



PARIVAAR

Changing Destinies





Founder's Story and Inspiration



Vinayak Lohani

B.Tech from Indian Institute of Technology Kharagpur (2000), MBA from Indian Institute of Management Calcutta (2003).

Instead of following a highly lucrative corporate career, he chose to pursue a life of humanitarian service to support the development of children living in poor conditions. **Started Parivaar in 2003**

Inspired by the spiritual and humanistic ideals of Swami Vivekananda, Vinayak started Parivaar.

It is a privilege to serve mankind, for this is the worship of God. God is here, in all these human souls. He is the soul of man.

Swami Vivekananda





Parivaar Mission

Change the lives of destitute and vulnerable youth in a **loving and caring environment**, to realize their full potential through the benefits of **long-term education, skills training, and support.**

Seva Kutir Structure

Madhya pradesh

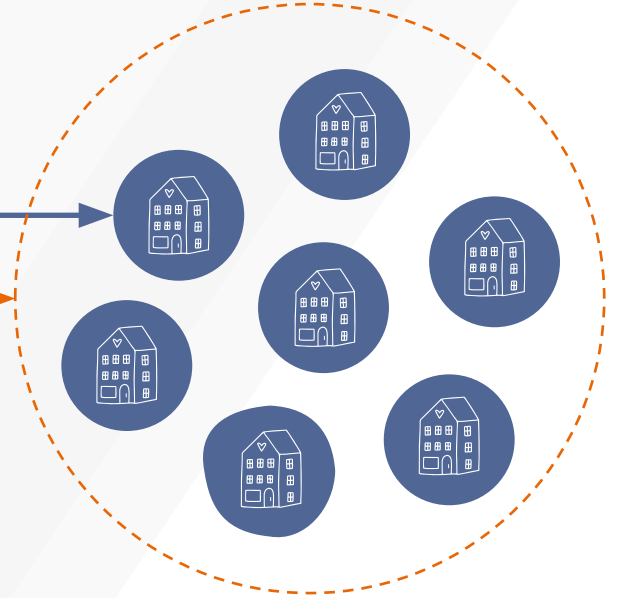


Personnel at a Seva Kutir

- 3-4 Teachers
- 2-3 Cooks

Seva Kutir are organized in clusters

- Each cluster is composed of 5-7 Kutirs in a 10-15 KMs radius
- Each cluster is supervised by 2 coordinators



Community Involvement

- Village community engaged as an active participant.
- Engages in Regular Meetings at Kutirs

Government Collaboration

- Complementing the Mid-day meals
- Inviting teachers for our Training Programmes
- Ensuring children participation in health check-ups & other govt. Health programs



Education Madhya pradesh



Venue provided by the Village Community or Govt. Building

3.5 hours of daily educational engagement with two shifts

Morning: 07.00 – 10.30 am

Evening: 04.00 – 07.30 am



4 Levels of educational engagement

- Pre-Primary,
- Primary (2 sections)
- Upper Primary

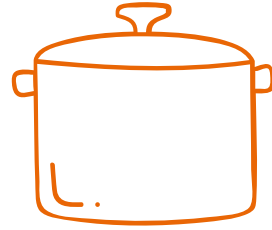


Educational Content

- Languages, Mathematics, Environmental Studies + co-curricular activities, games & sports.
- Weekly syllabus & tests designed by education team.
- Educational Resources like Pratham Mini-libraries, Amar Chitra Kathas etc. Provided.

Nutrition

Madhya pradesh



Meals

- **30,000 meals served daily to children**
(9 million meals served annually)
- **7,000,000 litres of milk served annually**
to malnourished tribal children with no access to milk.



Impact

- Around 83 % children have shown a positive movement in their BMIs.
- 7 % of children have shown a negative movement, which may be because of catching diseases.



COVID Efforts March-June 2020

9,649

Families Served

\$75K

Money Distributed

207

Villages Covered

6

of Districts

- Type of support :
 - Food Stock distribution, Medical Check-up, Direct cash transfer
 - Aid last mile delivery of Government Schemes
- Districts : Bhopal, Dewas, Sehore, Mandla, Sheopur & Chhindwara



All 169 Seva Kutirs are again Fully Operational!

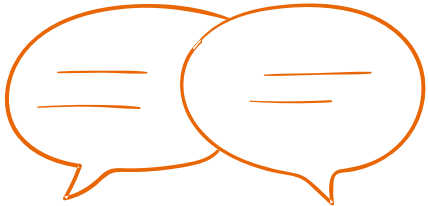


Serving ~17,000 children



Seva Kutir Operations in COVID world

Schedule



- 2 shifts - Morning 9am- 11am & Evening 5pm-7pm
- Uniform weekly menu across all Kutirs
- Seva Kutirs - 7 days a week

Precautions



- Children come in smaller groups, and follow all the necessary safety measures including hand washing, distancing, etc.

Meals



- 2 Full Meals - Lunch and Dinner
- Elderly people with no adult members to take care of get meals in Seva Kutirs.

Study



- Study hours - Morning 7am-8:30am & Evening 2pm-4:30pm
- Groups of 4 to 5 children sit in their homes to study. Teachers visit their homes, give them tasks and help them study.

