, spanner etc	6 sets	Rs. 24,000
8	Raw materials - Aluminum, PVC, Fevicol, polypropylene sheets, POP powder, ethaplus, Leather, rexin, etc,	@ Rs.60,000/- per month	Rs. 60,000
9	Furnitures - Tables, chairs, stools		Rs. 30,000
10	Electrical Saw (Bang Saw machine)	1	Rs. 35,000
11	Parallel Bar	1	Rs. 5,000
12	Hand drill	1	Rs. 4,000
13	Building with basic storage – 20X30 feet @ Rs. 750 per sq ft	1	Rs.4,50,000
	Total		Rs 6,91,500

The ultimate aim of Dhruthi is employability, independent living and sustainability.



Shristi Special Academy

Budget for Honararium

Sl No	Multi-disciplinary team	No. of staff	Honararium monthly	Annual Expense \$
1	Technical Director	1	10,000	12,0000
2	Programme Co-ordinator	1	7500	90000
3	Special Instructors @ Rs.6000	2	12000	144000
4	Physiotherapist (@ Rs.250x 4 visits a month.	1	1000	12000
5	Occupational Therapist @ Rs.250 x 4 visits a month.	1	1000	12000
6	Speech Therapist @ Rs.250 x 4 visits a month.	1	1000	12000
7	Medical Social Worker @ Rs.250 x 4 visits a month	1	1000	12000
8	Clinical Psychologist @ Rs.250 x 4 visits a month.	1	1000	12000
9	Physician @ Rs.500 x once a month	1	500	6000
10	Attender	1	2500	30000
11	Machinery Service & Maintenance	1	2000	24000
12	Nutritional supplement	20	@Rs.500x12	10000
	Total			4,84,000

The Need:

- Due to the absence of Vocational Training facilities the number of adults in special schools have increased.
- The lifelong dependence of the children on parents due to the lack of meaningful adult services reflects clearly the need for Vocational Services.
- One of the major reasons why the training in service related jobs is essential is that, the open employment opportunities are many and the trainees can be placed easily.

Aim:

- The Ultimate aim of Vocational education is employability and independent living. There is a great need for age appropriate skills training, a systematic procedure leading students gradually from school to vocational training and employment. This Programme is targeted at intellectually impaired individuals with associative disorders of age above 16 years.



Shristi Special Academy

Objectives:

- The primary objective is to lead the Mentally Challenged and Autistic Individuals to self employment and self reliance and to provide employment opportunities for them.
- To Develop social & work skills through various training programs.
- To lead them to independent living, with appropriate and adequate mastery of life skills.
- To enhance services of the centre with newer trade skills.
- The ultimate goal is to enable those with better working capacities to move on to open employment after a period of re-orientation, work adjustment and preparation in the workshop.

Types of Service:

- Production work with intensive training
- Enhance Trainees' work habit & ability.
- Periodical progress assessment.
- Refer Trainees to other employment service.
- Social & recreation activities.
- Family work.

Scope of Service:

- To provide vocational assessment, and work skills training;
- To provide job matching and job coaching service;
- To provide vocational counseling service;
- To provide training on social skills, labour ordinances and occupational safety;
- To develop simulated work atmosphere and provide training and placement on weaving, Stationary & bookbinding, Paper products, Screen Printing, Candle Making, Tailoring and production of cleaning materials
- To provide simulated work atmosphere in service related jobs followed by on the job training
- Service Duration:
 - Depending on each individual's development, the service period varies from 1year to 3 years.
- Beneficiaries:150 (Mentally / Developmentally Challenged / Autistic / Down's syndrome)

Economic Strata: Below Poverty Line, Middle Class, Upper Middle Class

Project work plan

The Ultimate aim of habilitation services to the persons with Mental Retardation is Employability and Independent Living. It is achieved through planned curriculum for vocational Education.



Shristi Special Academy

Curriculum for Vocational Education:

It is a systematic organization of instructional content designed to provide students with a sequence of meaningful vocational and related activities conducted by an agency for the benefit of the student for an economically useful vocation.

The Curriculum for Vocational Training consists of I) Skill Training which includes Training in service oriented Jobs and Training in Production related trades II) Training in adult independent living skills.

Other facilities offered to the beneficiaries are:

Resource materials **	Tools & Equipment, Machinery, Stationary, Recording sheets, Audio-visual aids, etc.,
Transport facility ***	Transport facility provided to pick and drop beneficiaries from their home, Outings-field trips ,Sales and exhibition
Medical facility ****	Medicines, Medical screening/ Investigations, Physio-therapy, Any other special treatment, family counseling, adolescent and adult counselling.
Nutritional supplement *****	Breakfast, Lunch, milk, fruits, snacks, juice, other complementary nutritional supplement-need based etc., Birthday celebrations, etc.

Monitoring & Evaluation

- The impact of the project will be monitored using quantitative and qualitative indices.

The quantitative indices will include:

- No. of individuals availing vocational Training services by age.
- No. of individuals enrolled from rural areas.
- No. of individuals achieved suitable vocational skill and independent living skills
- No. of individuals showing improvement as verified from parents and assessment by Vocational Counselor and Vocational Instructors/other team members

The qualitative analysis will include an individualized assessment, Training, monitoring and review sequence as follows:

- Assessment of child using Task analysis of each skill by Vocational Educator, Vocational Counselor etc.
- Planning of specific intervention involving Adult independent living skills and mastery of chosen vocational skills both service and production oriented.
- Quarterly assessment against initial assessment and follow up on vocational Task performance assessment.
- Annual review by parents, Vocational Counselor/psychologist/Developmental Therapist (multi-disciplinary team).



Shristi Special Academy

Reporting

Quarterly reports with Photographs will be sent on Utilization of funds and the improvement of beneficiaries in the Academy and the Production Unit. Reports on monitoring and evaluation reports on overall progress of the project work plan will be sent.

REFERENCES ADDRESS, TELEPHONE NOS. & E-MAIL


Mr. Hariharan .S
Senior Vice President, Infrastructure,
i-flex solutions ltd.,
399, Subhash Road,
Vile Parle,
Mumbai-400 057.
Ph: 09819857971
E-mail : S.hariharan@iflexsolutions.com

Mr. V.S Ravindra
Motorola India Electronics Pvt. Ltd.,
No.66/1, Plot No.5,
Bagmane Techpark,
C.V.Raman Nagar Post,
Bangalore-560 093.
Ph: 9844038345
E-mail: ravindra@motorola.com

Mr. B.R. Ramaprasad
Heart & Hand for the Handicapped,
P.O.Box 520230,
Flushing,
New York 11352.
USA
Ph: 908 647 3056
E-mail: br.ramaprasad@verizon.net

Dr. Manohari S.M
Department of Psychiatrist
St.John's Medical College & Hospital
Hosur Road,
Bangalore.

Dr. Ashok. M.V
Child Guidance Clinic,
St. John's Medical College & Hospital
Hosur Road,
Bangalore.
Ph: 9945561733
E-mail: mysoreashok@hotmail.com


Ms. Suchita Somashekaraiah
Co-Founder/Secretary