



**Garima Program Annual Impact Report**  
**(Apr 2025 - Mar 2026)**

**Empowering Rural Women Leaders to Build Safe,  
Responsive and Inclusive Communities**

**(Implemented by Sankalp Ek Prayas Society, Bhilai in collaboration with ASHA Austin)**

## Executive Summary



During April 2025 – March 2026, the Garima Program, implemented by Sankalp Ek Prayas Society (SEP), Bhilai in collaboration with ASHA Austin, strengthened grassroots leadership and community engagement to address key issues affecting adolescents, particularly girls, in rural communities.

The program expanded its outreach through community platforms and school-based interventions. **Garima Manch sessions reached over 17,000 women and community members**, while **school workshops conducted in 898 schools engaged more than 35,000 children** on themes such as adolescent health, menstrual hygiene management (MHM), child rights, cyber safety, and prevention of child marriage.

A major milestone was the successful completion of the Garima SEP Fellowship (2023–2025) by 18 young women leaders, while 24 new fellows were inducted for the 2025–2027 cycle to further strengthen grassroots leadership.

These sustained efforts have contributed to significant social change, with **149 villages declaring themselves Child Marriage Free**. Additional initiatives such as Kishor Sabha adolescent groups, health camps, and early childhood learning support through Anganwadi centres further expanded opportunities for children and adolescents.

The progress achieved reflects the commitment of Garima Fellows, the participation of communities, and the continued support of partner organizations and donors in strengthening safe, responsive, and inclusive rural communities.

## Section 1: Major Highlight

### 1. Journey of Young Women Leaders: Garima SEP Fellowship (2023-2025)

The Garima Fellowship began in 2023 with the selection of 25 young women leaders from Adarsh Bal Gram communities. Over two years, the fellows participated in intensive learning, reflection, and community engagement to strengthen their leadership and drive positive change in their villages.

The fellowship combined academic learning with practical grassroots action. Fellows facilitated community discussions, engaged with adolescents and families, and raised awareness on issues affecting women and children.

Despite the demanding nature of the program, **18 fellows successfully completed the fellowship**, demonstrating strong commitment, resilience, and academic performance. They actively applied their learning in real community contexts, emerging as confident and capable young leaders.

Their journey highlights the transformative impact of investing in rural young women who are now becoming proactive agents of change in their communities.



### 2. New Fellowship Induction - Expanding the Circle of Change

Building on the learnings from the previous Garima Fellowship cohort, a new group of 24 young women leaders has been inducted for the 2025–2027 fellowship cycle. Selected from Adarsh Bal Gram communities, these fellows aim to strengthen grassroots leadership and address key social challenges in their villages.

Based on insights from the earlier batch, the fellowship curriculum has been refined to better respond to community realities. The updated program places stronger emphasis on practical learning, community engagement, and grassroots leadership application.

Through this new cohort, the Garima Program continues to expand its network of empowered young women leaders who will work with adolescents, families, and community institutions to promote safer and more supportive environments. The improved curriculum and enthusiasm of the new fellows are expected to drive deeper community engagement and stronger impact in the coming years.



### 3. Garima Program Inclusion in the ABG Concept

Recognizing the positive impact of the Garima Program, several key initiatives have been integrated into the Adarsh Bal Gram (ABG) framework. Interventions such as Garima Manch, systematic community engagement, and life education sessions for adolescents through schools have been included within the ABG concept.

In addition, indicators such as achieving Child Marriage Free communities and ensuring zero dropouts up to Class 8 have also been incorporated to measure community-level progress. [Implemented based on feedback from NEPU](#)

Based on this integration, a two-year action plan has been developed, and the progress made during the current year has been implemented in alignment with these guidelines.

