



PARIVAAR

Changing Destinies





Founder's Story and Inspiration



Vinayak Lohani

B.Tech from Indian Institute of Technology Kharagpur (2000), MBA from Indian Institute of Management Calcutta (2003).

Instead of following a highly lucrative corporate career, he chose to pursue a life of humanitarian service to support the development of children living in poor conditions. **Started Parivaar in 2003**

Inspired by the spiritual and humanistic ideals of Swami Vivekananda, Vinayak started Parivaar.

It is a privilege to serve mankind, for this is the worship of God. God is here, in all these human souls. He is the soul of man.

Swami Vivekananda





Parivaar Mission

Change the lives of destitute and vulnerable youth in a **loving and caring environment**, to realize their full potential through the benefits of **long-term education, skills training, and support.**

West Bengal

Parivaar is West Bengal's largest free residential educational institution for children from highly impoverished backgrounds.



HOLISTIC CHILD DEVELOPMENT ACTIVITIES

Children movies

Carnivals

Excursions

Extensive Library



As of August '20 it has more than 1600 resident children in its two campuses Parivaar Vivekananda Sevashrama for Boys and Parivaar Sarada Teertha for Girls.

The children are from age-group of 4 (pre-schooling) till 21 (University level graduation).

Seva Kutir Structure

Madhya pradesh

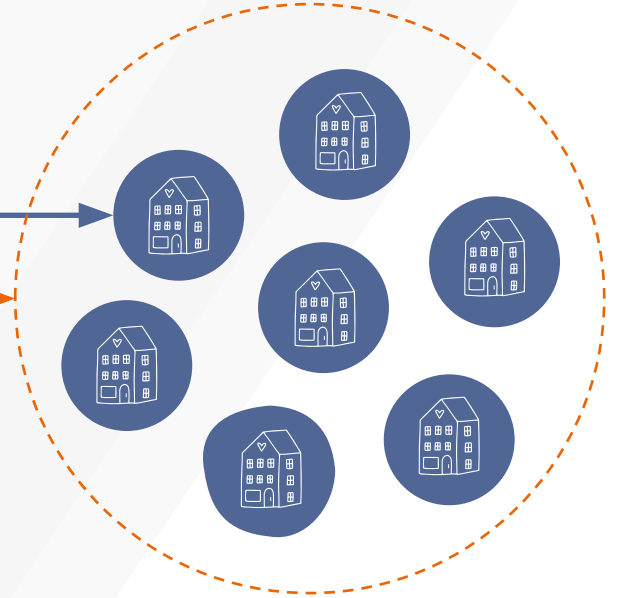


Personnel at a Seva Kutir

- 3-4 Teachers
- 2-3 Cooks

Seva Kutir are organized in clusters

- Each cluster is composed of 5-7 Kutirs in a 10-15 KMs radius
- Each cluster is supervised by 2 coordinators



Community Involvement

- Village community engaged as an active participant.
- Engages in Regular Meetings at Kutirs



Government Collaboration

- Complementing the Mid-day meals
- Inviting teachers for our Training Programmes
- Ensuring children participation in health check-ups & other govt. Health programs

Education Madhya pradesh



Venue provided by the Village Community or Govt. Building

3.5 hours of daily educational engagement with two shifts

Morning: 07.00 – 10.30 am

Evening: 04.00 – 07.30 am



4 Levels of educational engagement

- Pre-Primary,
- Primary (2 sections)
- Upper Primary



Educational Content

- Languages, Mathematics, Environmental Studies + co-curricular activities, games & sports.
- Weekly syllabus & tests designed by education team.
- Educational Resources like Pratham Mini-libraries, Amar Chitra Kathas etc. Provided.

Why Madhya Pradesh ?

In January '18, The Economist had a cover article on India titled **"India's missing middle class"** which had a chilling statistic- Poor diets mean that **38% of children under the age of five are so underfed** as to damage their physical and mental capacity irreversibly, according the Global Nutrition Report.

