

KAINGKARYA SOCIAL WELFARE ORGANISATION  
ANNUAL REPORT 2005-2006

The journey of Kaingkarya right from 1991 has been a very fruitful one with each of us learning from each other and from outside. The support and response from the society is very encouraging and motivating that we were able to deal with different issues and work accordingly. We look not just at the immediate needs of the people but at the long term results. Our services commenced with training programmes for women, moved to education of children with concentration of prevention of child labour and now we are offering a comprehensive developmental services for the whole community with health care services.

The broad variety of activities of Kaingkarya can be classified as under the following categories

- Education
- Health
- Vocational Training Programmes
- Mass Awareness Programme
- Networking

Education

We are conducting all our educational programmes with the motto of providing education to all children. Our activities for children at Thirsoolam made an impact with the Panchayat School authorities and Sarva Shiksha Abhiyan. They made a request to us to commence a residential programme for the children who are school drop outs and child workers and admit them in the formal school in the next academic year. We commenced the new programme of "Undu Uraivida Muham" for older children in January and later started Alternative Innovative Education centre for younger children.

As the crushers are situated in far off places our vehicle goes to the crushers and brings the children to our transit school. Now there is a gradual change in the attitude of the mothers in sending their children to our transit school. When ever our vehicle is not able to go the crushers due to some technical fault, mothers bring their children to our transit school. The Education department officials have visited our transit school and are instrumental in commencing a Residential school for the drop outs and child workers under the government scheme of Sarva Shiksha Abhiyan. We are able to review the village education committee whose role is to strengthen the educational programs.

### Transit School

Through identification and Counselling children are brought to Transit School. Our vehicle goes to the crushers to bring the children to our centre where the Transit School is being conducted. By utilizing the available local resources, one lady from the crusher area has been assisting us to bring the children from interior homes to the spot where our vehicle is parked. Thus the children is sorted out and children attend the Transit School regularly.

Here children are divided according to their age and level of education. Sarvasiksha Abiyan, a Government initiative is collaborating with us in implementing the educational programme for the children. Class wise syllabus is given to us and our teachers follow the same. In addition to teaching we also insist on equipping them with extra curricular activities such as drawing, singing, games, yoga etc,. We also provide lunch to all children coming to our centre. Monthly once Medical-Checkup by our physician is carried out and for anemic and weaker children Multi-Vitamins are provided.

Pre-test to know the status of children, Post-test to find out how much they have learnt and frequent class test are conducted to assess the child's level of understanding. Teachers are given both in service and service training once in 2 months in preparing the Educational Materials, Method of Teaching, technique of maintaining interest in students etc.

### Alternative Innovative Education Centre

AIEC consist of 40 children from 20 crushers between the age group of 7 to 10 yrs. A.I.E Centre consist of children who are dropout or child workers or not enrolled at all in school. 20:1 is the student- teacher ratio. Children belong to our A.I.E centre learn for one year and then enrolled in Formal School. Here children are divided according to their age and level of education. Each child shows different educational quotient - like some are not able to hold a pencil and write, some not knowing to read and write, some are able to identify alphabets, some can read without understanding, some cannot write at all, some can write but cannot read. According to the children's age and requirement, inputs are given and there is a gradual improvement in each child.

### Residential School(Undu Uraivida Mugham)

20 children from 10 to 14 yrs are admitted in Residential School. One Teacher is involved in the teaching process. These students are staying in Kaingkarya Welfare Centre, Thirusoolam and all the requirements are prone by us. Children in Residential School are provided with game items, interest probing learning material, story books etc. Weekly twice bajan, yoga and meditation are also conducted. Children are encouraged to draw with colouring and are pasted in the study room. Periodical picnic like visit to Children's Park, educational trip, Sikaraththai Thoduvom a residential camp arranged. Sports day, cultural events are organized to these children by inviting a special guest.

### Creche

Siblings of Transit School Children between 2 to 5 years of age are taken care in Creche, These children are picked up and dropped in their house by our jeep. Creche children are provided with food, snacks and necessary play materials. Monthly once Medical Check up was carried out by the Physician with the assistance of Nurse and Creche Teacher. Health records are maintained by the teacher and for risky cases reference are done. By leaving there children in Kaingkarya's Creche parents feel secure while they are working in the crusher.

