

06 April 2023

No. PVKU/06/04/23

From
Shri S.D Shamsundar,
Director,
Prajna Vidya,
Bengaluru 560 077

Dear Sir,

Sub: Training Programme for Educators at Creative School, Bengaluru by Prajna Vidya – Financial Details

We propose our 4-day residential training programme, Joy of Teaching – based on Sacred Classroom pedagogy for the educators associated with Kuvempu Trust.

The Programme details are as follows:

1. **Name of the Programme:** Joy of Teaching – based on the Sacred Classroom pedagogy
2. **Duration:** 4 days residential programme
3. **No. of Participants (Tentative):** 20 participants from Kuvempu
4. **No. of Batches:** 01
5. **Venue:** Freedom Land Campus,
Creative School, The Healing Circle Trust,
Kalkunte Village, Doddaballapura, Karnataka, 561204
6. **Google link for Location**
<https://goo.gl/maps/tM3aY4cCUkVzkTyF9>
7. **Programme Dates:**

Programme dates	Date of Arrival at Bengaluru City	Date and time of Departure from the Freedom Land, Kalkunte Village
27 th – 30 th Apr 2023	26th Apr 2023	30 th Apr 2023 at 5:00 PM

Please Note: All participants are required to arrive a day previous to the start date of the residential retreat for each batch.

Venue Details and Amenities at Creative's Campus in Freedom Land

Freedom Land is Creative School's 35-acre eco-sustainable campus nestled amongst hills and cascading valleys amidst Mother Nature's resplendent environs.

The following amenities will be available to all participants during the residential retreat:

- Shared accommodation - bedding and linen will be provided
- Healthy, organic, sattvic meal that includes -
 - Morning- Herbal Drink
 - Smoothie with fresh, organic fruits and vegetables
 - Breakfast and Tea
 - Mid-morning snack and Tea/Juice/Herbal Tea
 - Lunch
 - Evening Snacks and Tea
 - Dinner
- Training Kit, that includes -
 - Stationery
 - Life & Living Kit
 - Sacred Classroom Trilogy
 - Sacred Classroom Journal
- Freedom Land campus houses a residential 24/7 Doctor on campus for medical assistance.

Financials

The programme cost includes the following:

- Pick-up and drop to Railway Station
- 4-day workshop
- All meals /snacks/coffee/tea for duration
- Accommodation for the duration of programme
- Publication and journals
- Life & Living Kit
- Workshop stationery

Actual Cost: Rs 54,000/-

Special discount for Kuvempu team.

All-inclusive price is Rs 37, 500/- per participant excluding GST.

Description	Cost (in rupees)
Program Fee	24,000
Food	3000
Accommodation	3000
Transport	1000
Study material	1000
Life & Living Kit	5,500
Total Funds requested (per participant)	Rs. 37,500/-

About Kuvempu Trust:

Kuvempu Trust, runs several non-formal educational centres, imparts vocational training and creates awareness among a cluster of villages around Chitradurga, Karnataka. Some of their main activities are:

- Vidya Kendras (evening school and tuition centres)
- Scholarships to help children complete high school and continue higher education
- Vocational training for youth
- A resource centre for teaching/learning materials and a village Library Network
- Works with children of migrant labourers
- Partners with Government schools
- Helps citizens to obtain entitled benefits from the Government

Details of their work can be found at <http://new.ashanet.org/project/?pid=349>

Project coordinator: Dr.Geethadevi.K,
Coordinator,
Kuvempu Project

Contact: [09480269940](tel:09480269940) Email: drgeetha_cta@yahoo.com

Joy of Teaching **Based on The Sacred Classroom[®] pedagogy**

The Joy of Teaching is a state-of-the-art, training program based on The Sacred Classroom pedagogy. It helps teachers open the doors to a new way of teaching, learning and being with children. The joy of teaching covers three crucial aspects of teacher training — The Sacred Classroom creates a space of respect, unconditional love and faith while working with children. Using the Four Step Learning process teachers will train across all subjects to make learning immersive and hands-on. Sacred Environment training helps with bringing in a good classroom environment.