#### Garima Program - ABG indicators:

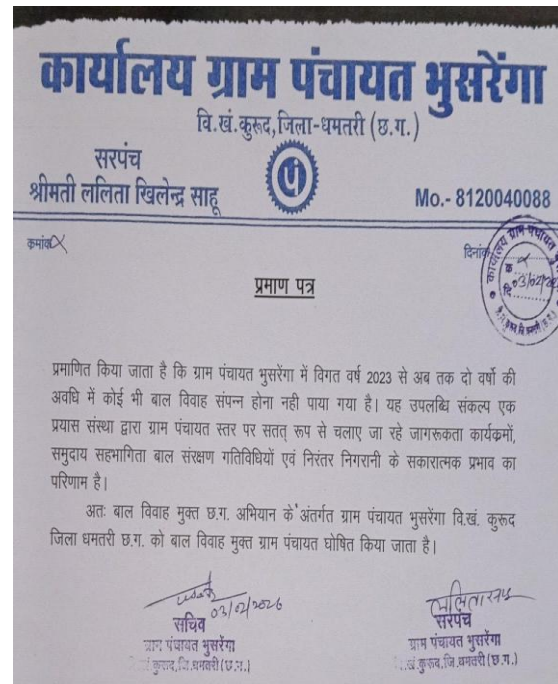
- 100% ABG communities must have the Garima program footprints
- Zero child marriage and reduce school drop outs
- Improved MHM and Nutrition level among adolescents
- Children provided opportunities to participate in development process
- Each community must have a trained and skilled volunteers to promote child safeguarding and protection issues
- Each community must have a collaboration on ABG support group to sustain the development process initiated by Garima
- Active reporting and responsive system to safeguard children from abuse & exploitation

#### 4. Moving Towards Child Marriage Free Communities

A significant milestone of the Garima Program has been the progress toward Child Marriage Free Communities. As of this year, **149 villages have declared their status as Child Marriage Free**, meaning that since the inception of the Garima Program, no child marriages have been reported in these communities.



This declaration has been supported by a thorough verification process led by community stakeholders, including Panchayat members, Panchayat functionaries, school teachers, health workers, and other social leaders, who collectively reviewed and confirmed the status within their villages.



The Garima Program played a key role in enabling this change through awareness sessions conducted at Garima Manch, school-based awareness programs, and home visits to families of irregular or dropout students – particularly girls. **Continuous engagement with community members and local leaders has helped shift social attitudes and strengthen collective responsibility to prevent child marriage.**

These sustained efforts have contributed to creating safer environments where **girls are**

**encouraged to continue their education and communities actively work together to prevent child marriage.**

#### 5. Mega Garima Manch - Strengthening Community Awareness and Collaboration

The Mega Garima Manch was organized in collaboration with the Women & Child Development (WCD) Department and the Health Department, bringing together women and adolescents from a cluster of five villages on a common platform. Designed in the form of a **community mela**, the event served as a space where

participants received information on various government schemes, services, and community support systems, along with awareness sessions on key social and health issues.



Garima Fellows played a pivotal role in these events, facilitating awareness sessions as resource persons on topics such as cyber safety, adolescent health, menstrual hygiene management (MHM), child rights, and protection.

Beyond awareness generation, the Mega Garima Manch also strengthened coordination between Garima Fellows and government departments. It helped fellows build strong linkages with grassroots-level government functionaries and community volunteers, enabling smoother implementation of Garima interventions in their respective villages.

During the reporting period, 19 Mega Garima Manch events were organized, with active participation of more than 2,562 community level women leaders, making it an important platform for community engagement and knowledge sharing.

Theme	Sessions	Participants
MHM	11	1223
Cyber Safety	6	319
Financial Literacy	5	865
Nutrition	2	155

## 6. Health Camps - Collaboration with the Health Department

Organizing health camps was initially challenging for the Garima Program due to the absence of a specific budget provision within SEP. However, considering the rising



concern of anaemia among adolescents, particularly girls, SEP prioritized facilitating health interventions in the communities.

In collaboration with the Health Department and local health functionaries, health camps were organized to provide health check-ups, anaemia screening, and awareness sessions on nutrition, adolescent health, and menstrual hygiene.

During the reporting period, 36 health camps were conducted, benefiting 2,587 community members, including 893 adolescent girls, 359 adolescent boys, 207 adult males, and 1,128 adult females. These camps helped improve access to health services and strengthened awareness around anaemia and preventive healthcare.

