

Udayan Care

- Dr. Kiran Modi

Mission Statement

- A nurturing home for every orphaned child, an opportunity for higher education for every girl and “for every adult, the dignity of self-reliance and the desire to give back to society.

Site Visit Report

Abstract

- I visited the Udayan Care main office and the Sant Nagar Home on 23rd December, 2013.
- I met with Sohini Kamarkar (Assistant Manager for Resource Mobilization), Priyanka Jain (Assistant Manager for Udayan Ghar Program), Sapna, Akanksha and Dolly (Udayan Shalini Fellows), and Parvinder (currently living in the Sant Nagar Home).
- The managers were extremely helpful, efficient and organized. Priyanka told me about the Udayan Ghar Program. I met Parvinder who stays at the Sant Nagar Home. She had just returned for summer break from her boarding school in Rajasthan. Sohini came with me to the Sant Nagar Home as it was difficult to locate. She gave me full freedom to look around the House and meet the residents. I also met Kriti, the Home supervisor who looks after the children.
- I met Sapna, Akanksha, and Dolly who told me about the USF Program and how they benefitted from it.
- My overall impression was a positive one. The organization seems dedicated, extremely transparent, and professional in their work. Moreover, the managers know each child personally and I could see the bonds they shared with the girls. There was a friendly and cheerful atmosphere in the office and the Home.

Programs

- **Udayan Ghar Program**
 - Sunshine homes for children who are orphaned or abandoned, to be nurtured into responsible citizens
- **After Care Program for Boys and Girls**
 - The Stepping Stone to a life of self reliance
- **Udayan Shalini Fellowship Program**
 - Educating and nurturing young girls towards a life of economic independence and dignity
- **Udayan Care Information Technology and Vocational Training Program**
 - Bringing technology and vocational choices closer to the underserved, improving livelihood opportunities.
- **Big Friend Little Friend Program**
 - A bond of friendship where an adult accompanies a young adolescent, being there in times of triumph and despair

Sant Nagar Home

- I met Kriti, the supervisor, and 2 cooks. There were around 6 children ranging from 8-10 years. They were present as their summer break had started. The others were still at school. They seemed very excited to see me and showed me their beds. Shivani even took my email!
- The Home was clean and neatly organized. Each child had a single bed to her/himself. There was a functional computer and the children had email accounts. They were on facebook too! The older children were put in one section of the apartment, and the younger kids in another. This was to allow the older kids to maintain some privacy.
- I saw the school textbooks and notebooks belonging to the kids. Shivani told me she was actually preparing to come to USA. I was informed by Priyanka that a few kids from each Home were chosen under an exchange program to visit USA and perform for the audience.
- The cooks were preparing lunch. They try to serve balanced meals everyday and try to vary the food choices. Sometimes, it is hard to get kids to eat nutritious food and so they have a rewards system in place.
- They had around 3 bathrooms and 3 shower cubicles for 12 kids. The bathrooms were quite clean. the children were responsible for maintaining hygiene and cleanliness in the bathrooms. They were required to shower every morning before school. The older kids helped the younger kids bathe while the supervisor ensured that the kids had everything they needed for school in their backpacks.

Udayan Shalini Fellowship Program

- **Need:** Only 16% women in India study till Class X, there is only 1 girl among every 100 college going students, only 4.5% graduates in our country are women, and only 8.7% women complete graduation, even in urban India.
- **Goal:** aim to ensure no girl with the drive to learn is denied her dream, due to lack of support.
- **Unique aspects:** Pyramidal mentoring, Workshops, Residential camps, Social campaigns

Statistics

Statistics of Udayan Shalini Fellows inducted across chapters

Year	Delhi	Haryana (Kurukshetra)	West Bengal (Kolkata)	Uttarakhand (Dehradun)	Maharashtra (Aurangabad)	Punjab (Phagwara)	Haryana (Gurgaon)	Uttarakhand (Haridwar)
2002	72							
2003	49							
2004	126	10						
2005	51	0						
2006	125	15						
2007	158	34	188					
2008	50	0	104	210	13			
2009	51	26	35	103	40			
2010	50	100	100	100	0			
2011	80	50	60	50	20			
2012	100	50	100	50	25	50	80	100
						98		
Total	912	285	587	513	98		80	100

Drop out Rates and Reasons

- From 2002 there is only 5 % drop out rate. The main reasons for the same are sudden death in family, marriage, failing to qualify the exams due to sickness, not appearing for the examination at all, and migration. Also a very important reason of drop out is voluntary withdrawal from the program. We have cases where the fellow withdraws herself from the program as her family income has increased (E.g- brother getting a job), so she can manage to bear the cost of her studies. They themselves offer to transfer the amount of scholarship to another girl in need.