### Admission to Formal School

Admission is carried out by our Transit School teachers and Community Workers with the help of Village Education Committee, School Teachers, Parents and School Volunteers. Two types of students are being enrolled in Formal Schools. Students from our Transit School and children (long absentees and drop outs) referred by the Panchayat and Corporation schools are admitted in Formal School.

The teachers from the Panchayat School seek the help of Kaingkarya in visiting the houses of the dropouts and enrollment. Our staff make frequent visits to find out the reason of absenteeism and dropping out from school. Once they find out that the family needs either monitory or emotional support Kaingkarya offers constant support by way of counseling and guidance.

## Health Services

### **Medical Clinic :**

Doctor comes to the clinic in alternative days and treats all types of illness. She imparts Health Education simultaneously and takes a special care for each patient. Critical cases are referred to Government Hospitals. Pathological investigation is carried out for the needy persons by a technician who visits our clinic regularly. Confidentiality is maintained through out the treatment. The Nursing assistant provides First-Aid during the non-clinic days. She also pays home visits to the patients who suffer from severe high Blood Pressure and Diabetes, if they do not come to the clinic due to incapacity. She motivates the patients suffering from respiratory problem, B.P and Diabetes to take the treatment continuously. Two hundred patients are treated every week with Allopathy Doctor and Acupuncturist visiting the clinic on alternative days. Additional services like Siddha, Naturopathy and Yoga are also provided.

### **School Health Programme :**

We organize Vaccination and health camps for school children frequently. Kaingkarya also participates in Polio Plus Campaign.

### **Health Education :**

Self Help Group members, Women's Group and parents in the area are given Health Education in relation to Personal Hygiene, Diet and Nutrition.

### **Health Camps:**

In order to meet the Health Needs of the people living near the Crushers and Blue Metals we conduct Health Camps in the area itself. A special survey was conducted to identify diabetic patients and the probable cases of diabetes This followed by a camp by M.V. Diabetes Hospital. In order to give awareness on AIDS, a visit to CHES(Community Health Education Society ) was organized for the students. Children who are affected and infected by AIDS are looked after in this residential home. Difference between HIV and AIDS and the latest medicines for immunity was clarified to the students. The details of prevention and rehabilitation of AIDS was explained.

### Vocational training Project

#### Nurse Aid Training

At Kaingkarya we are instrumental in shaping the personality of youth through various skill development training. One such training is Nursing Assistance, which focuses on the needs of girls who have an aptitude for nursing. This course equips the girls with knowledge in nursing skills and to work in the community settings also.

There are many 10<sup>th</sup> standard completed students who are unable to continue their studies due to lack of financial support. Among these students many have an aptitude for nursing. So there is great need to bridge the gap between the demand for the personnel and the students who are trained.

#### The Salient Features of the project

- The training period is for one year
- No of students is 60
- Basic nursing skills are imparted in nursing homes
- Theory classes are taken by medical practitioner and Qualified nursing tutor

Kaingkarya Social welfare Organisation has commenced the Nursing Training programme for 60 girls who are economically backward and having a keen desire to undergo the training. Give Foundation is instrumental in arranging sponsorship for this training which was started in July 2005 at the welfare centre, Thirusoolam, Chennai.

All the girls are participating in this training programme with enthusiasm and commitment. Spoken English classes are being conducted along with effective communication skills.

In some of the nursing homes, the doctors take theory classes for the girls. The practical experience at the various nursing homes have equipped the students with the following skills.

Kaingkarya conducts specialized medical camps for the quarry workers at Thirusoolam and the students take part in the camp by assisting the staff. The students are taught to go to the community and talk to the people about various health hazards, nutrition etc. This gives an exposure in community health work. They are also given additional knowledge about rural health centres and the way they function.

Periodical tests are being conducted to evaluate the student's progress. The students were asked to present papers on selected topics and made to prepare charts on First Aid, Immunization, communicable diseases, Types of systems etc. It was a new experience to the girls as they were given independence to collect data and present a paper before the class

### Computer Training

Girls and Boys who have completed 10<sup>th</sup> and 12<sup>th</sup> are encouraged to undergo this training as it equips them with necessary skills to work in an office. Basic computer skills along with spoken English training was given.

