

## RURAL DEVELOPMENT TRUST

### PROPOSED ACTIVITIES for 2023-2024

#### Introduction

RURAL Development Trust (RDT) is a registered nongovernmental organization, which has been working with people in need for 31 years in Chengalpattu District. RDT covers 4 blocks namely Thiruporur, Thirukazhukuntram, St.Thomas Mount and Kattankulathur in the District. RDT began its intervention with Children, Women and Unorganized workers from the inception. RDT witnessed multifarious factors that affect the development of the targeted population and engineered numerous activities to mitigate the harsh realities. Providing education and offering placements are the two mechanisms of RDT to empower the targeted population in the District. The persistent action and the involvement of the team members create significant and incredible changes in the life of the Children and women and they are able to lead a successful life with the handholding experiences of RDT.

RDT in its development milestones finds transformations in individuals as well as families. All the activities in the organization are value driven which navigate new ways to empower the targeted population. The past interventions are the true guideposts to measure the impact of the programs. Children from different background have been motivated and today we are able to see the most of the children in different institutions with flying colors. The drive force of the organization catalyzes transformation and the less privileged improve their standard of living.

The present proposal is designed out of the experiences that we collected from the field. This includes the Children belonging to tribal, unorganized work force and migrant community. RDT takes efforts to empower disabled children too in the current financial year. RDT focuses on girl children and women too. Most of the activities are planned for the children below 18 years of age. The proposed activities will try to establish equality in the society. The innovative programs planned in the organization will be systematically implemented with the support of team members and the volunteers. These activities planned in different levels will support **2289 individuals** who are spread widely in 4 blocks in the District.

RDT also records its humble thanks to the members in ASHA. The selfless services of ASHA is the role model in the organization and all the credits go to the efforts put for us to devise various activities in our organization for the welfare of children and women.

## Targeted population in 2023-2024

SL.NO	TYPE OF CATEGORY	No of centers	NUMBER OF BENEFICIARIES
1.	Education Activity Centre(Tuition Centre)	20	566
2.	Activity Centre for disabled Children	03	030
3.	Financial Support to students in Higher Education		060
4.	Financial support to the children of parentless and Single parents		200
5.	FINANCIAL Support to Disabled children in Schools		010
6.	Nutrition intake Centers	03	044
7.	Special School for Migrant Children	01	016
8.	Special Coaching for the children who appear for Public Examination		015
9.	Aid to the Students who are in Rural Government Schools	10	925
10.	Aid to the Day Care centers run by the Government for Tribal Community	05	100
11.	Dance Class	01	020
12.	Bicycles for tribal Girl Children of parentless and Single parents		003
13.	Computer Training	01	180
14.	Tailoring	01	080
15.	Livelihood Support for parents of Disabled Children	01	010
16.	Awareness programs and Life skill training		30
	<b>TOTAL</b>	<b>46</b>	<b>2289</b>

## Proposed Activities

### 1. Education Activity Centre (Tuition Centre)

Education Activity Centers were created in RDT in order to provide academic support to the children of Tribal, migrant and unorganized workers community. Most of the parents are daily wage earners and illiterates. This activity strengthens the academic skill of the children who could not get any support to improve their education. Group study and peer learning play pivotal role in the centers. These centers are led by the teachers who have completed their graduations. These teachers are supported by volunteers in the centre. The volunteers also monitor the children and collect them from their houses. These activity centers function all the

days except Sunday. These centers start at 4.30 P.M immediately after the school. It closes at 7.00 P.M in the evening. There are 15 Education Activity centers and 5 activity centers. We give remuneration to only 15 teachers who are in the education activity centers. At present our intervention will support **566 Children in total**.

### **1.1. Distribution of Educational Materials**

Educational materials are most wanted things when children go to school. Most of the children get these very late, since their parents cannot afford to purchase all at one time. This need was identified by RDT and this was sorted out properly. All the children are given educational materials which would unload the burden of parents. Children are provided all the note books whenever there is necessary throughout the academic year. These materials will be distributed to all the children in the education activity centers, disability centers, migrant children and the students who are in the higher education. **882** children will benefit out of this activity.

### **1.2. Commemorations and Celebrations**

RDT imparts holistic development of the children. Children are reminded of the most important days, national and international days too. The important festivals are celebrated and patriotism is inculcated among all children through these festivals. Children also perform various cultural events in the celebrations.