## 7. Panchayat Chalo Abhiyan - Strengthening Local Governance for Adolescent Issues

Seeing the positive impact of the Seasonal Campaign - Mega Garima Manch, the District Administration of **Rajnandgaon**, in collaboration with **UNICEF**, launched the **Panchayat Chalo Abhiyan**. Under this initiative, SEP (specially Garima team) was invited to support awareness generation among people's representatives and local governance functionaries, encouraging them to actively address issues related to adolescents in their communities.

Through this campaign, **Garima Fellows conducted awareness sessions in schools and community platforms** on key themes such as cyber safety, menstrual hygiene management (MHM), child rights, prevention of child marriage, nutrition, safe and unsafe touch, personal hygiene, and substance abuse.

During the **campaign period (December-February)**, sessions were organized across multiple government schools and Panchayat-level platforms, reaching 6,728 adolescents and community members. This initiative helped strengthen engagement between



Panchayat institutions, schools, and community stakeholders, while promoting greater responsibility toward adolescent well-being and protection.

## 8. New Initiatives

### A. Navodaya School Entrance Examination Support

Providing preparation support for competitive examinations for meritorious rural students is an important intervention of SEP. So far, over 225 children from remote communities have successfully qualified in such exams despite limited resources and competition from urban students.



The **Garima Program expanded to 150 new communities in 2026**, where many capable students lacked access to guidance and resources to appear for exams like Navodaya Vidyalaya Entrance. Taking this as an opportunity, the **Garima team identified potential students and community volunteers**, while SEP Seekh Fellows provided academic guidance and study support.

Through this effort, **408 children appeared for the entrance examination for the first time**. Garima Fellows ensured end-to-end support, from registration to accompanying students to the examination centres. The program now hopes that at least 10% of these students will achieve successful selection, opening new educational opportunities for rural children.

### B. Kishor Sabha - Strengthening Adolescent Leadership

Earlier, Garima Fellows conducted awareness activities through street plays, home visits, community engagement, and observation of special days to spread messages on key social issues. This year, **the approach evolved with the introduction of Kishor Sabhas, creating organized adolescent groups that actively participate** in awareness and community engagement activities.

A total of **140 Kishor Sabha groups were formed with 1,692 active adolescent members**. These adolescents were trained to perform street plays and awareness activities, using the platform to disseminate messages on issues such as education, child rights, prevention of child marriage, and adolescent health.



This initiative significantly strengthened community mobilization. It helped Garima Fellows engage parents more effectively, capture community attention, and build stronger participation in campaigns such as Panchayat Chalo, Mega Garima Manch, and efforts to prevent school dropouts and child marriages.

### C. Anganwadi Transformation Initiative - Strengthening Early Childhood Learning

The Anganwadi Transformation Initiative was introduced this year as a new intervention of the Garima Program to strengthen Early Childhood Care and Education (ECCE) in program communities. While SEP Seekh focuses on primary education and Srijan supports secondary school children, the program recognized the need to strengthen the early learning environment for children before they enter formal schooling.

To address this gap, Garima began working in collaboration with ICDS through Anganwadi Centres to improve preschool readiness and early learning engagement. So far, 16 Anganwadi Centres have been identified where Garima Fellows are supporting the learning process.

Fellows have been trained to conduct thematic and interactive sessions in coordination with Anganwadi workers, while also engaging with parents to encourage regular attendance of young children. Garima Fellows currently facilitate

one-hour preparatory learning sessions designed to make early learning more engaging and supportive.



Through this initiative, 640 children aged 3-5 years are currently benefiting from improved early learning exposure. The effort has been well appreciated by both government functionaries and community members, highlighting the importance of strengthening early childhood education at the community level.