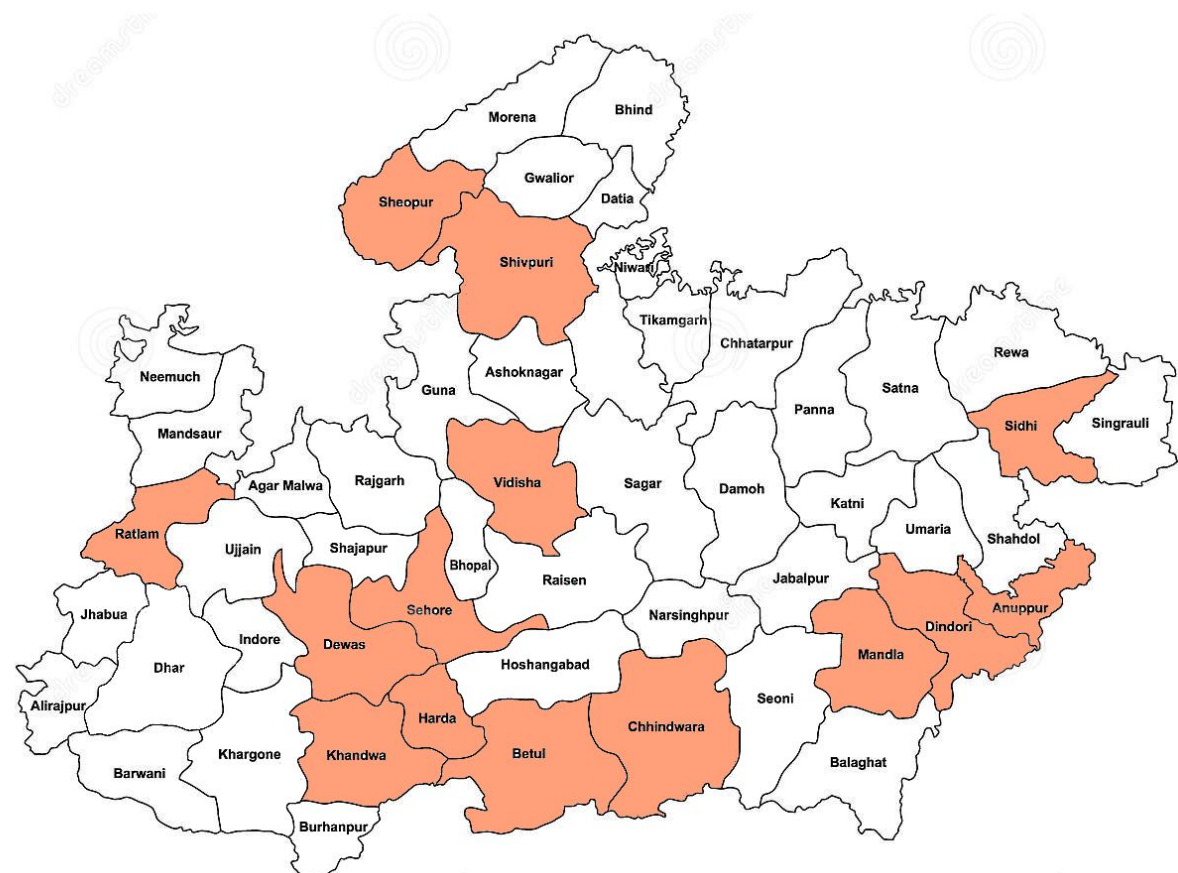
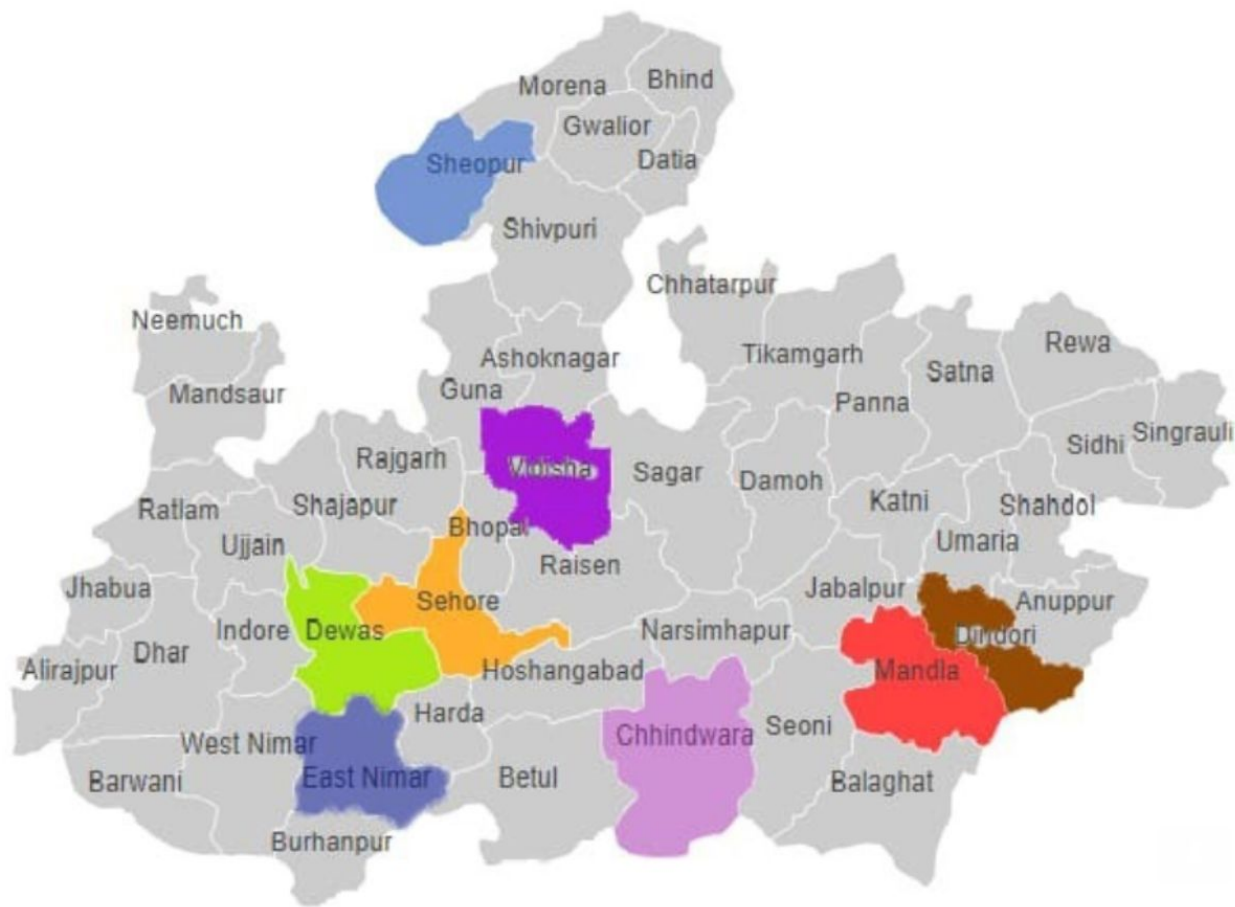
The comparable number for Sub-Saharan Africa is apparently lower at 35%. India has the largest number of stunted children in the world, at 48.2 million. In the state of **Madhya Pradesh more than 60% children are malnourished**. In some impoverished **tribal areas** of Madhya Pradesh it is **as high as 90%**.