### Tailoring and Power Machine Training

At present we are running tailoring classes for twenty-five girls in our centre. The duration of the course is six months, as demand is great for trained tailors in the export garment factories situated in the vicinity of the village. A trained instructor teaches the girls in batches. All the basics of stitching including embroidery are taught. A certificate is issued to those who successfully complete the course. Assistance will be given to the trainees who want to start their own production unit and also help them to find placements.

### Community Health Workers

There is dearth of trained personnel for community work with knowledge of nursing skills. To meet the demands of NGOs Kaingkarya has been giving training of girls with an aptitude for commitment of society. This training is for a period of one year with six months practical training in Nursing and six months training in community work

### Our Intervention Programme For Tsunami Victims:

When Tsunami hit the shores of Chennai on 26<sup>th</sup> Dec, 2004, the sudden shock of the people who had to face this disaster was unimaginable. Besides the loss of several lives, people were left stranded on the road. Nochikuppam is one such area struck by Tsunami.

At this juncture Kaingkarya started immediate relief by giving 500 kg of rice and medicines. Many fishing boats were destroyed and men were left helpless as their livelihood became a question mark. Lot of counseling is essential at this stage for these people especially for Youth. It is the children who bore the brunt of the Tsunami attack and dealing with them effectively was one of the challenges faced by the relief workers. Post Tsunami period was full of agony and the pain for the fisher folk.

As part of the Rehabilitation programme for the victims, the following activities were under taken by us with the support of Oxfam Trust.

- Oxfam
- Life Insurance Corporation of India, C.B.O – 29.
- Udhavum Ullangal
- Y.R.G. Care
- Eureka Educational Trust
- Grass Roots
- Shraddha
- Brthya
- Sri Sri Sri Ravi Shankar Meditation group
- Acupuncture Association
- Siddha and Ayurvedha Doctors
- DESH
- Primary, Middle and Higher Secondary Schools in and around Thirusoolam
- S.H.G's in Thirusoolam
- And hospitals in and around Chennai

#### **Beneficiaries:**

Number of Nursing Assistant trainees	70
Number of community health workers	15
Number of children in Residential school	24
Number of children in Alternative Innovative	46
Number of patients per week	150 to 200
Number of computer trainees	20
Number of trainees for tailoring	60
Number of trainees for power machine stitching	60
Number of high school students	33
Number of middle school students	25
Number of Nurse Aid students	77
Number of children who were given uniforms	42

#### **Events:**

- Enrolment awareness campaign was conducted for a week from June 9<sup>th</sup> June 2005. Meetings, Rallies, cultural programmes were organised
- Uniforms and notebooks were distributed for the needy children on 25<sup>th</sup> June 2005 at the welfare centre
- A Training centre to conduct nursing training sponsored by Give Foundation was inaugurated on 1<sup>st</sup> July 2005
- Two teachers were sent for Staff training on 2<sup>nd</sup> July at a school at Chrompet
- The Valedictory function of Nurse Aid Training programme was held on 15<sup>th</sup> August 2005. Independence day Celebration was also conducted at the Transit School.
- Our staff participated in the Teachers workshop which was held at Sharada Math on 21<sup>st</sup> August 2005.
- Our Transit school children celebrated Teachers day on Sept 5<sup>th</sup> 2005

1. Sponsorship of Uniforms
2. A new venture of Cashew Processing Unit
3. Project for sale of Fish and Prawn

## Mass Awareness Programme

### Behaviour Change Communication:

Our primary motive is to make all children go to school. Individual Counseling and Home Visits are the major strategies adopted to reach the goal. We felt that though these approaches are effective, they are not able to cover a wide range of population. Hence another methodology to address the mass was adopted. Puppet show, Street Theatre, Rally, Awareness song etc. are organized in the community with the help of Nurse Aid students, School Volunteers, Puppetry Artist, Transit School children and Community Workers. These programmes were conducted at important spots such as Crushers, Temples, Schools and main junctions. During enrollment period special programmes are organized to stress the importance of education.

### Village Education Committee:

Village Education Committee consists of Village Panchayat President, Panchayat School Headmaster, P.T.A representatives and members of Panchayat union. It is one of the programmes to involve the community. The committee's main aim is to see the maintenance of the school building, enrollment, income and expenditure of the School, recruitment of teachers through P.T.A etc. Kaingkarya participates in the Village Education Committee Meetings which are being conducted once in 3 months. Various issues of the community are brought to the lime light through the discussions.

