## ANNUAL REPORT FOR THE YEAR 2005-06

### Introduction

Shristi Special Academy is a Registered Charitable Society, founded in June 1995 by three Special educators. Shristi partners with the Mentally Challenged and Autistic to foster independence in them and acceptance in the community.

Shristi reaches out to all age groups from infancy to adulthood through a continuum of programmes. The services are provided at two locations: Basaveswarnagar and Channenahalli, off Magadi Road in Bangalore Rural. At present, Shristi reaches out to 112 Mentally Challenged and Autistic individuals at its two campuses and to another 36 normal children through its Balwadi (preschool) for rural children.

Shristi works to enable the overall development and habilitation of children with mental handicaps using a scientifically designed and child-centered curriculum. This is achieved using a holistic approach aimed at overall development — mental, physical, and emotional and hence the services offered include habilitation training, transportation, nutritional supplement (breakfast/ lunch and milk), medical screening, consultation and treatment and practical exposure to all individuals irrespective of their social and economic strata. This coupled with the underlying philosophy of providing intervention services with love, warm acceptance and positivity has resulted in many young children and individuals being integrated in normal setups - school and society.

Shristi has a multidisciplinary team of special educators, psychologist, and therapists (physio, speech and occupational) which works closely with the parents, medical specialists (neurologists/ pediatricians/ psychiatrists) and dieticians to set and achieve goals for the development of the child.

Shristi feels strongly that to make a difference in the lives of special children they need to be understood not only at the Academy but also at their homes and community. Home visits and parental involvement are hence, key aspects of its programmes. In addition, periodical Parent empowerment and counseling is provided through direct Parent interaction with leading professionals in different fields of work (nutritionists, family counsellors, speech therapists). Shristi also networks with Govt. agencies for securing benefits for the Mentally Challenged.

The Academic year 2005 – 2006 was a year of consolidation and yet a year where a variety of new initiatives and methodologies were made within Shristi and networking was strengthened with organizations and institutions in Bangalore. All the programmes including therapy services were well planned and organized. The focus of this report is to give an account of various programmes and initiatives of the academic year 2005-06.

#### **Services And Activities**

Saathi: The early interventions services cater to children aged 0-3yrs who are at risk or have developmental delays. The services offered are child centered and family oriented programmes provided by a multidisciplinary team of experts. Each child receives individualized intervention consisting of physiotherapy, occupational therapy, Speech and language therapy, special education focusing on the holistic development, paediatric assessments, psychosocial analysis and family interventions. Early intervention services include parent training and empowerment programmes, group therapy, play therapy, individual guidance and counseling.

Oro-motor and sensory integration techniques were introduced to help minimize sensory sensitivities and feeding problems. Children are referred to various Hospitals and organizations for the effective treatment and rehabilitation of the children. 11 Children received intervention and 2 were on home based programmes.

Chiguru pre-school inclusive education program

Chiguru a pre-school for rural children concentrates on infants and preschoolers coming from 5 villages surrounding Shristi campus namely Jattipalya, Channenahalli, Yelchaguppe, Giddedapalya and Honnangatti.

These economically and socially impoverished children were found to be further disadvantaged by the lack of an Aanganwadi facility (play school/crèche), improper food habits and lack of nutritious food, lack of health measures(hygiene), unfavorable environmental conditions (unstimulating environment), no playground facilities. These factors led to inadequate early learning experiences, causing early drop out rates from school even before the completion of secondary education, due to lack of a good foundation in pre-academics.

## **Special Education Services**

Children with mental retardation are assessed on current level of functioning in various skill areas such as self-help skills, gross and fine motor skills, functional reading and writing skills, time, money and related cognitive skills. Parents are involved in all stages of assessment, planning of an individualized educational program and implementation of the IEP.

Primary Unit age group 7-12 years

12 children were enrolled on a full time basis and they received the multi-disciplinary team intervention. New Programmes and Therapies which included craft, using of beads, rubber bands and semolina (rava) were taught to the children and different crafts to be used during festivals was taught and produced. To improve the fine and gross motor skills of the children Occupational Therapy and Physiotherapy were provided. A psycho-educational programme was implemented to teach perceptual motor skills, gross motor skills, social skills and language skills. etc. Children in the unit showed improvement especially in domestic/ motor and Social Skills.