## Garima Program Snapshot:

Garima Program [Target Group- Adolescent and Women in Rural Villages]		
Intervention Status	01-04-2025 (Status)	01-03-2026 (Status)
No. of School covered under School Workshop	125	898
No. of villages having Garima Foot Print	250	430
No. of Garima Manch functional	110	212
No. of communities covered under Girl Rising	20	-
No. of Health Camps organized	5	36
No. of Fellows functional	24	44
Anganwadi Centres under Anganwadi Transformation program	-	16
No. of Garima didi functional	25	-
Villages covered under awareness interventions	5	30
Child Marriage Free Communities	-	149
No of modules developed	11	22
No. of YouTube videos developed	-	8
Beneficiary Outreach		
No. children covered under school workshops	20759	35154
Women participating in Garima Manch	10086	17081
No. girls supported under Girls Rising	200	-
Children in Kishor Sabha	-	1692

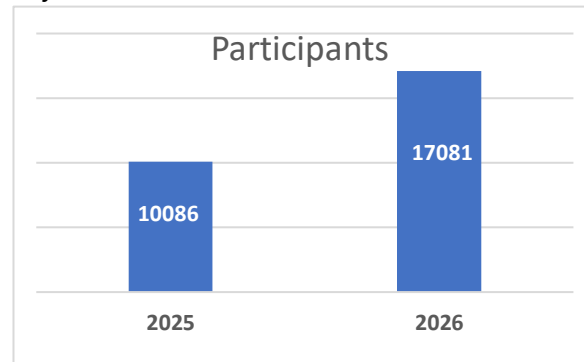
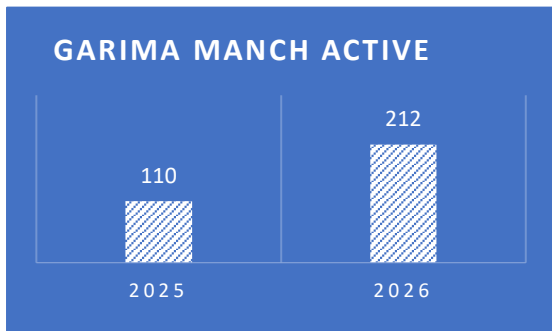
## Section 2: Major Interventions of the Garima Program – An Update

The achievements highlighted in the previous section reflect the collective efforts of Garima Fellows, who are part of a structured and systematic capacity-building initiative under the Garima Fellowship Program. Through regular training, mentorship, and field-based learning, fellows are equipped with the skills to engage communities and address key issues related to adolescents, education, health, and social protection. The following section presents the major interventions implemented by Garima Fellows, demonstrating how their learning is translated into meaningful community action.

### A. Garima Manch:

Garima Manch is a community platform established under the Garima Program to bring together women, adolescents, parents, and community leaders for dialogue, awareness, and collective action on key social issues. Monthly one session of about 1–1.5 hours are organized where Garima Fellows facilitate thematic sessions designed under the Garima Program. These sessions cover topics such as adolescent health, child rights, prevention of child marriage, education, gender equality, and life skills. The platform strengthens community awareness, encourages active participation of

women and adolescents, and creates a supportive environment for communities to collectively address issues affecting children and youth.



Garima Manch sessions updates:

Garima Manch	Session	Participants
Apr-25	136	1335
May-25	154	1441
Jun-25	145	1423
Jul-25	159	1142
Aug-25	173	3263
Sep-25	151	6221
Oct-25	141	5896
Nov-25	147	7180
Dec-25	212	6555
Jan-26	208	8667
Feb-26	201	10216

Thematic Session	Units
Personal Hygiene	207
Nutrition	180
MHM	286
Child Rights & Protection	229
Cyber Security	135
Nutrition	153
Good Parenting	203
Financial Literacy	171
Child Marriage	263



## B. School Workshops

As part of the Garima Program's adolescent engagement strategy, **monthly school workshops** are conducted to create awareness and strengthen life skills among

students. These one-hour sessions are organized at least once every month in each school, ensuring regular engagement with adolescents. Currently, the program is reaching 898 schools through this initiative.

Particulars	2025	2026
Total School Covered	125	898
No. of children covered	20759	35154

The workshops are delivered using structured modules and session plans designed under the Garima Program, covering important themes such as adolescent health, menstrual hygiene management (MHM), child rights, prevention of child marriage, cyber safety, personal hygiene, nutrition, and life skills. Through these interactive sessions, Garima Fellows engage students using discussions, activities, and practical examples, helping them build awareness, confidence, and responsible behaviour.