### Net Working

- C.S.I.M
- T.T.K Ranganathan Research Foundation
- Community Health Education Service (CHES)
- M.N. Charity Eye Hospital
- M.V. Diabetics
- Volunteer
- Vivekananda Vidyalaya, Chrompet
- Grama Sabha, Thirusoolam
- C.I.O.S.A
- Inner Wheel Club of Madras Mid Town
- Sri Ramakrishna Math
- Sri Sharadha Math
- Integrated Child Development Scheme (ICDS Pozhichalore)
- Fisher folk and S.H.G's in Nochikuppam



- An education based N.G.O called Grass Roots and Eureka gave training to our staff on 14<sup>th</sup> sept at Tambaram. They gave training on how to prepare Educational and Learning Materials and introduced innovative method of teaching to our staff.
- A separate class room for Transit School children was built and inaugurated on 16<sup>th</sup> Sept
- Inaugural function of the economic activity of Self Help Groups affected by Tsunami at Nochikuppam
- Kolu celebration at Thirusoolam from 4<sup>th</sup> to 12<sup>th</sup> oct. Construction of Hospital is main aim depicted in the Golu.
- In view of Ramakrishna jayanthi essay competitions held at 3 schools namely Panchayat Middle School, Moovarasampattu Higher Secondary School and Jameen Pallavaram Higher Secondary School. Totally 300 students participated in the competition.
- Life skill training programme conducted by CHES for Transit School children. The main aim of the training programme is to develop the personality of the children and to widen their interpersonal skill. This training programme is a on going process from Nov 2005
- Art of Living Meditation class was conducted by the course teachers. This training programme was held for a week from 23<sup>rd</sup> to 26<sup>th</sup> for residents of Thirusoolam.
- Drawing and painting classes conducted by a volunteer from Singapore as of from 9<sup>th</sup> to 15<sup>th</sup> dec. The habit of eye hand co-ordination of the children were encouraged.
- Sports Day was conducted by Concern India Foundation at YMCA on 10<sup>th</sup> december and 58 children participated in the programme. T.V. Stars were invited for the programme and children enjoyed the day.
- On 24<sup>th</sup> Dec Christmas was celebrated at the centre by organizing games and distributing gifts to the children.
- Volunteers from Concern India Foundation gave T shirts, pens, pencils ,note books on 2<sup>nd</sup> Jan 06 for our Transit School children.
- Special training for our Transit School teachers was conducted from 2<sup>nd</sup> to 7<sup>th</sup> January 2006. The emphasize was on how to prepare Teaching Materials and Self Learning Materials.
- On 13<sup>th</sup> January Pongal festival was celebrated in the centre with our students
- Republic day was celebrated on 26<sup>th</sup> January 2006 & Educational Materials were distributed to our Alternative Innovative Educative Centre students.
- Sarva Siksha Abiyan gave training on the Teaching Methodologies to Disabled Children to our Teachers on 28<sup>th</sup> Jan 2006.
- Cultural program was performed by Alternative Innovative Education Centre students & Residential children on 31<sup>st</sup> Jan.
- On 4<sup>th</sup> February Sarva Siksha Abiyan gave refresher training to our teachers.
- Our children from Residential school and AIE centre were taken on a picnic to Childrens Park and Snake Park on 24<sup>th</sup> Feb 2006.

- Accounts and maintenance of registers were taught to our staff by S.S.A from 17<sup>th</sup> to 19<sup>th</sup> March 2006.
- A special camp called Sigarathai Thoduvom) was organized for 3 days from 20<sup>th</sup> to 22<sup>nd</sup> March 2006 to A.I.E and Residential School Children.

### **Our Donors**

Without our donors our programme will not be successful. We are deeply thankful for our following partners in our programme.

- Ecomwel
- ASHA for Education
- Give Foundation
- Concern India Foundation
- Oxfam Trust
- Inner Wheel Club of Madras Mid Town
- E - funds
- Sri Ramakrishna Math
- Sea Consortium
- Sarva Siksha Abiyan
- Vivekananda Vidyalaya, Chrompet
- Sreshta Services
- And many other individual donors