## Prakruti: Unit for Individuals with Autism

New Programmes, Therapies, Teaching Techniques, Skills and Aids were introduced. More emphasis was laid on Communication Skills through PECS and gestures. Social skills training were given to each child by creating a conducive environment. Group plays were conducted often, Behavior Shaping of the children was done using an eclectic approach. Advanced Pre-vocational skill, life skills and imitation skill training were taught. Massage (sensory therapy) was administered on few of our children. Each and every child has improved commendably in the skill area mentioned. Regular parent meetings and counseling sessions helped in planning IEP effectively for the holistic development of the children. There were 16 children who were on regular basis and 3 children on home based programmes.

# Prayathna: Unit for individuals with Severe Intellectual Challenges and Multiple Disabilities

This programme is specially designed to provide exclusive habilitation therapy to children with Severe Mental Retardation. It mainly focuses on improving self-care skills, language and communication skills and appropriate social behavioral skills to the best of each child's ability. Emphasis is also given on recreation & leisure time activities to ease the burden of the care givers / family members and to improve their quality of life.

This unit has 12 children enrolled full-time and it focused on improving various skills like Social, Language and Communication, Cognitive, Self Help, Domestic, imitating. Children were also taught Spiral binding and paper bag making. Most of these children went through regular Physiotherapy, Occupational therapy and Speech therapy. 8 children from the unit were under regular medical treatment for different conditions like seizures, hyperactivity, etc. Teachers along with the Social worker visited the houses of few of the children. During the academic year regular parents meetings were held. A picnic to visit some of the Historical places was organized. Our children represented Shristi at a sports meet held at Rajajinagar Youth Club. Social functions like Independence Day, birthday's etc were celebrated.

Teachers of the unit participated in the Pulse Polio Programme and one of the teachers attended a three month course on Disability management.

## Project Dhruthi

## a. Pre-Vocational Training Unit

Pre-Vocational Training is, systematic training, by which an individual acquires such skills and behaviors which are necessary for a particular vocation. At present there are 12 children in this unit, 3 girls and 9 boys. New programmes and therapies like speech, Physiotherapy, Occupational therapy were administered to the children. Home based programmes, parent training programmes; street plays were common activities which were carried.

Motor, Functional Academics, Communication, Social, Domestic, Pre-vocational and Self help skills were part of the curriculum. Crafts, dance, songs, skits, out and indoor games, story telling were different activities that the children enjoyed.

Regular parents meetings were held; it helped in understanding the child's condition and in dealing effectively with the problems arising out of these conditions.

### b. Vocational Training

Individuals who obtain maximum mastery in the Pre-Vocational Unit are promoted to the Vocational Training facility where they master a particular type of trade or Vocational skill.

The Ultimate aim of Vocational education is employability and independent living. There is a great need for age appropriate skills training, a systematic procedure leading students gradually from school to vocational training and employment. This Programme is targeted at intellectually impaired individuals with associative disorders of age above 16 years.

Vocational Training Programme imparts training to the adolescent and adult mentally handicapped clients in various work skills and develops their work readiness so that they can work either in sheltered employment which may be transitional or long term, or could be placed in open employment in the community, so that they can work independently and lead an independent life in the community.

During the academic year children were trained in various skills like Personal, Communication, Trade Skills, Social, and Functional Academics. A field trip was arranged to Surya Industries, a candle making factory.

## **Production Oriented Trades (Proposed for expansion)**

- 1. Screen Printing
- 2. Bookbinding-Hard & Spiral
- 3. Tailoring
- 4. Weaving
- 5. Preparation of Cleaning Materials (Phenyl & Soap oil)
- 6. Stationery & Paper Products
- 7. Candle & Camphor Making
- 8. Envelope making
- 9. Areca Plate making

## Adult Living Skills (for all beneficiaries)

- 1. Basic Academics
- 2. Work place behavior
- 3. Employability
- 4. Sex Education
- 5. Self-Advocacy

## C. Sheltered Workshop (on-the-job training)

Preparation for work-life is the training imparted in the Sheltered Workshop unit. The various skills taught are Book binding, Candle making, Screen printing, phenyl and liquid soap making, envelope making, areca plate, and tailoring.

In addition to the internship in specific trades identified as suitable for each individual, Group Psychotherapy is conducted once a week. These sessions have improved self awareness, communication skills and confidence and had positive effects on personality building. There were 18 children in the Sheltered Workshop Unit supervised by four faculty members. An important step ahead was that one student took the Sub Divisional Clerk examination and another attended a two months beautician course as a preliminary step to working as an assistant.

The unit gets regular orders from Corporate Organizations, households and others and also organizes special sales during festivals. . .