Teachers learn to facilitate exploration, reflection and perfection of knowledge which not only covers topics thoroughly but helps each child understand, reflect and express themselves. Our teaching methods are guided by The Sacred Classroom[™]. pedagogy, helps teachers channel the energy of children appropriately while helping them retain their essence. And what a joyful process it is for us!

Program outline:

The program is divided into the following main units:

- Experiencing Language Training through the Life & Living kit and Four Step Learning process
- Facing and Learning from Challenges
- Self Expression & Communication
- Self Awareness and Transformation Tools
- The Power of Positive Thinking

Joy of Teaching - Learning Objectives

- Teachers experience and learn self care and awareness to hold a harmonious classroom.
- Building a harmonious learning environment and strengthening LSRW skills consistently in a classroom.
- The Four Step Learning process with a central theme around language fluency and relevant learning outcomes.
- The Four Step Learning process integrating math and science concepts and relevant learning outcomes
- Development and implementation of graded activities for listening, speaking, reading and writing skills and processes.
- Using Life and Living[™] program and kit for whole child development.

- Expression activities that develop confidence in speaking clearly and formation of full sentences with verb conjugation and subject-verb agreement.
- Storytelling techniques for students to retain, recall, comprehend and summarize stories.
- Reading activities - learn language reading through acquisition of- Phonics, Phonemic awareness, vocabulary, reading fluency and comprehension.
- Lesson design and demo with feedback for one's own school classrooms

Tentative Flow of the Training Program for Kuvempu

Day	Date & Time	Session Details	Venue
Day 0 (Wed)	26 th Apr 2023	Arrival at Freedom Land at 5.30 pm	Prithvi Block
		Orientation Programme	Farm School
Day 1 (Thur)	27 th Apr 2023	Wake up	Prithvi Block
	6 - 6:30 am	Tea & Kada	
	6:30 am	Peace Walk	Peace Walk Path
	8:00 am	Breakfast	Dining Hall
	9:00 am- 12:30 pm with tea break	Inaugural & Welcome Address Experiential Activity Tea Break Interactive Seminar 1 Interactive Seminar 2	Seminar Hall
12:30 - 1:30 pm	Interactive Seminar 3 Interactive Seminar 4	Seminar Hall	
Day 1 (Thur)	1:30 - 2:30 pm	Lunch	Dining Hall
	2:30 - 5:30 pm (4:30 pm - Tea break and Snacks)	Social and Emotional Learning through Experiential Activities in Small Groups Session-1	Creative Farm School Classroom: 1. Yoga Room - Ground Floor 2. Seminar Hall 3. First Floor Creative Farm School 4. Beta Room -

			Ground Floor
	5:30 - 6:00 pm	Day's Debrief - Gallery Writing	Walkway
	6:00 - 7: 00 pm	Free Time	
	7:00 pm	Evening Fire Practice	Sun Garden / Terrace
	7:45 pm	Dinner	Dining Hall
	8:30 pm	Creative School & Prajna Film Five Elements	Seminar Hall
Day 2 (Fri)	28th Apr 2023 5:30 am	Wake up	
	6 - 6:30 am	Tea & Kada Peace Walk	Prithvi Peace Walk Path
	6:30 - 7:15 am	Daily Well-being Practice Part 1	Sun Garden
	8:00 - 8:30 am	Breakfast	Dining Hall
	9:00 - 10:30 am	Social and Emotional Learning through Experiential Activities in Small Groups Session-2	Seminar Hall
	10:30 - 11 am	Tea break with Snacks	Dining Hall
	11:00 am - 12 pm	Interactive Seminar 5 Interactive Seminar 6	Seminar Hall
	12 - 1pm	Experiential Activities for Integrating Art and Natural Elements in Classroom Learning	Creative Farm School Ground Floor