### **1.3. Library**

RDT also promotes book reading and this habit is imparted through regular reading. All are encouraged to read books. It has been made obligatory to read some books.

## **2. Activity Center for Disabled children**

Activity center for Disabled children has been started recently for the welfare of disabled children. The purpose of the centers is to work with disabled children in an efficient manner. RDT proposes 3 centers namely Paiyanur, Karumbakkam and Hanumanthapuram. It has been planned to have **10 children in each center**. Some families have two or three disabled persons in the families. Some of them are mentally challenged too. The center will be facilitated by a special Educator who is skilled in handling the disabled community. We also plan to have a physiotherapist. Initially one special educator will go to 3 centers since one center functions two days in a week. There will be also a cook and Helper in every center.

### **2.1. Balanced Diet**

Children are given lunch which would balance the health status of the disabled population. They will be given Milk, Biscuit, Chick pea, bread, Banana and Juice too in order to balance their physical health.

## **2.2. Treatment and continuous Medical Check up**

Disabled children are constantly administered with health check and they are given proper treatment which would balance their equilibrium.

## **2.3. Mobilizing welfare Schemes**

Children will be supported with all kinds of supports provided by the state government. Pension and other government benefits are mobilized through the organization.

## **2.4. Travel support and cost for personal needs**

Children will be helped in their transportation. RDT will give some amount to reach the activity centre. It will support their parents in picking up and dropping the children.

Apart from this all the 30 children will be given Rs.500 for their personal needs like toiletry items, dresses and others in a year. This can be used for their personal medicines too.

## **3. Financial Support to students in Higher Education**

Some of the students who pursue their higher education find difficult and harsh situations to meet the expenses. These students go for work in the week end and some of them went for work only to meet the expenses in their education. RDT came across students who require the financial support to complete their higher education. RDT plans to support 20 college going students with Rs.3000. Of them 7 are in their third year, 4 are in Second year and 9 are in their first year. 20 Higher secondary course students with Rs.3000 and 20 Tenth Standard children with Rs.2000. Students use this amount for academic fees, examination fees, taking dresses and food expenses.

This support will unleash their potentials to come up well. Parents also feel that they get relieved of financial burdens which would affect their daily work.

## **4. Financial support to the children of parentless and Single parents**

Some of the children happen to lose their parents due to alcoholism, suicides, life threatening diseases and accidents. Most of the children do not have their parents and they belong to remote villages. They belong to tribal, Dalit, hair dressers, washer men, widows and people with diseases. Most of the families have more number of children. Once they lost their parents, they come under the custody of their Grandparents or relatives. This many a time mislead the

children in continuing their education. RDT came to know this and found a remedy to support them financially. RDT plans to support 200 children with Rs.200. RDT also will provide all kinds of educational materials.

#### **5. FINANCIAL Support to Disabled children in various Schools**

Disabled children need different support for their daily living. Most of the people live hands to mouth, which would lower their financial situation. RDT gives scholarship of Rs.3000 to 10 children who are in special schools. All the children were admitted in different schools by RDT. They are going for daily wages. Most of them are single parents. Parents are also unable to meet all the expenses. They will utilize the amount for paying academic fees and transportation.

#### **6. Nutrition intake Centers**

There are 3 Nutrition intake centers in Jeeva Nagar-Alathur, Kalaingar Nagar-Alathur and Kupathukuntram. Children were found with malnutrition and nutrition lack related diseases. RDT provides food for the children. Most of the children reside in temporary sheds. They are inaccessible to government ICDS centers. No private organizations work there. Most of the parents work in brick kilns and going for daily wages. As they leave for the work early, they are unable to care their children. They are also not in good condition to feed their children with nutritious food. In future, we may keep these centers as full time centers.

#### **7, Special School for Migrant Children**

Special School for migrant children has been a novel program in RDT. Many migrant families moved to **different places and children who were regular are coming to the school. There are 16 children** in the school. We supply notional food like chick pea and bread. A teacher who knows their language teaches the children. The school functions from 9.30 A.M to 4.30 P.M in the evening. RDT has been running this school for 10 years with the support of ASHA. Children from 1<sup>st</sup> standard to class VIII are in the school. They are taught 5 subjects. Children are given lunch in the noon. They are also given uniforms and all educational materials.

