



Swami Vivekananda Youth Movement

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Developing Human and Social Capital to build a resurgent India

**Proposal seeking support for providing
uninterrupted essential health care
services for rural community amidst
COVID -19 threat through
Vivekananda Memorial Hospital**

BY

**SWAMI VIVEKANANDA YOUTH
MOVEMENT**

**MYSURU
KARNATAKA**

TO

**ASHA for Education
Stanford, USA**

***“All the wealth of the world cannot help one little Indian
village if the people are not taught to help themselves.”***

-Swami Vivekananda

SVYM CONTACT DETAILS

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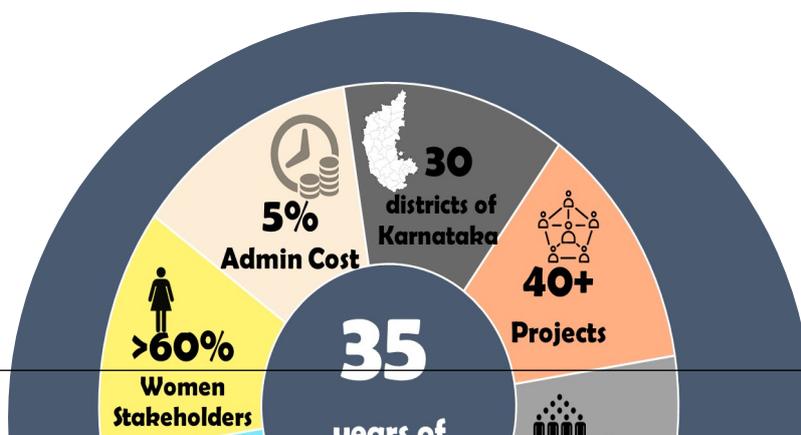
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PROPOSAL #: SVYM/20-21/COV/004

Swami Vivekananda Youth Movement (SVYM) is a development organisation engaged in building a new civil society in India through its grassroots to policy level action in Health, Education, Socio economic Empowerment and Training & Research sectors since 1984.

SVYM believes that building Human and Social Capital will result in economic consequences and all of SVYM's programs are driven by this development paradigm.





SVYM seeks continued support from more and more socially conscious organizations like yours to extend your support to many needy lives who are adversely effected due to COVID 19 pandemic.

Need for intervention:

The world grapples to come to terms with increasing threat of the novel coronavirus outbreak. Compared to developed nations, India is handling the situation with well plan and effective implementation of ground rule such as lockdown, facility quarantine centre, social distancing and the hard work of frontline workers like healthcare workers, policemen and other govt officials.

Due to recent relaxation in the COVID-19 travel guidelines stranded people started travelling back to their native states has made rapid increase in the cases of COVID infected persons touching almost 3,96,182 (as on 19th June 2020) in India. The disease has also spread to remote parts of our country putting under strain the Frontline workers especially from health care.

The current global health pandemic arised due to COVID 19 has made it inevitable for healthcare systems to strengthen itself and cater to address these challenges meticulously. More emphasis is on the epidemiology especially in the rural area which seeks awareness and behavioural change in the community. With 65 to 68% of India's population living in rural areas imposes highest threat on community health and makes it essential to improvise strong healthcare systems through awareness, precautionary measures at the ground level and appropriate treatment.

Vivekananda Memorial Hospital (VMH) is a health care unit of Swami Vivekananda Youth Movement located in in Saragur near HD Kote Taluk, Mysuru District which is one of the most backward taluk in Karnataka.



SVYM's care initiatives are unique and designed to address the **life cycle approach** (Health care services from birth to Bereavement Care) offering holistic health care accessible to all individuals at all ages under a single

VMH is a multi-specialty, non-profit, 100-bedded hospital with 24/7 emergency and critical care facility. **It is the first and the only hospital which has been accredited by NABH entry level certification for Quality Health Care in rural setting in entire Mysuru District.**

The hospital provides free primary health care to all tribal patients. All the medicines are free which also includes medications for chronic diseases like diabetes, Hypertension, prevention of sickle cell disease etc. About 50-60 pregnant women deliver in the hospital every month. Even the non-tribals avail the services at a substantial reduced cost. In comparison to Mysore which is the nearest place where similar health facility is available the cost of outpatient services for non-tribal community is as follows.

