Disha/Sense India

Mid-year Update
June 2, 2021

Disha Charitable Trust

Center for rehabilitation of children with deafblindness and various other disabilities

Deafblindness is a unique disability with extreme challenges of communication and mobility

Work in partnership and under the guidance of Sense International, India

Started in 2021 with 20 existing children

Program Status

- 3 new children were identified
- 2 of them have dropped out because they moved back to their village
- Home-based and center-based services were being provided until March 2021
- With increased COVID-19 restrictions and lockdown, classes were shifted online and through audio or video connections
- Parents and educators were encouraged to participate in their respective network groups and get relief from feeling isolated

Program Status (contd.)

- Parents were provided guidance to apply for important disability related documents and schemes – disability pension, disability certificate
- Staff was trained by Sense to organize and plan weekly reports and time-tables to help track the activities and progress made by the children
- Sensitization meetings were conducted with 18 staff members of a local NGO called 'Sahaj'
- Parents were also trained to support the daily living activities of their children

COVID-19 Challenges for the Families

- Restrictions and lockdown created disruptions in the routine
- Therapeutic services were suspended
- Parents were stuck at home and not trained to work with their children
- Increase in behavior problems among the children

COVID-19 Challenges for the Staff

- Personal challenges related to the pandemic
- Travel restrictions disrupted therapeutic services for the children
- Program for survey and identification of new children was also put on hold
- Online sessions challenge: it is difficult to train parents to teach like specialists; attention span of children wavers quickly
- Many compromises had to be made based on time availability of the parents, space constraints and teaching material

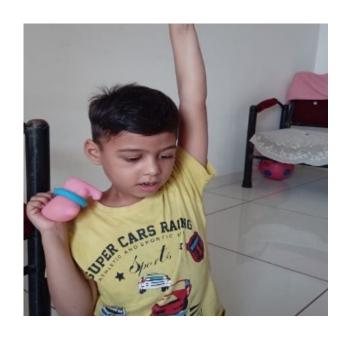
Sense India Assistance

- Online teaching and audio/video calls offered continuous support to the children and their caregivers
- Weekly reports were shared with Sense India coordinators
 - Enabled the educators to keep track of the progress made by the children
 - Highlighted the challenges faced by them
 - Parent feedback
- Sense India coordinators provided guidelines for the home setup
- Timetables were created to suit the child and family schedule
- Strengthening exercises and therapy were conducted online via guided audio/video calls

Content of Online Lessons

- Educational/Academic sessions
 - Writing, reading, arithmetic
 - Learning braille & sign language
 - Revision
- Independent living skills
 Cleaning, folding clothes, watering plants, washing vegetables, etc.
- Daily living activities
 Personal grooming, hygiene, eating, etc.
- Therapy

Neck positioning, sitting, kneeling and standing with support, sensory stimulation, repeating words and sounds











Jan – April 2021 Expense Report

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Summary of Expenditure for the Period Jan'21 to Apr'21 Particulars	Budget 2021 (INR)	Asha For Education Contribution (INR)	Budget Jan'21 to Apr'21		Actuals Jan'21 to Apr'21	
			AFE	ther	AFE	ther
Equipments				Combail		Cambril
Educational Resources	15,000	-		10,000		8,855
Assistive Devices and Learning materials	10,000	-				
Equipments Total	25,000	-	-	10,000		8,855
Human Resource Costs				,		
1 Project Co-ordinator - Rs. 5,000 x12 (Part time)	60,000	60,000	20,000		20,000	
1 Special Educator - Rs. 11,500 x12	138,000	138,000	46,000		38,219	
1 Officer - Training - (10%)	39,600	-		13,200	,	13,200
1 Special Educator - Rs. 15,500 x12	186,000	186,000	62,000	,	55,578	
Human Resources Total	423,600	384,000	128,000	13,200	113,797	13,200
Activities				•		
Travel for children to centre- Rs. 3,300 x12	39,600	19,800	6,600		368	
Centre Running Cost - Rs. 1,200 x 12	14,400	7,200	2,400			
Clinical & Functional Assessment	5,000	-	,			
Outing for Children with Deafblindness	10,000	-				
Activities Total	69,000	27,000	9,000	-	368	-
Capacity Building, Networking and Advocacy						
Family network development	10,000	-				2,478
Regional training on deafblindness (Participation cost for 2 members)	20,000	10,000				
National training on deafblindness (Participation cost for 2 members)	20,000	10,000				
Mentoring Support - Professionals from other NGOs						
Travel & Subsistance	30,000	15,000				
Onsite training including Parent's counseling						
Travel & Subsistance	10,000	3-3				
Capacity Building, Networking and Advocacy Total	90,000	35,000	-	-	-	2,478
Monitoring and Evaluation						
Programme Management, quality review, documentation and reporting by						
Manager - Programme (10%)	84,631	42,316	14,105	14,105	14,932	
Financial monitoring, record-keeping & reporting by Officer- Accounts (10%)	29,848	29,848	9,949		10,648	
Monitoring & Evaluation by senior Sense India staff	15,000	-				
Monitoring and Evaluation Total	129,479	72,164	24,054	14,105	25,580	-
Total Direct Costs	737,079	518,164	161,054	37,305	139,745	24,533
Project Administration Costs @ 10%	73,708	51,816	17,272	7,297	17,272	7,297
GRAND TOTAL	810,787	569,980	178,326	44,602	157,017	31,830
Particulars	Disha	Sense	Total			
Grant Received	206,000	80,000	286,000			
Expenditure - Jan'21 to Apr'21 Net left:	114,165	42,852	157,017			
	91,835	37,148	128,983			

Re-allocation of budget



The budget for the travel costs for the teachers was used towards providing phone/data recharge for families in need



5 families were offered this assistance to ease their financial burden and help them attend online sessions

Children offered extra financial aid

- Krishna: He is the child of a single mother who runs a small snacks stall. Due to the pandemic, his mother had to close the stall and is finding it difficult to reopen it again.
- Vatsal: He is epileptic and needs regular medication. With reduced livelihoods along with medical expenses, his parents are currently facing difficulties in procuring even the ration for survival.
- Noman: His father is a daily wage worker; the sole earning member of family and the income is quite irregular currently.
- Mayur: His father runs a tea stall in slum area. The family is struggling currently due to poor health of the father and pandemic related restrictions.
- Aisha: Her father is a mechanic and currently due to the pandemic the income of the family has been severely affected.



Success Story

- Noman has multiple disability (deaf blindness with intellectual disability and cerebral palsy). He was unable to sit and walk on his own, hold objects in hand and would spend his days crying. He was confined to his home and dependent on his parents to carry him around
- With the help of rehabilitation efforts, Noman can now walk with the support of a wall. His communication skills have improved. He is wearing glasses to help with his impaired vision. He can identify objects. He is making progress towards activities of independent daily living. It has given his parents great joy and hope that he will walk on his own some day