Topic	No. sessions conducted	Girls participated	Boys participated	Total Participated
Child Marriage	52	4910	3998	8908
Cyber Security	180	16120	17456	33576
MHM	334	13498	5298	18796
Nutrition	234	7470	5886	13356
Safe touch-Unsafe Touch	240	8534	7410	15944
Personal Hygiene	168	5650	5310	10960
Child rights & protection	100	3340	3440	6780
Substance Abuse	52	1400	1312	2712
	<b>1360</b>	<b>60922</b>	<b>50110</b>	<b>111032</b>

## C. Community Connect

Community Connect is an important component of the Garima Program that strengthens engagement with families, community leaders, and local institutions to support the well-being and education of children and adolescents. The initiative focuses on home visits to families of children at high risk of school dropout, mobilizing local leaders through the ABG Support Group, and linking vulnerable families with relevant government schemes and entitlements. In collaboration with government departments, the program also organizes health camps and awareness sessions, while encouraging adolescents especially Kishor Sabha members, to actively participate in community development and awareness activities.

### Home Visits

Home visits are a key strategy under the Community Connect intervention to prevent school dropouts and ensure regular attendance of children. During the reporting period, Garima Fellows regularly conducted home visits for 792 children identified as being at high risk of dropping out due to irregular school attendance. Through consistent follow-up and interaction with parents and caregivers, fellows emphasized the importance of education and encouraged families to ensure regular school attendance. They also tracked the children's attendance in coordination with schools and provided timely support where required. These sustained efforts played a crucial role in strengthening parental accountability and community awareness, helping ensure zero dropout among children from Class 1 to 8 in the program communities during the year.



### ABG Support Group

To strengthen community ownership and collective responsibility for child well-being, the program facilitated the formation of 217 Adarsh Bal Gram (ABG) Support Groups across program villages. These groups brought together approximately 3,800-4,000 parents, Panchayat representatives, teachers, and community leaders, creating a local support system for children

and adolescents. The ABG Support Groups play an important role in guiding community initiatives, promoting education and child protection, and supporting the effective implementation and sustainability of Garima Program interventions.

**Section 3: Key Processes**

**A. Capacity building initiatives**

Capacity building of Garima Fellows is a core process that ensures effective implementation of the Garima Program at the community level. While the SEP Fellowship curriculum already provides structured and high-quality learning opportunities for fellows, SEP further strengthens their capacities by organizing specialized training sessions in collaboration with leading sector experts and institutions.



During the reporting period, **four focused capacity-building sessions were organized to enhance the fellows’ knowledge, facilitation abilities, and thematic understanding.** These included training on **facilitation skills for grassroots workers**, training on Early Childhood Care and Education (ECCE) to support engagement with Anganwadi centres, and a storytelling and documentation training session to help fellows identify impactful community stories and strengthen the process of documenting change and program outcomes.

These learning opportunities helped Garima Fellows strengthen their field facilitation skills, improve community engagement, and enhance the quality of program interventions at the grassroots level.

Date	Name of training program	Name of training institute	No. of participants
8 <sup>th</sup> Jul to 14 <sup>th</sup> Jul 2025	Facilitation Skill Training for Fellows	Samarthan, Bhopal	23 participants
14 <sup>th</sup> Dec to 21 <sup>st</sup> Dec 2025	ECCE orientation training	Muktangon, Mumbai	16 participants
1 <sup>st</sup> Dec to 3 <sup>rd</sup> Dec 2025	Impactful storytelling workshop	Vikas Samwad, SEP Office	6 participants

## B. Module development

To ensure consistency and quality in community engagement, the Garima Program has developed 22 thematic modules and structured session plans for use in community platforms and school workshops. These modules were designed by the SEP team in consultation with Garima Fellows based on field experiences, community needs, and key issues affecting adolescents and children.