- Outpatient-50% of the cost in Mysore
- In-patient-30% of the cost in Mysore
- Surgical Services-15-20% of the cost in Mysore

Patients mainly from H.D.Kote and neighbourhood taluks of Nanjangud, Gundalpet and Hunsur taluks (approximately 400,000 populations) avail the services. Also, patients from many districts of Karnataka (14 out of 30) reach out to this hospital for its low cost and high-quality specialized services.

SVYM seeks support from more and more socially conscious organizations like yours to extend your support for continuing essential health care services to tribal & rural community amidst the threat of covid-19

Goal:

To offer uninterrupted essential health services – both facility and community based, in rural & tribal area of Sargur taluk amidst the threat of COVID-19.

Objectives:

- To continue to provide uninterrupted facility and community based essential health services to rural and tribal communities of Sargur taluk amidst the COVID-19 threat.
- To support government functionaries to effectively contain, control and prevent the rapid spread of COVID-19 infection in the rural community through cost effective technology based interventions.
- Preparedness of rural healthcare facilities to cater during COVID 19 situation and avoid communicable diseases.
- Train and provide protective aid for hospital frontline healthcare workers for prevention of infection in health care work force
- Care and treatment for the patients with health issues like Patients with Influenza Like illnesses/SARI
- To enable Frontline COVID-19 warriors to undertake uninterrupted essential activities devoid of the threat of acquiring infection

Need for intervention:

The world grapples to come to terms with the growing threat of the novel coronavirus outbreak. Compared to developed nations, India is handling the situation with well plan and effective implementation of ground rule such as lockdown, facility quarantine centre, social distancing and the hard work of healthcare workers, policemen and other govt officials.

Due to recent relaxation in the COVID-19 travel guidelines stranded people started travelling back to their native states has made rapid increase in the cases of COVID infected persons over 7million (as on 07th July 2020) in India. The disease has also spread to rural and remote parts of our country putting under strain the already crippled healthcare system and infrastructure.

Even though, Karnataka state government has been drawing up plans to fight the spread of the disease by taking preventive steps and also identifying the places where the potential affected patients can be housed/facility quarantine, managing crisis with close to 2000 new positive cases being identified every day, existing health care system largely seems insufficient.

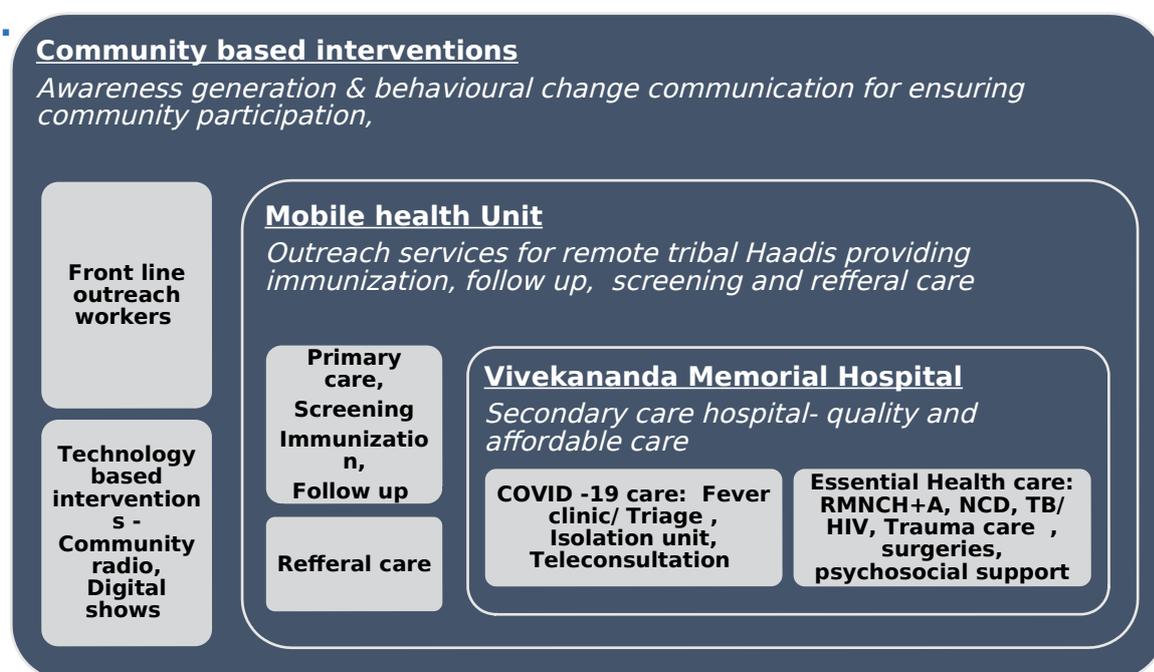
In rural areas where there is still scarcity to meet the demands of even essential primary and secondary health care, the sudden surge in demand for care of COVID-19 patients is presenting multiple challenges including rapid spread of COVID -19 infection, insufficient infrastructure to contain the infection and threat of outbreak of other infectious diseases and increase in morbidities and mortalities due to existing illnesses due to diversion of available manpower & infrastructure to COVID-19 care