#### **8. Special Coaching for the children who appear for Public Examination**

RDT has identified **15 children** who are willing to appear for the public examination in the current financial year. They will be given special coaching in the subjects they have failed. Proper guidance will be provided and they will be motivated to appear for the examination. They will be supported to take up any study after the completion of this examination. A part time teacher is appointed for this activity.

#### **9. Aid to the Students who are in Rural Government Schools**

RDT is planning to support **10 Government schools** with different activities. Children from poor background are studying all the government schools. Most of the schools have poor infrastructure. Some of the schools do not have proper toilet facility, unsafe drinking water and so on. There are poor transport facilities, poor toilet facilities, and the poor ratio of teachers and students. RDT has adopted these schools and provided teachers and establishes infrastructure in the government schools. RDT has taken the inventories of the need and is going to take measures regarding these. This will support 925 children, who are educated in these schools. In the first phase 5 schools will be supported with drinking water, toilet facility, painting and distribution of sport and play materials, cooking utensils. Competitions will be conducted and prizes will be distributed. RDT also plans to teach computer education in all the schools. RDT also appoints teachers where it is necessary.

#### **10. Aid to the Day Care centers run by the Government for Tribal Community**

It was reported to RDT that **5 day care centers** run by government are not in good condition. Children are malnourished and they need nutrients to balance their diet. Those centers need play materials, Play materials and stationery items. Teachers who work here require ongoing training to be creative in preschool education.

#### **11. Dance Class**

RDT started the Dance class in 2022 and the response of this program is very positive. Now there are **20 children** who are very eager to learn this. Two hours in a week help the children learn the skill systematically. Tribal and children of daily wage earners come and learn the dance. They all are from the working villages of RDT. A professional trainer coaches the children.

#### **12. Bicycles for tribal Girl Children of parentless and single parents**

Mode of transport is very important when people reside in remote places. Most of the tribal people live in remote villages where we hardly find transport facility to reach. RDT plans to support **3 Girls** to get bicycles. This will help them reach the school on time.

#### **13. Computer Training**

The role of computer plays a prominent role in today's context. It is used in several fields and people who hold the certificate of it find multiple opportunities in working sectors. RDT has 15 personal computers in the office. RDT plans to provide the basic course for 180 children in the current financial year. We are planning to provide the course for 3 months. 45 children will complete the course within 3 months. We can cover **180 children and adults** within twelve months. Most of them do not get the facility and opportunity at free of cost. This program will

enable a greater number of children in computer literacy. They are given drinking water and learning materials.

#### **14. Tailoring course**

Tailoring is also one of the job offering courses in villages. Many women who remain as home makers find tailoring as one of the most important hobbies. RDT has provided this training to more than 400 women and find it very useful to employ women to bring income to their families. RDT plans to provide this training to 80 women in the current financial year. 20 women will complete the course within the duration of 3 months. In that case, RDT can provide this training to **80 women** in total.

#### **15. Livelihood Support for parents of Disabled Children**

Some of the parents of disabled children do not go for any work since their children need to be cared at home. One person's income does not support either. RDT has already taken the data of these people and plan to support them to start a business. RDT will support **5 women**. Their children are disabled and parents are supported. Since they are unable to go for any work, they are going to be supported. Ms.Valliyammal M/O Dharsini- mentally challenged from Paiyanur, Ms.Valli M/o Prithika- mentally challenged from venkileri, Mr.Sivasankaran, F/o Sivanya from hanumanthapuram, mentally retarded, Ms.Sanathi, D/o Santhiya(Locomotor) and Ms.Devi, M/O Priyatharsini, mentally retarded are going to be supported.

#### **16. Awareness programs and Life skill training**

RDT also works with Adolescents and provides various trainings to lead a successful life. Life skills are very important since they are exposed in various places. They are very fragile and need to be succumbed to threats. They also need to develop their personality and positive regard needs to be developed. **30 adolescents** will be made courageous. They are going to be given 2 days of training. They will be oriented to enrich their personality through habit formation and personality development skills.