The modules cover themes such as adolescent health, menstrual hygiene management (MHM), child rights and protection, cyber safety, nutrition, personal hygiene, life skills, and prevention of child marriage. Before finalization, the modules were field tested by Garima Fellows during community and school sessions to assess their relevance, clarity, and effectiveness. Based on the learnings from field implementation, the draft modules were further refined and shared with sectoral expert agencies for review and technical guidance, ensuring that the content aligns with best practices and remains contextually relevant for community use.

### List of Modules developed

Life Skill	Women Empowerment	Gender
MHM	Environment	Mental Health
Substance Abuse	Sexual Reproduction Health	Road Safety
Personal Hygiene	Adolescents & Emotions	Nutrition
Kishor Sabha- Bal Panchayat	Safe - Unsafe Touch	Adolescent Health
CG Govt Schemes	Child Protection	Domestic Violence & Legal provisions
Anaemia	Child Abuse	
Cyber Security	Child Marriage	

## C. Partnership & Collaboration

Knowledge Partners	Implementation Partners
MUKTANGAON, UNICEF, SAMARTHAN, VIKAS SAMWAD	Health Department, Education Department, Women and Child Development Department, SHG groups, Rural Development & Panchayat Department

## D. Major Challenges & Mitigation Strategy

Challenge	Mitigation Strategy
During the reporting period, the program faced challenges in conducting sessions in schools due to limited permissions from the Education Department, which initially restricted direct	To address this, the Garima team strengthened collaboration with other departments such as the Health Department, Women & Child Development Department, and Rural Development Department, which helped create alternative entry points to conduct thematic sessions in schools and communities. Additionally, the support of village leaders and Panchayat representatives, along with the credibility

engagement with students through school-based platforms.	built by Garima Fellows through their community engagement, helped gain acceptance and ensure the continuation of program activities.
The discontinuation of support from Garima Didis due to limited resources affected the day-to-day field operations and community-level coordination of the program.	To address this gap, two key measures were implemented. First, the induction of Garima Trainee Fellows under the Garima Fellowship 2025–27 helped fill the operational gap while also supporting the expansion of program activities in new communities. Second, the program introduced the Garima Peer Educator initiative, under which 26 peer educators have been identified and are currently receiving capacity-building support to voluntarily assist Garima Fellows in implementing program interventions within their communities.

#### Section 4 Future Plans

Building on the learnings and progress made during the current reporting period, the Garima Program aims to further strengthen its interventions to deepen community impact and sustainability. The upcoming phase will focus on expanding community engagement, strengthening adolescent leadership, enhancing collaboration with government systems, and improving program processes to ensure continued support for children and adolescents in the program communities.

- Strengthen and expand Garima Manch platforms across more communities to create safe spaces for women and adolescent girls for dialogue, awareness, and leadership. (From 212 to 500)
- Scale up school-based interventions through regular thematic sessions, Bal/Kishor Sabha activation, and parent–SMC engagement in government schools. (Increasing the frequency and quality of sessions)
- Introduce and implement the Safe School Certification framework to promote child protection, gender-sensitive environments, and safe reporting mechanisms in schools.
- Expand the Garima Peer Educator initiative to build adolescent leadership and promote peer-led awareness on health, child protection, and gender equality.
- Strengthen community engagement through ABG Support Groups to ensure greater local ownership and sustainability of interventions.
- Expand ECCE interventions through Anganwadi Transformation, improving early childhood learning and school readiness.
- Organize health camps and awareness campaigns in collaboration with government departments to improve access to health services and information.

- Promote sports and leadership development for adolescent girls through the Girls Rising initiative.
- Continue efforts toward ensuring zero child marriage and zero school dropouts in intervention communities.

**Estimated Cost:**

Particulars	Total Unit	Unit Cost	Time	Total Cost
Fellows Stipend	25	8000	12	24,00,000
Travel Support	25	1000	12	3,00,00
Training support	25			3,00,00
<b>Total estimation</b>				<b>30,00,000</b>

**Conclusion:**

The Garima Program has demonstrated that empowering young women leaders and strengthening community engagement can create meaningful change in rural communities. Through platforms such as Garima Manch, school workshops, and community outreach, the program has helped improve awareness on adolescent health, education, and child protection while contributing to the prevention of child marriage and school dropouts.