Hence, it is extremely important to support the government health system to effectively tackle COVID-19 crisis while continuing to cater to essential health services devoid of the threat of spread of infection.

SVYM has been believes adapting to challenges and growing resilient for responding to community needs rather than taking a step back in apprehension of uncertainties. Our health care establishment, Vivekananda Memorial Hospital, Saragur, Mysuru district in Karnataka has been assigned to play a pivotal role in mitigating the pandemic by providing screening, treatment, referral and counselling services for tackling COVID-19 crisis in collaboration with Govt, also working relentlessly to provide essential health services including immunization, Reproductive , maternal and child health services, Non communicable disease care, prevention of outbreak of common infection infections and trauma care in times when health care in private and public sector has become sparse in the fear of COVID-19.

Key activities undertaken amidst pandemic threat:

A.



Creation of separate isolation Facilities at Vivekananda Memorial Hospital

Separate area for Fever clinics was setup considering the containment and necessary training was also given to hospital frontline workers. PPE kits were also provided for employee safety and protection.

Special wards section of the hospital has been designated and reorganised as isolation wards as part of COVID-19 care. All In-patients with COVID - 19 symptomatology/Patients with Influenza Like illnesses/SARI were segregated and treated in the designated isolation ward within the facility. The hospital volunteered to be a designated facility for treating COVID - 19 positive patients in rural-tribal setting and same is recognized by the state government of Karnataka.

B. Care and Treatment of patients

All In-Patients from the tribal and the rural community were provided free treatment with free medical services, Medicines, other auxiliary services for diagnosis and nutrition support till their recovery and discharge. Psychosocial support through counselling for patient was also part of the treatment as the pandemic has created panic in the community.

C. Safety of Patients & Frontline workers

To ensure safety of the patient and their families and Hospital employees working hard during this time we provided awareness on hand washing techniques in hospital. Masks and hand sanitizers were provided for the patients. PPE kits were provided for doctors and other healthcare workers which ensured their safety.

All employee serving during that period were provided residential facilities to ensure safety of the employee family. A rotational working roster was also followed by the frontline workers to reduce the fatigue for the employees during this pandemic.

D. Non-COVID essential services for rural & tribal community seeking healthcare

The daunting situation of COVID -19 had taken away all the attention towards it and the essential regular healthcare for the most needed was either neglected or ignored leading to serious health consequences.

SVYM continues to cater its services to community including care for HIV & TB, Chronic, non-communicable and terminal illness care, cater to health care needs of children below 5 yrs, pregnant and feeding mothers and the elderly and for emergency care.

E. Health care through outreach including Teleconsultation

SVYM's Tele clinics, Mobile health Unit and VMH continued to offer its services for patients from Saragur and H D Kote taluks. Institutional deliveries, supply of medicines, immunization for babies and ante natal and postnatal mothers, nutritional support and psychosocial support is continuously extended to these patients even during lockdown and we were able restore good health and well-being of the community.