List of Funding Partners for USF

- Over the years, the programme has attracted donors like: Kusuma Foundation, Vatika Group, Education Trust, Springer India, Raghubesh Charitable Trust; Ambuja Cements Foundation, Govind Deo Ji Trust, iPartner India, Puneet Malhi Trust, Meghraj Properties, Pakhar Singh Foundation, Unniti Foundation and Bharat Heavy Electrical Limited (BHEL) apart from several individual funders.

Names of Colleges attended by USF in Delhi

- Hansraj College, Kirorimal College, Miranda House, Sri Guru Govind Singh Khalsa College, Sri Ram College of Commerce, Daulat Ram College, Deen Dayal Upadhyay College, Jamia Millia Islamia, Zakir Hussain Collge, Jamia Hamdard, Shyamlal College, Satyavati College, Laxmi Bai College, Rajkumari Amrit Kaur College of Nursing, Lady Hardinge College (Medical), Maulana Azad Medical college, etc.
- Mostly all fall under Delhi University.

Case Studies

- Sapna Mittal

- Majoring in Business Economics. Attends SGBT Khalsa College, North Campus, Delhi University.
- Preparing for MBA. Cleared aptitudes tests and has interviewed for several companies such as Capital IQ and Bharti Airtel.
- Joined program in 2008. Has been provided with financial assistance and other important resources.
- In her words, " The Mentor and mentor program gave me a true friend and guide. The program helped me to develop my personality. I used to be shy but now I am confident and aware. I think the quarterly workshops were very helpful. They gave me career guidance, interview preparation, and 1 to 1 attention with the instructor."

- Akanksha Mutreja

- Pursuing B.A. Honors in German. Has received a certificate from Max Mueller Bhavan, New Delhi.
- Wants to do Masters in Germany or India. Depends on if she can get funding as education abroad is expensive.
- In her words, “ I like the workshops and social camps under the program. They encourage social responsibility and instill a sense of dignity for women. We have to fill out 3 monthly performas detailing social work we did in the past 3 months. I help my neighbors' child with his homework. My mentor works for American Express and he is very supportive. He has been the best thing ever. I have received a scholarship to study in Germany and have to write an essay on social networking in Germany. I have lived in the residential homes and we used to play and learn. Right now, I have become a mentor for some new fellows and conducted a workshop on leadership.”

- Dolly Bhardwaj

- Pursuing BS.C in Botany Honors from Daulat Ram College, North Campus, Delhi University.
- Joined program in 2007.
- In her words, “ I can communicate well in English and I am very confident now thanks to the program. The mentor to mentor program is the most useful. My mentor is a big brother, friend and teacher. I never thought I could pursue my studies as I had family problems but the program helped me. As a result, I learned to be responsible for myself and society. I participate regularly in awareness programs. I want to go into civil services.”

More details

- The program provides support from 11th grade till end of graduation, no matter which course students wants to pursue.
- Normally, a 5-6 year program.
- Mentoring program forms the backbone of USF. The program also strives to develop communication skills and holistic development of each fellow. It follows a unique pyramidal structure. It requires a mandatory of 50 hours social work from all fellows, as a means of giving back to society.
- Success story: Darshana, received an offer from Cambridge University to pursue her P.H.D. The program could not fund her entire cost. However, she talked to some donors and eventually convinced them.

Udayan Shalini Fellowship Funding

- Through monetary and mentoring support girls from weaker sections of society are able to continue higher education.
- Rs.24,000 (INR) /year for higher education fellow.
- Rs 14,000 (INR) /year for college fellow.
- Rs. 12,000 (INR) /year for a school fellow /vocational education fellow.

Funding Proposal

- To organize **Special Summer School Academic Training** of 21 days for 50 Udayan Shalini Fellows in Class 11 and 12 Delhi for extensive coaching in subjects like Physics, Chemistry, Mathematics, Biology and Accountancy by expert and specialized resource persons and academicians.
- **2 Fold Objective:**

Career Orientation	Academic Preparedness
- Clarity on career choices	- Student ability
- Specific skill development	- Language development and communication
- Career Planning	- Improved academic record

Funding Amount Needed

S.NO.	Particulars	Units	Rate for 21 days in INR	Total in INR	Total in USD
1.	Cost of Specialized Resource persons	5	5000	25,000	454
2.	Venue of Summer school	1	10,000	10,000	181
3.	Contingency and Conveyance allowance for fellows	50	1260	63,000	1145
4.	Stationary (Chart paper, workbooks, photocopy, notes)	50	200	10,000	181
5.	Banner (Communication material)	1	1000	1000	18
6.	Total			1,09,000	1,979