Though enrolment rate in government schools across the country in the age-group of 4 to 14 has increased to more than 97%, the **learning outcomes** in the **pecially deprived tribal pockets** which are marked by first-generation learners have **remained dismal** as shown by many reports like the ASER. Government schools run for nt more than 150 – 175 days, there is need for alternate supplementing spaces for ensuring better learning, socialization, development of world-view, and civic virtues coupled with value education to the children as they grow up. The **Seva Kutirs combines two key themes** most crucial for children in interior rural areas in the country – **malnutrition and education**.

Complementing and Partnering with Government Systems

The whole concept of Seva Kutir was built on the **premise of complementing the existing government systems and schemes.** The nutrition aspect that the Seva Kutirs have undertaken is to **complement the mid day meal scheme** by providing nutritious food for the remaining two meals, i.e. breakfast and dinner. Educationally the Kutirs by holding sessions with government school children in the morning and evening slots (after and before school) aim to assist the children in their school curriculum by making children over 7 years grade ready and under 7 years school ready.

- **Mutually designed curriculum:** We are already working with district school authorities regarding our work in Kutirs we **have shared our curriculum with them each month.** We will be doing so with the teachers in the schools that the Kutir children attend and also ask them feedback and where they require help from us specific to some subjects. In informal discussions with some such teachers they have asked us to **particularly focus on Maths and Science** since many drop outs in the region are because of inability to understand these two subjects.
- Upgrading teaching methodologies: We **hold trainings for our Kutir teachers every month;** District education authorities are encouraging their teachers from the villages (where Kutirs are) to participate as well.



In the last year , **300+ new Seva Kutirs** have been added in Madhya Pradesh, expanding the work to multiple new districts
Phenomenally efficient & scaled operations bringing down to USD 150 /
INR 10,000 per child/year

661 Seva Kutirs fully operational since Sep 2020!



Serving 60,000+ kids daily across 14 districts

Chhindwara



Life in a Seva Kutir on a typical day

1. Children are divided into small groups of 20-25 and they come as per their allotted time slots so that there is no congestion.
2. They sit at specially marked spots to ensure proper physical distancing
3. They wash their hands frequently with soaps provided at the Seva Kutirs (this was in fact a usual practice for them).

4. Those children who show COVID-19 symptoms or if anyone from their family is showing that, then they are advised to remain quarantined in their homes for at least 14 days.

5. Children from families where anyone has come from outside, are advised to stay quarantined for 14 days.

6. As far as possible, children bring their own water bottles.

Dewas



Pratham Books Mini Libraries

We have mini-libraries of Pratham Books in all our Seva Kutirs. These are portable, foldable, wall-mounted collections (120 books in each) carefully curated by us with Pratham Books. Children in our remote, tribal villages who do not have access to any reading materials apart from their textbooks, are now using these books with great interest and enthusiasm.



Facilitating higher education

- (a) Preparing students to get admission in **Navodaya Vidyalayas at class 6th level and also class 9th level**. Also planning to **prepare students for Sainik schools**.
- (b) Preparation for **jobs** of children in **armed forces** after **Grade 12 level** and **also for other govt. jobs**.

One of the key objectives of our work in all the poor tribal villages is that each and every child at least finishes school education. At present, more than 50% children are not able to do that, because of heavy drop outs from Class 9th onwards. So, every year, at the time of admissions, our grassroot workers (around 1100) counsel the parents and ensure that all children take admission in Class 9th. Students who were not aware of the process for taking admissions, or because of other reasons, were not keen on taking admissions, were counseled. Some of these students were also admitted in the government hostels, depending on the seat availability. A total of 1421 students across around 200 tribal villages in 5 Seva Kutir districts took admissions after our counseling, break-up of which is given below:

S.No.	District	Admitted in nearby schools	Admitted in Govt. Hostels
1	Dewas	440	23
2	Sehore	310	30
3	Sheopur	194	34
4	Mandla	163	30
5	Chhindwara	197	Nil
TOTAL		1304	117

Start of Residential School at Sandalpur (District Dewas MP) in Dec 202.



Parivaar MP team started a new Residential campus with 320 children from mainly tribal communities of 3 districts (Sehore, Dewas, and Khandwa). The campus is spread over 17 acres and expected to be scaled up to much greater numbers in time to come. Parivaar also supports children in hostels in Mandla district, MP

Scaling Hostels in Mandla

We have been running hostels in Mandla town since 2019 for girls and boys from extremely poor tribal families. We have now scaled up the capacities of these hostels where girls and boys from Grade 9 to 12 are enrolled.