Day 2 (Fri)	1:00 - 2:00 pm	Lunch	Dining Hall
	2:00 - 3:00 pm	Interactive Seminar 7	Seminar Hall
	3:00 - 4:30 pm (With Tea & Snacks Break)	Social and Emotional Learning through Experiential Activities in Small Groups Session-3	Thinnai Thinnai Yoga Room Yoga Room
	4.30 - 5.30 pm	Classroom Teaching Demo based on Sacred Classroom© Pedagogy for Holistic Learning	Seminar Hall
	5:30 - 7:00 pm	Sunset Walk / Free Time	Outdoors
	7:00 pm	Evening Fire Practice	Sun Garden
	7:45 - 8:30 pm	Dinner	Dining Hall
	8:30 pm	Q and A - Applying Learnings	Seminar Hall
Day 3 (Sat)	29th Apr 2023 5:30 am	Wake up	Prithvi
	6:00 - 6:30 am	Tea and Kada Peace Walk	Peace Walk Path
Day 3 (Sat)	6:30 - 7:15 am	Daily well-being Practice Part 2 Meditation	Sun Garden
	8:00 - 8:30 am	Breakfast	Dining Hall
	9 - 10:30 am	Interactive Seminar 8 Experiential Activity Joy of Teaching - Art of English Language - Presentation	Seminar Hall
	10:30 - 11 am	Tea Break with Snacks	Dining Hall

	11.00 - 11.45am	Interactive Seminar 9	Seminar Hall
	12 - 1.30 pm	English Learning & Sacred Environment: Opening Ceremonies	
	1:30 - 2:30 pm	Lunch	Dining Hall
	2:30 - 5:45 pm with tea break	Interactive Seminar 10 English Learning Environment: Gratitude Intro and Practice Interactive Seminar 11 followed by Experiential Activity English Club Activities & Preparatory Activities for Story Telling: Glenn Doman Method for Language Learning Experiential Activity English Learning Environment: Closing Ceremonies	Classroom spaces
	5:45 - 7:00 pm	Peace Walk	Outdoors
	7:00 pm	Evening Fire Practice	Outdoors
	7:45 pm	Quiet Self Reflection time for writing the Day's Learnings Q and A and Applying Learnings with Facilitators	Seminar Hall
	8:30 pm	Dinner	Dining Hall
Day 4 (Sun)	30th Apr 2023		
	5:30 am	Wake up	Prithvi
	6:00 - 6:30 am	Tea and Kada Peace Walk	Peace Walk Path
	6:30 - 7:15 am	Daily well-being Practice Part 3 Meditation	Sun Garden
	8:00 - 8:30 am	Breakfast	Dining Hall
	9 - 10:30 am	Interactive Seminar 12	Seminar Hall

		English Learning & Sacred Environment: Opening Ceremonies	
	10:30 - 11 am	Tea Break with Snacks	Dining Hall
	11.00 - 11.45 am 12 -1.30 pm	Interactive Seminar 13 English Club Activities: Verb Conjugation & TPR Presentations Practice Story Telling: Presentation & Activities	Seminar Hall
	1:30 - 2:30 pm	Lunch	Dining Hall
	2:30 - 4:00 pm	Sample Lessons in Science and Math	Classroom spaces
	4:00 - 4:30 pm	Reflection Activity	Seminar Hall
	4:30 - 5:00 pm	Closure with PV and Campus Challenge & Spandana	

Topics to be covered through the interactive seminars and experiential small group practice sessions

1. Well-being and the Whole Being - Foundation for Holistic Well-being
2. Practice sessions in Holistic Well-being - Physical, Mental, Social, Emotional and Spiritual
3. The Sacred Classroom® Pedagogy:
 - a. Covering Some Basic Principles
 - b. Co-creating Sacred (Sacred Environment, Opening and Closing Ceremonies)
 - c. Four-Step Learning
4. Part A: Introduction to Life & Living™ - Integrated Experiential Learning Approach for the Development of the whole child
5. Part B: Life & Living™ - an experiential and centric approach to Social and Emotional Learning along with multiple practice sessions on all days
6. Part C: Life & Living™ - Storytelling for Emotional & Social Learning
7. Part D: Art of English Language - The English Language training program
8. Integrating Art and Natural Elements in the Classroom