#### **17. Training to the staff members**

Staff members are the anchors to carry out every activity in a systematic manner as per the proposed plan and budget. Their capacity will enable a great number of populations in all the working villages. RDT plans to provide **12 days of training** to the staff members in the financial year. Resource persons will be brought from the field of social work and they will be enabled through various sessions.

#### **18. Health related Activities**

Health is one of the most important basic needs of every citizen in the country. The present food habits bring numerous diseases and impair the health conditions of the people. RDT will organize **medical camp every month** and people will be guided to go for early diagnosis of their diseases. Prolonged illness conditions will be treated additionally. There are medical colleges which offer camps. RDT will identify the institutions and get their support to conduct camps. This will improve the health conditions of the people in our working villages.

### **19. Role of Staff and Volunteers**

Staff members are the back bone of the organization. All these activities will be coordinated by project Coordinator on the whole. The person will be supported by Assistant coordinators who would lead every program. There will be volunteers who would assist the team members to reach the villages. They will be the bridge to connect people and the organization.

### **Impacts and outcomes of the activities**

- 1. 566 children in Government Schools will be facilitated through Education Activity centers and they are guided positively to enter into higher education**
- 2. 30 disabled children in 3 centers are organized and the activities planned will be executed**
- 3. 60 students are directed to pursue their higher and school education despite their family background**
- 4. 200 children of parentless and single parents are financially supported and they are never allowed for becoming drop outs.**
- 5. 10 disabled children are supported financially to pursue their school education**
- 6. 44 Children under the age of 5 years will be supported through nutrition intake centre run by RDT**
- 7. 16 migrant children will be guided to complete their school education through the special school.**
- 8. 15 children will be guided to appear for the public examination to continue their education**
- 9. 925 students will be benefitted out of different programs conducted by RDT. Competitions will enable the children**
- 10. 100 children will be monitored and their health condition will be improved through the intervention of RDT**
- 11. 20 children will be enabled through dances and they will be directed to perform in different stages outside**
- 12. 3 Tribal Girl children will be given Bicycles and they will move around freely**
- 13. 180 children will be are given computer literacy**
- 14. 80 women are empowered through tailoring**

**15. 5 women will be supported through livelihood program**

**16. 12 days training to the staff have increased their capacity**

**17. 12 camps are conducted successfully. People with major diseases are taken to hospitals.**

**18. 30 Adolescent girls are given awareness**

**19. Survey of unorganized workers are collected**

## **Conclusion**

RDT along with its team members and volunteers has worked out a plan of action in working with children, Adolescents and women. The organization reads the signs of the time and plans the activities which would bear fruits. The coordinated effort of the team members and volunteers finds various changes in the life of the beneficiaries. RDT wishes to thank ASHA for partnering with RDT in order to bring key results in all the working villages. We have also planned the proposed budget, considering the present economic situation. We do promise that we will do the works proactively and create transformation in the working population in the district.