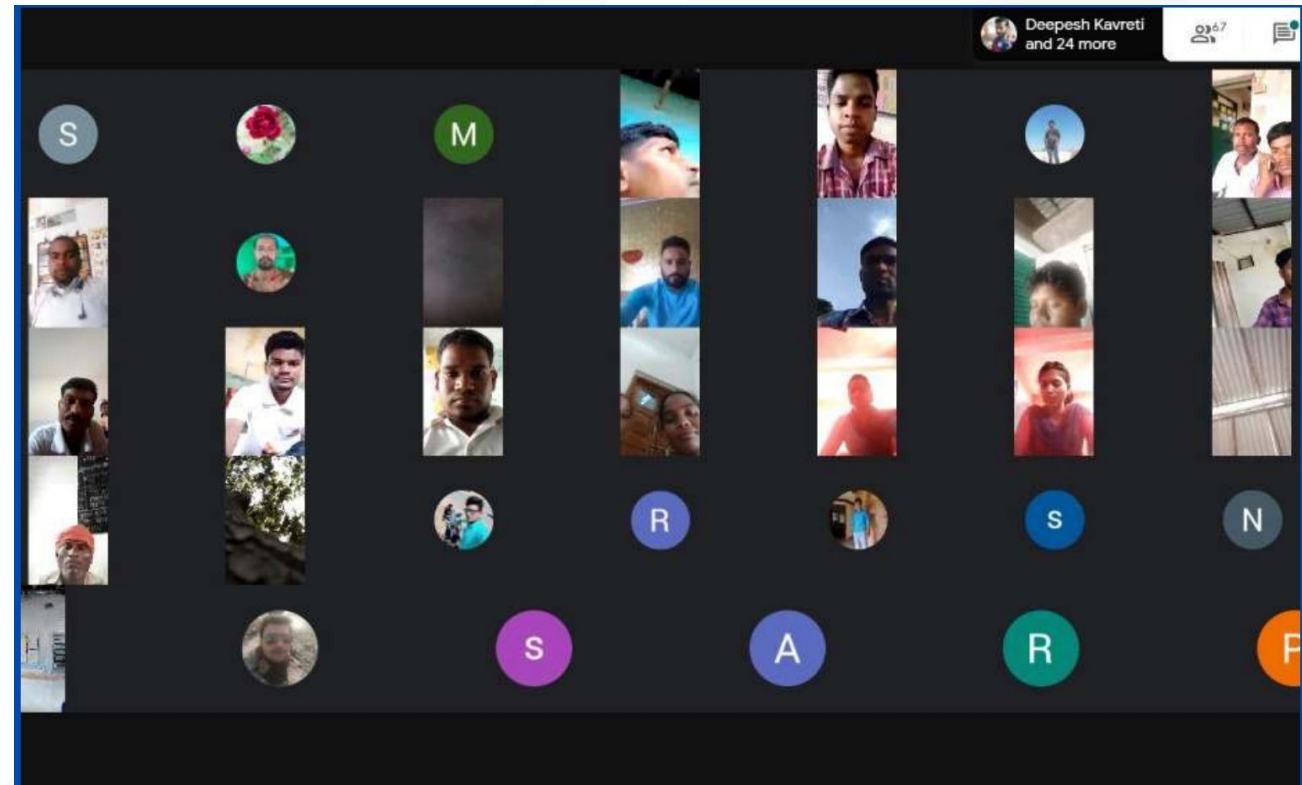
All these boys and girls are from our 30 Seva Kutir villages in Mandla district and from villages where the high school was very far away. Without residential support they would have dropped out after Grade 8. We have inducted a new batch of resident boys and girls in Mandla hostels after the COVID breakdown. In order to expedite the process, we had purchased a ready property last year for girls hostel.



Teacher Training

Partnered with Mantra for Change (<https://mantra4change.com/>) for teachers' training and capacity building.