The progress achieved reflects the commitment of Garima Fellows, the participation of communities, and the continued support of partners. We sincerely appreciate the encouragement and support extended by our partners and look forward to their continued collaboration in further strengthening and expanding the impact of the Garima Program in the coming years.

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## Annexure 1: Success Stories



# Bharti Patel

## Aadarsh Bal Gram Fellow



### From Fellow to Community Leader: The Journey of Bharti Patel

Bharti Patel, a mother of two children from one of SEP's target communities, joined the Garima Fellowship Program with the hope that it would open better employment opportunities for her in the future. However, as she progressed through the leadership program, the experience transformed her aspirations and role within the community. Through the fellowship, Bharti developed a strong sense of leadership and compassion for children, especially those facing vulnerability, social challenges, or lack of opportunities in their daily lives. The program enabled her to build confidence, deepen her understanding of child protection, and actively engage with community members to address issues affecting adolescents and women.

Bharti not only successfully completed the fellowship but also emerged as one of the top-performing fellows in the Garima Fellowship stream. More importantly, she translated her learning into meaningful community action. She played a pioneering role in implementing several community initiatives,

including the Girls Rising – Sports for Development Program, which expanded across 20 villages and engaged more than 400 adolescent girls. Through sports and leadership activities, the initiative helped young girls build confidence, teamwork, and become active advocates for gender equality in their communities. She also took the lead in establishing the “Bedhadak Bol” campaign, an initiative encouraging children to speak openly about issues related to abuse, exploitation, and unsafe situations. The campaign has helped create a supportive environment where children feel safer to raise their concerns and seek help.

Today, Bharti continues to contribute to the Garima Program by mentoring newly inducted Garima Trainee Fellows, guiding them on thematic issues and supporting their journey to become committed grassroots leaders. Her leadership and dedication have made her a role model for young women in her community. Bharti dreams of creating a safe and protective environment for every child, and she continues to work tirelessly to turn that vision into reality within her community and beyond.

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## Bhuneshwari Sahu

### Garima Trainee Fellow



#### From Community Volunteer to Emerging Leader: The Journey of Bhuneshwari

Bhuneshwari, a mother of two young children from one of SEP's program communities, always had a strong desire to contribute to her community. Earlier, she was associated with a Women Self-Help Group, where she began developing leadership aspirations and an interest in community work. However, opportunities for her to take on a larger role and grow as a leader were very limited. Her journey took a new direction when she joined the Garima Program as a Garima Didi, where she began mobilizing communities and facilitating awareness sessions across five villages. Through her dedication and commitment, Bhuneshwari quickly established herself as a trusted and impactful community volunteer, engaging women, adolescents, and families on important issues such as education, adolescent health, and child protection.

In 2025, when the Garima Didi initiative had to be discontinued due to funding constraints, Bhuneshwari felt disappointed as the platform that enabled her to contribute to her community was no longer available. However, recognizing her commitment and potential, she was given another opportunity to join the Garima Program as a Garima Trainee Fellow.

The transition was not easy. Having been away from formal education for many years, restarting the Garima Fellowship curriculum, while simultaneously managing household responsibilities and caring for her children, was a significant challenge. Despite these difficulties, Bhuneshwari embraced the opportunity with determination and resilience. Today, she has emerged as one of the most promising Garima Trainee Fellows of the 2025–2027 cohort. She is currently leading Garima interventions in 20 schools and facilitating 10 active Garima Manch platforms within her catchment area, all of which are functioning effectively. In addition, she has taken the responsibility of strengthening Kishor Sabha groups, motivating adolescents to actively participate in awareness programs and community campaigns.

Bhuneshwari's journey reflects the transformative power of community leadership opportunities. From a community volunteer to an emerging grassroots leader, she continues to inspire others through her dedication and perseverance. Her story demonstrates how the Garima Program enables women from rural communities to step forward, build confidence, and become catalysts of change.