#### The Client list includes:

Sapient (cloth gift bags and spiral books); Titan Industries (paper bags); First Step Nursery (files); Inner Wheel Club Bangalore North (cloth bags); Thomson Financial (greeting cards)

Proactive Net (jute bags); Air France (diyas); Cisco Systems (jute bags); Himalaya Healthcare floating candles; Optrimetrix Solutions Pvt. Ltd.(diyas); Infant Jesus College of Physiotherapy (candles); National Academy For Learning (candles).

Diwali and Christmas sales were held at : Motorola, Accenture, Tata Consulting Services; Pragathi nursery school at Vijayanagar; i-flex solutions; Progeon; Sapient; Pivitol Systems; Misys Healthcare; Nandi Gardens Apartments, JP Nagar.

Shristi supplies Spiral Notebooks on a regular basis to HP India and Sapient and phenyl to Banjara Academy and many households.

#### THERAPEUTIC SERVICES

#### Physiotherapy services

Physiotherapy plays a vital role in the habilitation process of the intellectually challenged.

The various conditions of the children undergoing therapy are Cerebral palsy; Developmental Mile stones Delay, Down Syndrome, multiple disorders (Prayathna -Respite Care), Autistic children and children with ADHD.

**Problem Areas (Psychomotor):** Delayed milestones, Muscle and joint Contractures, Loss of Balance, Lack of co-ordination, Fine Motor and Gross Motor Disturbances, Gait Disturbances, Poor Posture.

#### Occupational Therapy services

52 of Shristi Children were provided specialized Occupational therapy during the Academic year.

#### Speech Therapy services

Speech Therapist Mr. Pranesh Rao with the help of his students assessed and conducted the therapies for children requiring Speech Therapy on all Thursdays. He also trained our teachers in speech therapy, gave guidelines pertaining to each child's problem which the teachers followed aptly in their respective units.

## Medical intervention

Shristi networks with prestigious hospitals like St. John's Medical College Hospital, National Institute of Mental Health and Neuro Science (NIMHANS), Manipal Hospital and M.S. Ramaiah Hospital for regular

screening of the children and Specialist Services such as Psychiatry, Neurology, Paediatric consultation and Genetic Counselling.

We have associated with MS Ramaiah Hospital for provision of Free Medical Insurance to the economically poor children and for conducting community health camps. Twenty five children from Shristi have got free medical insurance and the steps have been taken to start medical camps.

## **Nutritional intervention**

In order to keep the children healthy physically, nutritious food, i.e. Breakfast, Lunch, Tea and snacks are provided to every child in the school.

Shristi is networking with VHD Central Institute of Home Science for planning the nutritional programme. During the academic year two P.G. Students conducted awareness programmes on Health for the mothers of Chiguru Pre-School group.

## Counseling and guidance

As part of the rehabilitation programme, regular counseling and guidance sessions were held for the children and their parents. Through these sessions, parents are supported and empowered in dealing with various problems which hinder the normal functioning of the family. Directors, Psychologist, Medical Social worker and administrators are actively involved in the process.

## Home visits and Home Based Programmes

Home visits are an integral part of the Rehabilitation process. It helps in understanding the client's home environment, collateral contacts of the client and to study the Psycho-Social and Economic status of children. Shristi's Medical Social Worker visited many of the children's homes and documented the reports of these visits.

## Home based programmes:

Home-based programmes are provided to help parents who cannot send their children with disabilities to Shristi regularly due to location or other factors. During these programmes, the parents are trained in various skills so as to carry out the same at home. Parents, of children with different problems like Autism, Mental Retardation, Cerebral Palsy, and Speech Delay attended this programme.

Activities carried out and the interventions programmes undertaken for each child were,

- 1. Intake
- 2. Assessment
- 3. Psychotherapy
- 4. Physiotherapy
- 5. Occupational Therapy
- 6. Counseling
- 7. Speech Therapy

## Parent Empowerment Programmes

One of the major achievements of this academic year was the initiation of ongoing Parent Training Programmes which were comprehensive and need based.

Parent Orientation programme cum get-together for parents was followed by a Graduation Ceremony on 10th December, 2005. 52 Parents attended the programme. Certificates were issued to 13 students who completed the Sheltered Workshop internship successfully and are ready to go for open employment.

Parents Training Programme on Adolescent Behaviour was conducted on 24-01-06 by Dr. Manohari, Professor, Psychiatry, St. .John's Medical College & Hospital.

Parent Skill Building Training (for parents of children in Early Intervention, Primary and Respite Care programmes) was conducted on 11-02-06. It was on 'Activities of Daily Living' and it was followed by a Parent Training Questionnaire to assess needs.