Chhindwara



1. Children are divided into small groups of 20-25 and they come as per their allotted time slots so that there is no congestion.
2. They sit at specially marked spots to ensure proper physical distancing
3. They wash their hands frequently with soaps provided at the Seva Kutirs (this was in fact a usual practice for them).

4. Those children who show COVID-19 symptoms or if anyone from their family is showing that, then they are advised to remain quarantined in their homes for at least 14 days.

5. Children from families where anyone has come from outside, are advised to stay quarantined for 14 days.

6. As far as possible, children bring their own water bottles.

Dewas



Sheopur



The COVID-19 crisis has brought to light the problems faced by the sick and the elderly in the villages who have no adult members to take care of them. We are now serving them as well.

If someone is sick and not able to come to the Kutir, we serve them food in their house. Thus, in addition to 16,000 children, we are also serving around 2000 needy elderly people of these villages.

Mandla



Education in Seva Kutirs

COVID-19 has generally affected children's education, and for children in remote, tribal pockets, it has meant no school education for more than 3 months. However, because of Seva Kutirs, there has been no gap in children's learning. Daily home-study time slots have been fixed for children (morning 8 to 9.30 am; afternoon – 2 to 4.30 pm). During this time, children study in a group of 3-4 in their homes. Seva Kutirs teachers visit their homes, ensure that they are engaged in studies, give them various fun- filled educational tasks and also help them perform these tasks



Teachers' Training

Our Education Resource persons have been continuously holding online training sessions with teachers during this period. We are using whatsapp Groups, Read Along (Bolo) App, The Teacher App for these purposes. Teachers are being given tasks regularly, which they have to complete and share, in word documents or through audio/visual methods. These tasks relate to reading, writing, pronunciation, solving problems etc. Teachers have to present their completed tasks on 'Bolo App' through video calls.

Collaboration with Toybank (www.toybank.org)

We have collaborated with TOYBANK, an organization working towards building fun & play spaces for children from underprivileged backgrounds. During present times, they are creating PlaySheets, focusing on the behavioral and mental growth of children. They are sharing these PlaySheets with us daily which are then being shared by us with all the children of our 163 Seva Kutirs. These PlaySheets have interesting educational activities on a wide range of areas such as languages, arithmetic, simple games etc.



Pratham Books Mini Libraries

We have mini-libraries of Pratham Books in all our Seva Kutirs. These are portable, foldable, wall-mounted collections (120 books in each) carefully curated by us with Pratham Books. Children in our remote, tribal villages who do not have access to any reading materials apart from their textbooks, are now using these books with great interest and enthusiasm.



What after Seva Kutir for a child?

The main focus of education in the Seva Kutir Program is enhancing the learning skills and outcomes of children in the age group 3-14 years. In addition to this core component, we are endeavouring to specially prepare children for other available opportunities, some of which are :

- (a) Preparing students to get admission in **Navodaya Vidyalayas at class 6th level and also class 9th level**. We have been doing this for the past one year, and already some students of our Seva Kutirs have been selected in Navodaya Vidyalayas this year. We are also planning to **prepare students for Sainik schools**.
- (b) Preparation for **jobs** of children in **armed forces** after **Grade 12 level and also for other govt. jobs**. We are doing this through collaboration with some institutes which specialize in such training/coaching, through offline or online modes.
- (c) Our residential campus for children in Dewas and Sehore districts are getting developed which will house more than 1000 resident children. Focus will be high school and further education for the children in these campuses
- (d) 2 Girls Hostels that can accomodate 125 girls in Mandla, named Parivaar Bhagini Nivedita Sadan from Grade 9 to grade 12 and upwards in Higher Education who come out of our various Seva Kutir villages after their Grade 8. Already, **32 girls** had been staying here since we took up a floor of this building on rent last year. Now we have taken the entire 10 thousand sq ft property at a price (post registration etc) of Rs 1.5 Cr.

Budget request for ASHA SV for the Period 01.04.2020 - 31.03.2021

S L . No	Particulars	Budget
1	Salary of Kutir Teachers (Rs.5500 x 3 (no. of teachers) x 12 Months)	1,98,000.00
2	Salary of Kutir Cooks (Rs.4000 X 3 (no. of cooks) x 12 Months)	1,44,000.00
3	Salary of 1 cluster coordinator (Rs. 9,000 x 1 x 12 Months)	1,08,000.00
4	Fooding Costs (groceries, milk, vegetables, fruits)	7,80,000.00
5	Books, stationary, Mini-library of Pratham Books, sports equipment etc	1,20,000.00
	Total Rs	13,50,000.00

West Bengal

COVID and Hurricane update



Around 100 kids and 60 caretakers remain on campus.

Remaining 2000+ kids are at their respective homes due to COVID

Online Educational engagement is happening with Children of Class 6 onwards



West Bengal in lockdown till July end

Residential Institution will be functional probably after Durga Puja, in October.



Double whammy - impacting property at Parivaar and several caretakers homes

Parivaar helped in repairing homes of Sevavratees & nearby villagers



Bengal Campus after the hurricane