Current Challenges:

Current COVID -19 situation has posed unique set of challenges for undertaking these essential activities

Due to the sudden change and reorganization of essential health care approaches in Vivekananda Memorial Hospital SVYM had to invest in additional measures to ensure patient safety and safety for our own healthcare professionals in the hospitals. Though it has resulted in increased cost of the care, in order to support the patients & families coming from the poor and marginalized rural-tribal backgrounds the additional cost was not levied on the patients. The COVID suspect patients are being provided subsidized care since the beginning of this pandemic and about similar amount was spent from SVYM's general funds towards the subsidy provided & special measures taken.

Following activities are planned during the next three months to support the rural-tribal communities amidst raising number of COVID - 19 positive cases.

A.



Awareness activities in the community:

There is need for enhancing community awareness about the precautionary measures to be taken by individuals across our area of intervention with relevant means possible. Some of the planned activities include:

- Educating and Training our own employees to handle such situations

- Conduct awareness programs through Community Radio Station which has reach to over 250 villages
- Digital displays in remote rural areas and educate the public
- Conducting awareness sessions to target groups like SHG members, GP members, local opinion-makers etc

B. Care and Treatment of patients:

Following activities are undertaken in ensuring clinical care to the patients:

- Provide Clinical care through Fever Clinics: The patients presenting with fever and flu like illnesses are segregated and clinical care is provided. This helps in minimizing the spread of infection in hospital setting.
- Inpatient services to COVID suspects/confirmed patients is provided in isolation facility in the hospital. The admitted patients are provided additional support through adequate nutritious diet and supplements. A comprehensive counselling services is also offered to maintain positive psychological health.
- Ambulating the patients/COVID suspects for testing & assessment at District level COVID facility, is done to minimize the spread during travel.

C. Care and Well-being of Health Providers:

There is a need for having dedicated and reserve manpower to manage COVID suspects/positive patients. The health care providers required to be provided with necessary protective gear to prevent transmission of infection. They are also provided with adequate support in terms of food, nutrition, counselling during quarantine. Addressing stress and mental health issues through proper counselling support is also necessary.

Hence, may we request you to towards the cost of subsidized care provided to the patients with COVID 19 like illness and additional investment made for ensuring patient and employee safety.

Financial Support sought:

Budget:

Proposed Budget for three months of activities is given below:

Sl. No.	SVYM's Health Initiative	Unit Cost	Units		Budget	Remarks
A	Health awareness & promotion in the rural-tribal community				345,000	
1	Community Awareness through Community Radio Programs	2500	90	hours	225,000	Broadcasting at least 1hr awareness program per day through community radio station
2	Community Awareness through SHG meetings, Video shows and village announcements	2000	60	Sessions	120,000	Conducting awareness sessions in mass gathering markets, SHG meetings etc at an average 20 session per month
B	Clinical care for vulnerable tribal and rural poor				920,700	
1	Fever triage clinic	2,600	72	Days	187,200	A separate clinic is set up to segregate patients with fever and other Flu like illnesses to prevent spread of infection in Hospital 6days a week for 3 months
2	Partial Support for Inpatient Care	5,000	90	Days	450,000	Partial support for inpatient ward care in isolation facility for COVID suspects/confirmed patients @Rs.500/patient/day at an average of 10 patient per day
3	Nutrition supplements for Patients	2000	90	Days	180,000	Food & Nutritional support patients during hospitalization @Rs.200/patient/day and 10 patient per day
4	Transport Support	2300	45	Patients	103,500	Transport Support for testing/evaluation at district health facility/Pick up and drop to health facility at an average of 15 patient/month
C	Secondary health care at 20 bed COVID Care Isolation Facility				780,000	
1	Part-time Doctors (2)	112,000	3	Months	336,000	To provide clinical care to COVID