**PROPOSED BUDGET FOR THE YEAR 2023-2024**

SL.NO	PARTICULARS	AMOUNT IN RUPEES
<b>1</b>	<b>Education Activity Centre</b>	
	Salary for teachers Rs.2000 X 15 persons X 12 months	<b>360000</b>
	Educational materials 882 children X Rs.200	<b>176400</b>
	<b>Sub Total -1</b>	<b>536400</b>
<b>2</b>	<b>Activity Center for Disabled children</b>	
	Balanced Diet	
	HanumanthaPuram 10 Disabled Children X Rs.20 X 96 days	<b>19200</b>
	Paiyanur 10 Disabled Children X Rs.20 X 96 days	<b>19200</b>
	Karumbakkam 10 Disabled Children X Rs.20 X 96 days	<b>19200</b>
	Treatment, First Aid box and Medical Checkup 30 Children X 1200	<b>36000</b>
	Travel Allowance for 30 children Rs.80 X 12 months	<b>28800</b>
	Salary for Special Educator Rs.10000 X 12 months	<b>120000</b>
	Salary for Physiotherapist Rs.12000 X 12 months	<b>144000</b>
	Salary for 3 helpers Rs.1000 X 12 months	<b>36000</b>
	<b>Subtotal-2</b>	<b>422400</b>
<b>3</b>	<b>Financial Support to students in Higher Education</b>	
	College Going Students Rs.3000 X20 Students	60000
	Higher Secondary course children Rs.3000 X 20 Children	60000
	10 <sup>th</sup> Standard children Rs. 2000 X 20 Children	40000
	<b>Sub Total-3</b>	<b>160000</b>
<b>4</b>	<b>Financial support to the children of parentless and Single parents</b>	
	Educational Materials, Toiletry items and School fee for 200 Children X Rs.200	<b>40000</b>
<b>5</b>	FINANCIAL Support to Disabled children in various Schools 10 Children X Rs.3000	<b>30000</b>
<b>6</b>	<b>Nutrition in take Centers</b>	
	<b>Distribution of play materials to 5 Day care centers X Rs.2000</b>	<b>10000</b>
	Food for 44 tribal Children X Rs.10 X 220 days	<b>96800</b>
	<b>Sub Total-6</b>	<b>1, 06,800</b>
<b>7</b>	<b>Special School for migrant Children</b>	
	Salary for Teacher Rs.13000 X 1 person X 12 months	156000
	Salary for Helper Rs.1000 X 12 months	12000
	Food for 16 children X Rs.10 X 220 days	35200
	<b>Sub Total -7</b>	<b>203200</b>
<b>8</b>	<b>Special Coaching for the children who appear for Public Examination</b>	
	Learning Materials for 15 students X Rs.300	<b>4500</b>
	Salary for teacher Rs.7000 X 12 months	<b>84000</b>
	<b>Sub Total-8</b>	<b>88500</b>
<b>9</b>	<b>Aid to the Students who are in Rural Government Schools</b>	
	Rs.10000 X 5 Schools	<b>50000</b>

<b>10</b>	<b>Dance CLASS</b>	
	<b>Salary for the teacher Rs.8000 X 6 months</b>	<b>48000</b>
<b>11</b>	Bicycles for tribal Girl Children of parentless and single parents 3 children X Rs.6000	<b>18000</b>
<b>12</b>	<b>Computer Training</b>	
	<b>Salary for the Tutor Rs.9000 2 teachers X 12 months</b>	<b>216000</b>
<b>13</b>	<b>Tailoring Unit</b>	
	<b>Salary for the Tutor Rs.8000 X 12 months</b>	<b>96000</b>
<b>14</b>	Livelihood Support for parents of Disabled Children	
	5 persons X Rs.7000	<b>35000</b>
<b>15</b>	<b>Awareness programs and Life skill training for Adolescents</b>	
	Resource person fee Rs.1000 X 2 days	<b>2000</b>
	Pen, Notebook ,Snacks and Lunch for 30 persons X 75 X 2 days	<b>4500</b>
	<b>Sub Total -15</b>	<b>6500</b>
<b>16</b>	<b>Training to the staff members</b>	
	Resource person Fee, Stationary, tea, Biscuits for 25 persons X Rs.100 X 12 months	<b>30,000</b>
<b>17</b>	<b>Health related Activities</b>	
	<b>Medical Camp for children Rs.10000 X 12 months</b>	<b>1,20,000</b>
<b>18</b>	<b>Salary for Project Staff</b>	
	Salary for Project Coordinator Rs.20000 X 12 months	240000
	Salary for Assistant Project Coordinator Rs.12000 X 12 months	144000
	Salary for Assistant Coordinator for disabled children Rs.10000 X 12 months	120000
	Salary for Education Coordinator Rs.10000 X 12 months	120000
	Salary for Accountant Rs.12000 X 12 months	144000
	Salary for Cooks in Day care centre Rs.2000 X 3 persons X 12 months	72000
	Salary for Driver Rs.12000 X 12 months	144000
	Salary for Office Assistant Rs.9000 X 12 months	108000
<b>Sub Total-18</b>	<b>10,92,000</b>	
<b>19</b>	<b>Administration cost</b>	
	Communication Phone, Internet and postal	10000
	Electricity charges	10000
	Van Maintenance, Road tax, insurance, Fitness certificate and painting	50000
	Diesel Rs.3000 X 12 months	36000
	Travel Allowance for staff and volunteers	20000
	Maintenance of Computer center, tailoring and Office	12000
	Fees for Auditor	25000
<b>Sub Total-19</b>	<b>1,63,000</b>	
<b>Grand Total</b>		<b>Rs.34,61, 800</b>
<b>Amount requested from ASHA is INR 34, 61, 800</b>		