One week Intensive Parent Training Programme was conducted on different topics from April 3 to April 7, 2006. Eminent persons from reputed institutions were the resource persons. The details of the programme is listed below,

SI No.	Resource Person	Topics
1	Dr. Sayee Rajangam,	Medical Aspects of intellectual Challenges, CP,
	Dept. Of Genetics, St. John's	DS, Develop. Delay
	Medical College.	
2	Dr. Patil S. J.	Childhood Illness, Allergies and Dental
	Dept. of Paediatrics, M.S. Ramaiah	problems
	Teaching Hospital	
3	Dr. Ashok	Behavioural Needs, Problems, Coping
	Dept. of Psychiatry, St. John's	Strategies
	Medical College Hospital	
4	Ms. Suchita Somashekariah	Transfer of learnt skills to reality
	Tech. Director, SSA	March Charles Constant Constant Constant Constant
5	Prof. Venkatesh , KPAMRC	Acts, Rights and benefits for people with
,		intellectually challenges and Autism
6	Dr. Ahmed, Physiotherapist, SSA	Physiotherapy, Fine Motor skills
7	Mr. Pranesh Rao	Speech Therapy and Communication
8	Ms. Kokila, Occupational Therapist,	Occupational Therapy, Recreational needs,
	SSA	Domestic Skills
9	Mr. Louis Joseph, Programme	Cultural and Recreational Needs
	Manager, SSA	

## Sports, Arts and Cultural Competitions

During the academic year, the beneficiaries of SSA participated and won prizes in the following programs.

- Naveena of Respite Care unit attended the sports meet held at Rajajinagar Youth Club
- Deepak, Anushree, Minal, Ismail and Anil Kumar of Sheltered Workshop unit participated in the cultural programme organized by Sapient Corporation India Ltd.
- Vidhya Sagar participated in the Dance programme at Ravindra Kala Kshetra

#### Staff Training

During the year, the staff of SSA participated in several training programmes – external and internal:

- Ms. Puspalatha Sr. Teacher, Autism unit and Mr. Raghavendra Naik, Vocational Instructor attended a week long training programme at National Institute for the Mentally Handicapped, Secunderabad, Andhra Pradesh.
- Six teachers attended a bridge course on Disability and Management conducted by Mount Carmel College.
- Four teachers enrolled for Community based Rehabilitation course conducted by CBR Network.
- Three teachers attended a one-day programme at Marthoma Opportunity School
- Ms.Suchita attended a 5 day TEACCH workshop at Delhi. She also participated in a seminar organized by KPAMRC Bangalore.

The In-house Staff Training included the following:

SI	Resource person	Topic
1	Mr. Thyagarajan, H R	Communication

2	Dr. Pranesh Rao / Speech Therapist & Pathologist/Audiologist	Speech Therapy and its techniques
3.	Ms. Kokila /Occupational Therapist	Occupational Therapy and techniques
4.	Dr. Ahamed / Physiotherapist	Cerebral Palsy and its management
5.	Mr. Louis/Program Manager	Counseling skills
6.	Ms. Pushpalatha Sr. Special Educator/Autism	Behavior modifications techniques
7.	Gunashekar MSW and Mr. Louis	Vision, mission and objectives of the organization
8	MSW Students from St. Joseph's -Calicut	Causes of Mental Retardation and Down Syndrome.
9	Dr. Ali Khwaja / IIT / Counsellor & Trainer	Personality development
10	Dr. Usha & Dr. Venkatalakshmi	Nutrition and Human development
	Sr. Lecturers, Home Science College	
11	Mr. Ravindra, Motorola	Team building exercises
	Mr. Lakshminarayan, Medical Social Worker, M.S. Ramaiah Hospital	Case History taking and counseling skills.
12	Prem Seva Nagar, Narsapura, KGF	Team building, curriculum design and teaching
	and the second second second second second	strategies, vocational education and job
	Control of the second second	placement, current trends in special education.
13	Mrs. Indira Swaminathan, Specialist in	Making low cost teaching aids, Teaching
	Early Childhood Education	Methodologies, Techniques of Infant stimulation

## **Community Based Rehabilitation**

Surveys were carried out to identify individuals with Disabilities. Physically challenged, Hearing impaired and visually challenged individuals were referred to hospitals and institutions for different therapy services. Mentally challenged and Autistic individuals were referred to the school for habilitation services.