						suspect/confirmed patients admitted in isolation facility; 2 doctors in 15day rotation/month
2	Nurses	99,000	3	Months	297,000	To provide nursing care to COVID suspect/confirmed patients admitted in isolation facility; 9 nurses in rotation/month
3	Support Staff	30,000	3	Months	90,000	To provide supportive care - housekeeping, cleaning and assistance etc
4	Professional Counseling Support (Part-time)	9,000	3	Months	27,000	To provide telecounseling services to Patients and Health Care providers managing COVID patients
D	Supporting staff during quarantine				249,600	
1	Food	1,800	90	Days	162,000	To support nursing & support staff while in quarantine during care inpatient care
2	Accommodation	7,200	3	Months	21,600	To support nursing & support staff while in quarantine during care inpatient care
3	COVID Testing	3,000	14	Staff	42,000	Testing as part of the protocol
4	Staff orientation and training on Infection control	2,000	12	Sessions	24,000	To reorient and train all the health care personnel on appropriate infection control practices and behaviours
E	Personal Protective Gear for Health Care workers and professionals				898,500	
1	PPE Kit (Cover all gown & Shoe Cover)	330	900	Items	297,000	To protect Health Care Providers from COVID infection
2	N95 Masks	220	1650	Items	363,000	To protect Health Care Providers from COVID infection
3	Nitrile gloves	550	180	Items	99,000	To protect Health Care Providers from COVID infection
4	3ply mask	5	1500	Items	7,500	For COVID suspect/confirmed patients to prevent spread of infection
	Sub total				3,031,800	
	Overhead cost 6%				135,918	
	Grand Total				3,167,718	

	Approximate Cost for One month of Activity	1,055,906	
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Amount in words: Approximately Rupees Thirty-Three Lakhs Thirty One Thousand Five Hundred and Eighteen only for three months of activities and approximately Rupees Ten lakhs fifty-five thousand Nine Hundred and Six only for one month of activities

We are sure an organization like yours with a history of supporting worthy social causes will extend your support to attend to this cause. We would be glad to furnish any further information you may seek.

In expectancy of your early favorable response, we remain

Sincerely,



Dr Kumar G S
Chief Executive Officer

Annexure 1: ORGANIZATION DETAILS

Statutory Details of SVYM			
SI No	Statutory Documents	Act and Section	Registration details
1	Registrar of Societies, Karnataka State	Karnataka Societies Registration Act 1960.	122/84-85
2	Ministry of Home Affairs, Govt. of India	U/s 6(1) (a), Foreign Contribution (Regulation) Act 1976.	094590102
3	The Commissioner of Income Tax, Bangalore	U/s 12 A (a), Income Tax Act 1961.	Trust/718/10A/Vol B II/85.
4	The Commissioner of Income Tax, Mysore	Income Tax exemption U/s 80 G of the Income Tax Act 1961.	S/248/80G/CIT/MYS/11-12
5	The Professional Tax Officer, Mysore	Karnataka State Professional Tax Act.1976.	35015799
6	Permanent Account Number	Income-tax Act, 1961	AAATS5045F

**All donations to SVYM are exempted from tax under Section 80G of the Indian Income Tax Act.*

For more Info visit us on: www.svym.org

Social Media Info:

- <https://www.facebook.com/svym.saragur>
- <https://www.youtube.com/user/svymindia>
- <https://twitter.com/svym>

Banking Details

For Donors in India	For Foreign
ACCOUNT NAME: SWAMI VIVEKANANDA YOUTH MOVEMENT A/C NO: 0566101026241 IFSC CODE NO: CNRB0000566 BANK NAME: CANARA BANK BRANCH NAME: JAYALAKSHMIPURAM BRANCH BANK ADDRESS: # 6, GANGA TEMPLE ROAD, JAYALAXMIPURAM, MYSORE-570012, KARNATAKA, INDIA IFSC CODE: CNRB0000566 SWIFT/BIC CODE: CNRBINBBJLM	ACCOUNT NAME: SWAMI VIVEKANANDA YOUTH MOVEMENT FCRA ACCOUNT NUMBER: 0566101012525 BANK NAME: CANARA BANK BRANCH NAME: JAYALAKSHMIPURAM BRANCH BANK ADDRESS: # 6, GANGA TEMPLE ROAD, JAYALAXMIPURAM, MYSORE- 570012, KARNATAKA, INDIA IFSC CODE: CNRB0000566 SWIFT/BIC CODE: CNRBINBBJLM

Donations made to SVYM in India are exempt from Income Tax under Sec. 80 (G). Cheques / DD may be sent in the name of 'Swami Vivekananda Youth Movement' to the administrative office.