Online trainings for more than 200 teachers of our Seva Kutirs in Sheopur, Mandla and Chhindwara have happened and will soon start the training sessions for teachers from other Seva Kutir districts.



Collaboration with Toy Bank

Partnered with Toybank (www.toybank.org), an organization working in building fun & play spaces for children from underprivileged backgrounds.

During present times, they are creating PlaySheets, focusing on the behavioral and mental growth of children. They are sharing these PlaySheets with us daily which are then being shared by us with all the children of our Seva Kutirs.

These PlaySheets have interesting educational activities on a wide range of areas such as languages, arithmetic, simple games etc





Link : <https://www.youtube.com/watch?v=od3WVurE2II>

Bharat Ratna Sachin Tendulkar spent a day in Dewas and Sehore districts visiting our Residential Institution in Dewas diatrict and Seva Kutir in a village of Sehore district.

Launch of a Comprehensive Initiative to attack Malnourishment in collaboration with Sachin Tendulkar Foundation

Aimed at eliminating malnutrition completely in this hotbed of malnourishment among Sahariya community, described by **eminent Economist Jean Dreze** as **one of the worst three impoverished communities on earth**.

1. The beneficiaries are **pregnant women, lactating mothers and children in 0-3 years** age group. They are presently not covered under the Seva Kutir program, however it is very necessary to cover them because we all know that malnutrition starts even before birth.
2. These 3 categories (pregnant women, lactating mothers and children in 0-3 years age group) will **come to the Kutir twice (morning & evening)** and will be given **full meals as well as milk**. In addition to this, they will also be given **Iron & Folic Acid Tablets/Syrup and Multi-vitamins Tablets/Syrup** (tablet for women and syrup for children). They will also be taken to hospitals for **regular check-ups** and will be given all help, as advised by the Asha/ANM/Anganwaadi workers.
3. Started on a **pilot basis** in **14 Seva Kutir villages in Karahal** (Sheopur district)
4. The preparation work for this had been going on for the past 3-4 months. During that period, meetings with village communities were conducted in all these 14 villages. Baseline measurements (height, weight, haemoglobin etc) were taken in collaboration with the District/Block level health authorities and Asha/Anganwaadi/ANM karyakartas. Iron & Folic Acid tablets/syrups were procured from the government free of cost.

Founder's note



Two days back I found myself in a village in Karahal block in Sheopur district of MP which was an outlier even to the wildest expanse of my imagination. **One of the poorest villages I have been to.** My fellow Sevavratee Rinkesh, our District Anchor for Sheopur, had chanced upon this hamlet while losing his way in the forest. **Nobody from this village has ever gone even to a primary school.** Notwithstanding the RTE provisions, **there is no primary school within miles.**

For reaching the nearest school one has to be **cross a dense forest** and **so no child ventures into doing that.** Water has to be brought from a distance of 2.5 km. Not even a working well or bore-well in the area. Bathing itself is a luxury and children don't bathe for weeks together. No toothbrush to be found in the entire village. **Kids of toffee-munching age (under 10) chewing tobacco.** Completely forgotten village. Not on any map.

We are setting up our Seva Kutir here within a week. Also reporting to the State Govt about this.

Sweater distribution



81,922 sweaters distributed to poorest children in 14 districts of MP, primarily through support of Mr Saurabh Mittal, Singapore.

Budget request for ASHA SV for the Period 01.04.2022 - 31.03.2023

S L . No	Particulars	Budget
1	Salary of Kutir Teachers (Rs.5500 x 3 (no. of teachers) x 12 Months)	1,98,000.00
2	Salary of Kutir Cooks (Rs.4000 X 3 (no. of cooks) x 12 Months)	1,44,000.00
3	Salary of 1 cluster coordinator (Rs. 9,000 x 1 x 12 Months)	1,08,000.00
4	Fooding Costs (groceries, milk, vegetables, fruits) for 130 Children	7,80,000.00
5	Books, stationary, Mini-library of Pratham Books, sports equipment etc	1,20,000.00
	Total Rs	13,50,000.00