We have covered 5 villages through these surveys i.e. Honnanahatti, Giddadapalya, Chennanahalli Jettipalya and Tavarakere. We have identified around 50 persons with various types of disability and now plan to introduce a full fledged project. 3 persons with loco-motor disability were referred for employment.

On World Disabled Day, Dec 3<sup>rd</sup> 2005, Shristi's team reached out the rural communities through a street play and songs about social awareness at Honnanaghatti and Yelchaguppe.

Friday Clinics have been organized in association with the Tavarekere Primary Health Centre(PHC). Beginning 17-03-06, screening, evaluation and intervention is being done for all types of disabilities by a multi- disciplinary team from Shristi.

The Pulse Polio Programme on April 9-11, 2006 was a huge task undertaken in collaboration with the Tavarakere PHC. Pulse Polio programme is a national programme to eliminate Polio in the country. 23 staff members of Shristi Special Academy coordinated with the staff of Taverekere PHC and participated in the three days Pulse Polio Programme as volunteers. The staff vaccinated hundreds of children in the respective booths at different villages namely Taverekere, Channenahalli, Jettipalya, Giddadapalya, Yelachaguppe, Chikkannahalli, Sabrupalya, Cholanayakanahalli, Kaveri Bande, Deva Machohalli, Ganapathihalli, and Varthur. Many of our staff were taken in mobile vans to vaccinate children in the playgrounds, streets, Quarries, far away villages and to inaccessible places were there is no transport facility.

## **VISITORS**

# Programmes and Partnerships with Corporate Organizations

- On the occasion of World Environment Day a skit was performed by the children and a sale of products of the vocational unit was organised at The Taj West End
- Motorola Inaugurated the Speech therapy & audiology equipment sponsored by them
- Sapient sponsored a Day Out for 50 children at their unit at Whitefield. The children enjoyed going
  around the office and interacting with the employees. The children presented a cultural programme
  and in turn were entertained by the employees. They had a special lunch and enjoyed games and
  received a small gift at the end of the day. It was a wonderfully heartwarming event.
- Three teams from Cisco Systems accompanied the children to resorts, as part of their Day Of Service Activity, a highly enjoyable event for all of them
- Volunteers from Sapient made Independence day special by participating in the event
- Cisco organized IT Habba at The Leela Palace. The children of Shristi presented a dance and a sale
  of products made by the children at Shristi was organized. Ms. Suchita made a presentation of Shristi.
- The children of Shristi performed a dance on the occasion of Tata Consulting Engineers Annual Day Programme.

#### **Visitors**

Shristi had numerous visitors from Triton, Tata Tea, Cisco Systems, Motorola, HP, i-flex solutions, Progeon, as also from supporting organizations such as Asha, Asha UIUC, Vibha, Volunteers from Motorola visited the main centre and interacted with the children. Other visitors included those from Accenture, i-flex solutions, Inner Wheel Club of Bangalore, Cisco Systems, Thomson Financial, Intel,

# Visits by Peer Organizations and Experts

- Two Special Educators from Holy Cross College, Trichy were placed at Shristi for a month of training.
- 25 trainees from NIMHANS and their Professors came on a field visit and interacted with the students
- Special Educators from Vatsalya Special School visited to see the physiotherapy and occupational therapy units
- Dr.Ranganath from NIMHANS was invited to visit Shristi to give his expert comments on the Vocational unit and sheltered workshop
- Dr.Patil, Paediatrician from M.S.Ramaiah Hospital visited Shristi for an orientation as part of our partnership with them for the programme on Community Based Rehabilitation.

## Media Coverage

Ms. Suchita was interviewed by Doordarshan, to do a presentation on Shristi.

Ms.Latha Pai shot a documentary film on Shristi as part of her series on Mental Retardation. Ms.Sharon Watts was featured on the programme Karmayogi aired on FM Radio.

## Bhoomi Pooja

On March 16<sup>th</sup>, the Bhoomi Pooja at the new site leased to Shristi at Nagarbhavi was performed by Ms. Suchita and the Committee.

# Special Olympics and other Celebrations

- The children participated in Special Olympics and a programme organized by the Department of Welfare for the Disabled.
- Vidyasagar, a student of the Primary Group took part in the cultural programme.
- Teachers Day celebrations were celebrated by Rotary club Of Bangalore Highgrounds at the campus. They honoured all the teachers with a rose and a small gift. Inner Wheel Club of Bangalore north honoured three senior teachers at Robano Hospital hall. October 2005

- A Xmas bonanza was organized by Friendship Foundation, which was attended by 25 children. They had fun and games and thoroughly enjoyed themselves.
- Shristi had it's special Christmas party for the children. We were joined by volunteers from Indian
  Church of Christ led by David and Monica Noronha who sang carols and enacted the scenes
  form the Nativity. Progeon volunteers and a few friends of Shristi joined in the fun.
- During the academic year we celebrated the birth days of all the children in a grand style by having special lunch on these days. For many children it is the only celebration and staff and volunteers tried to make it as joyous as possible.

Annual Sports Day: Our sports day was on 17th September 2005. The chief guest for the programme was Shri. Mariswamy. S, Director General of Police, Commandant General Home Guards. The event started with lighting of the torch, followed by inauguration and speech by the Chief Guest then different events were held. The event concluded with the distribution of prizes

Annual Day

4<sup>th</sup> March 2006 was an eventful day in the history of Shristi special Academy. It was our 11<sup>th</sup> Annual day and Shristi gave away the Social Excellence awards to various organizations, corporate personnel, parents of our children, etc. for their contributions towards the growth of Shristi. The Chief Guest for the programme was Mr. Ramachandra Gowda, The Honorable Minister of State for Science & Technology and Planning, Initially the programme started with a prayer song and went on with other programmes like dance, skit and the awards distribution ceremony.

# PROJECT SAKHRIYA FOR VOLUNTEERISM

19 volunteers signed up for doing volunteer work at Shristi. Of these, Anil Kumar, Neha Toshniwal, Deepak MVS and Mohana were regular. They assisted in teaching children functional academics, music and games and helped in various administrative jobs.

Apart from these we had scores of volunteers who signed up from MNC'S like Cisco Systems, Progeon, Sapient, HP, Accenture etc. They visited the campus on event days and working Saturdays and spent time in entertaining the children, painting the campus, taking children for picnics, making teaching aids and in tutoring students.

The Volunteer Mentors dedicated their time to building awareness about the activities of Shristi, in getting more volunteers to sign up and in getting child sponsors for nutrition, medication and therapy. They also contributed ideas and their time for training staff.

#### Sponsors:

- ♣ Accenture
- \* Anandasharam
- ♣ Asha for Education
- ♣ Asha –Urbana Champiagn
- \* A.S.Cargo Movers Pvt. Ltd.,
- Bank of India
- Charities Aid Foundation
- ♣ Cisco Systems
- \* Fibro Reinforced Plastic Ltd.,
- Heart and Hand for the Handicapped
- ♣ Hewlett Packard
- ♣ i-flex solutions
- Inner Wheel Club of Bangalore North
- ♣ Manikya Foundation
- Motorola
- Siksha Training & Development Ltd.,

- \* Talisma Corporation Pvt. Ltd.,
- United Way of Mumbai
- ♣ Vibha-Help Them Grow

#### Conclusion

The Year was an extremely productive and eventful one with new initiatives, directions and growth. In the next year, Shristi plans **SHRISTI'S VISION 2008** Shristi Special Academy envisages to be the toprated institute in India for holistic care of mentally challenged individuals by the year 2008.

Shristi will endeavour to achieve this vision through efforts of its employees, networking with individuals & organizations, sharing and disseminating information, and undertaking activities related to its cause. The following tasks have been outlined for Shristi for the next five years (2003-2008), in enabling it to achieve its vision.

- \* To complete construction of the academy's building at Channenahalli
- \* To cater to a larger number of individuals with special needs through rehabilitation care
- To start community-based rehabilitation projects, viz. dispensary for the surrounding village community, school for girls etc.
- To establish cross disability sheltered workshop (An Italian model), where the beneficiaries will be employed
- \* To create a community living setup for disabled individuals
- ♣ To establish a co-operative society for their benefit
- \* To shape the educational & training direction into completely need-based programmes, with latest technical inputs and equipment
- \* To setup a training institute of manpower for creating availability of personnel
- \* To provide appropriate equipment for the units to enhance the services.
- \* Expansion of our services at Channenahalli to provide Early intervention and stimulation services and a Research and Training Institute in addition to its habilitation programme for Autism and ADHD, Respite care and the Vocational, Pre-vocational Training unit and Sheltered Workshop.
- Upgrade equipment in the units to enhance services, Increase awareness about Autism and Mental Retardation, prevention and habilitation.
- \* Acquire land for expansion programs.

We are sorry, if we have missed out names of any individuals/corporates for your support as there are too many to listdown. Thanks to each one of you. Our Sincere apologies for the delay in sending you the Annual Report.

Shristi Team